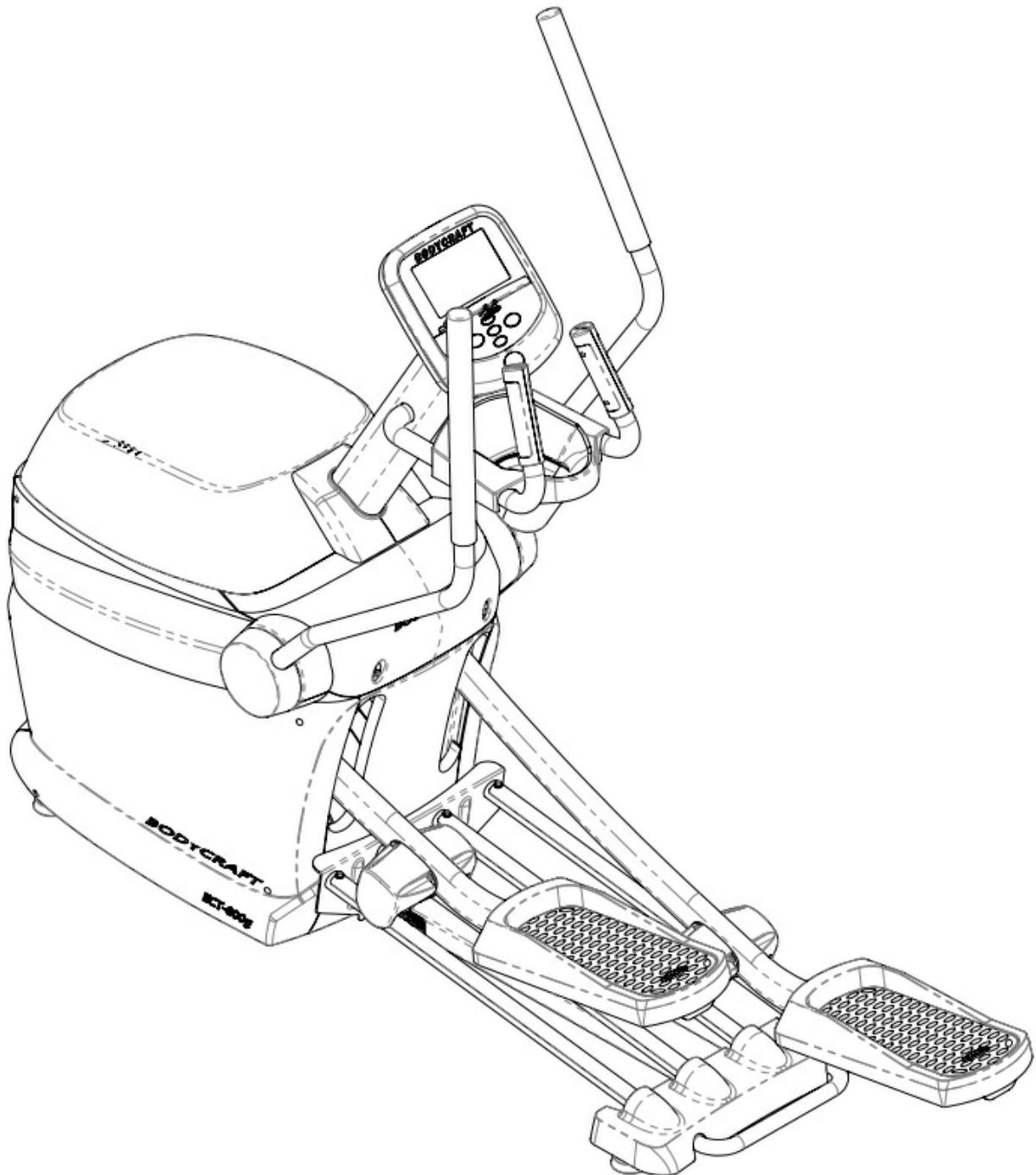


BODYCRAFT

ECT800g

Elliptical Cross Trainer



OWNERS MANUAL



WWW.BODYCRAFT.COM



800-990-5556



SERVICE@BODYCRAFT.COM

CONGRATULATIONS! And THANK YOU for selecting the BODYCRAFT ECT800g Elliptical Cross Trainer! Your choice reflects a wise investment in you and your family's health and wellness. We hope you use it for many healthy years!

For your safety and benefit, please read this entire manual. Please keep the manual in a convenient place for quick reference when needed.

Bodycraft offers a complete array of high quality fitness equipment. Please refer to our web site at www.bodycraft.com to view more ways to enhance your lifestyle.

Your Bodycraft ECT800g has all the quality and design elements to make your workout extremely efficient and comfortable. Your new Elliptical Cross Trainer is a serious cardio fitness machine that will keep you motivated, challenged and within reach of your fitness goals. The Bodycraft ECT800g will provide an efficient, low impact cardiovascular workout that will help improve energy levels and your quality of life. Cardiovascular training is vital for all ages and the Bodycraft ECT800g will provide an effective workout, producing results that will encourage you to reach your fitness goals and maintain the body you have always wanted. Spending 15 to 30 minutes a day, three times a week is all you need to start seeing the benefits of a regular exercise program.

As a premium exercise equipment manufacturer we are committed to your complete satisfaction. If you have questions, suggestions or find missing or damaged parts, we guarantee your complete satisfaction through our authorized dealer network or by contacting us directly. Please call your local dealer or Bodycraft.

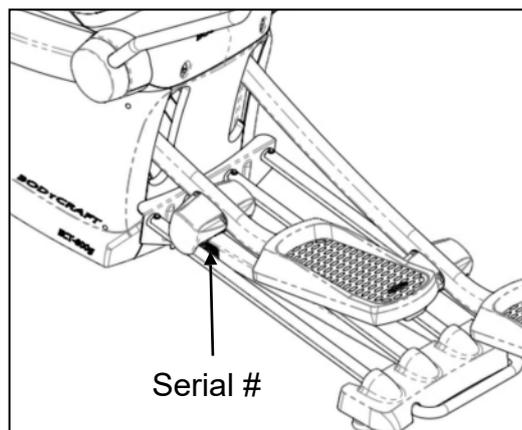
Phone: 800-990-5556 9am - 5pm EST **Email:** service@bodycraft.com
Recreation Supply, Inc.
7699 Green Meadows Dr.
Lewis Center, OH 43035

Purchaser's Reference Information:

IT IS IMPERATIVE THAT YOU FILL IN THE FOLLOWING INFORMATION AND REFER TO IT SHOULD THE NEED FOR SERVICE ARISE.

Product Name: ECT800g Elliptical Cross Trainer

Serial Number: EC _____



Proof of purchase must be supplied to validate warranty and the product must have been registered with Bodycraft via online at www.bodycraft.com or by calling 800-990-5556 or 740-965-2442 M-F 9 a.m. - 5 p.m. EST.

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Product Safety

Basic precautions should always be followed, including the following safety instructions when using this equipment:

Read all instructions before using this equipment.

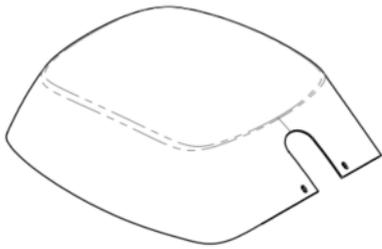
1. It is recommended that you perform stretching exercises before using this equipment.
2. Please make sure all components are not damaged and in working order before use.
3. This equipment should be placed on a flat level surface while in use. Using a mat or other material on the ground is recommended.
4. Please wear proper clothes and shoes when using this equipment; do not wear clothes that might catch in any part of the equipment.
5. Do not attempt any maintenance or adjustments other than those described in this manual. Should any problems arise, discontinue use and consult an Authorized Service Representative.
6. Use caution when stepping on or stepping off the pedals. Align the pedals so the backs are even with each other. Always hold the stationary handlebars first and either from the rear or side of the unit, step onto the lower pedal first. Then step onto the opposite pedal. During the workout always hold onto the stationary or upper body handlebars. To ensure the pedals run smoothly push or pull on the upper body handlebars first, then follow with leg motion. When stepping off the machine, while holding onto the stationary handles, make sure to step off the highest positioned pedal first, and then the lowest.
7. Do not use the equipment outdoors.
8. This equipment is for household or light commercial use only.
9. Only one person should be on the equipment while in use.
10. Keep children and pets away from the product while in use. This machine is designed for adults only.
11. If you feel chest pains, nausea, dizziness, or shortness of breath, you should stop exercising immediately and consult your physician before continuing.
12. The maximum weight capacity for this product is **350 lbs /160 kgs**.

WARNING: Before beginning any exercise program consult your physician. This is especially important for the persons who are over 35 years of age or who have pre-existing health problems. Read all instructions before using any fitness equipment.

CAUTION: Read all instructions carefully before operating this product.

Retain this Owner's Manual for future reference.

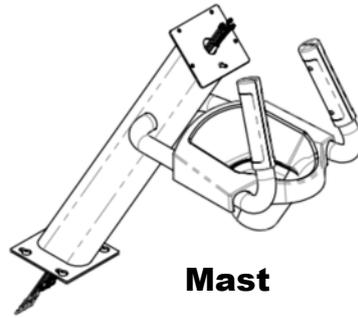
Parts Contents



Cover



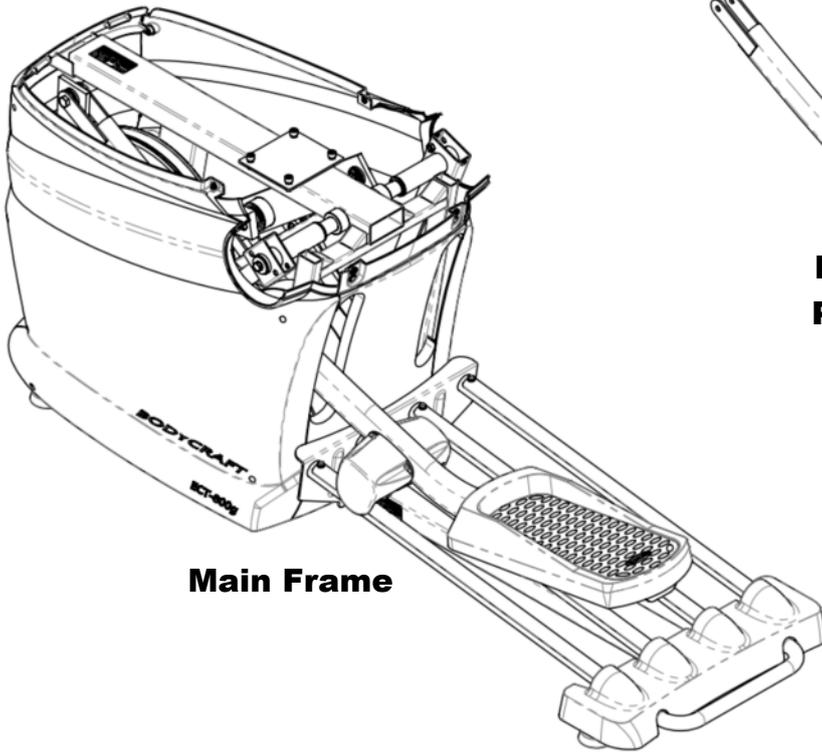
Mast Cover



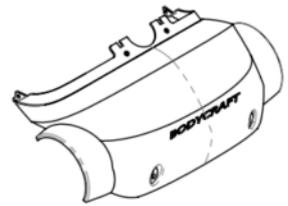
Mast



Computer Console

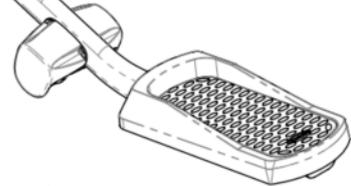


Main Frame

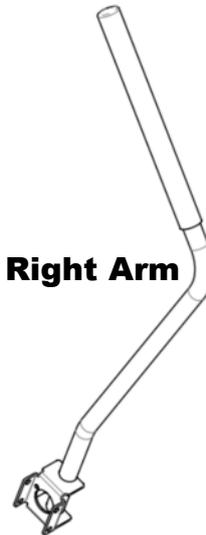


Axis Cover

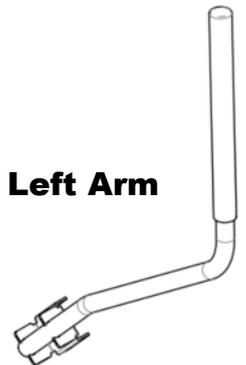
Right Pedal



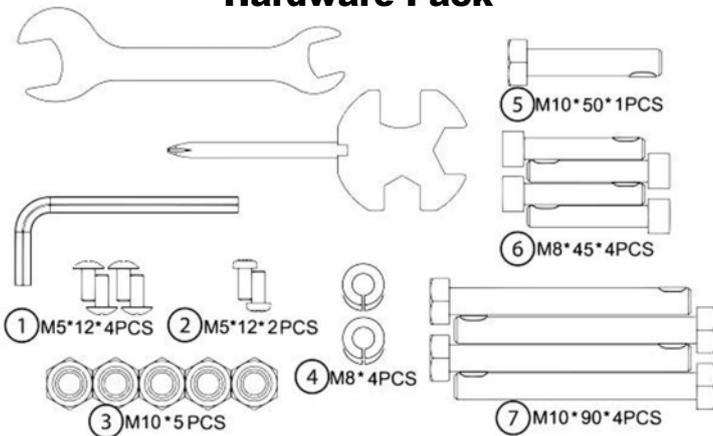
Right Arm



Left Arm



Hardware Pack

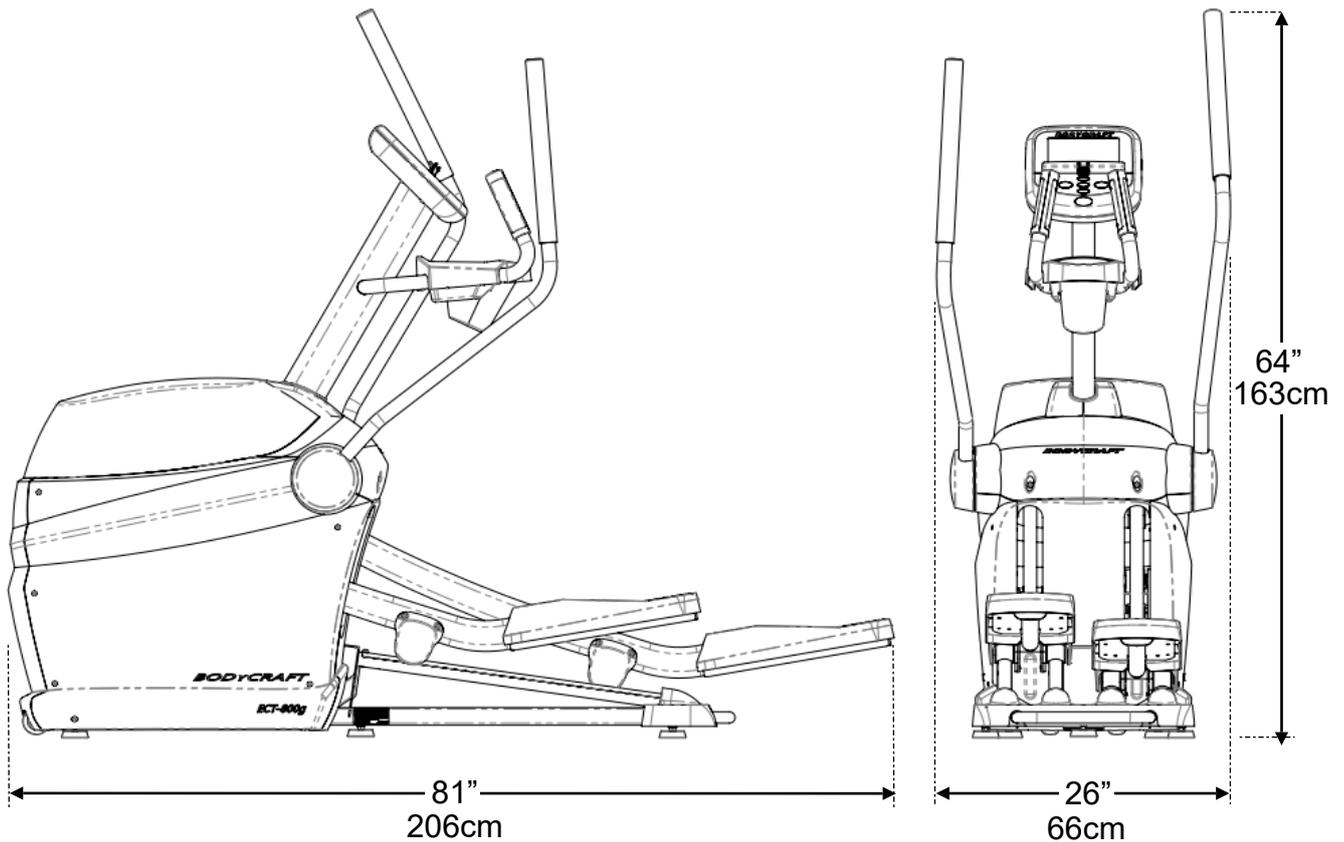


Right Arm Cover



Left Arm Cover

Placement



Moving

Tilt the ECT800g up from the back to engage the wheels on the front of the machine.
Important!: The ECT800g is heavy. 2 people are required to move this machine.

Placement

The ECT800g should be placed on a solid level surface.

Minimum Clearance

For access to, passage around and emergency dismount allow for 20" on at least one side and 20" behind the ECT800g pedals.

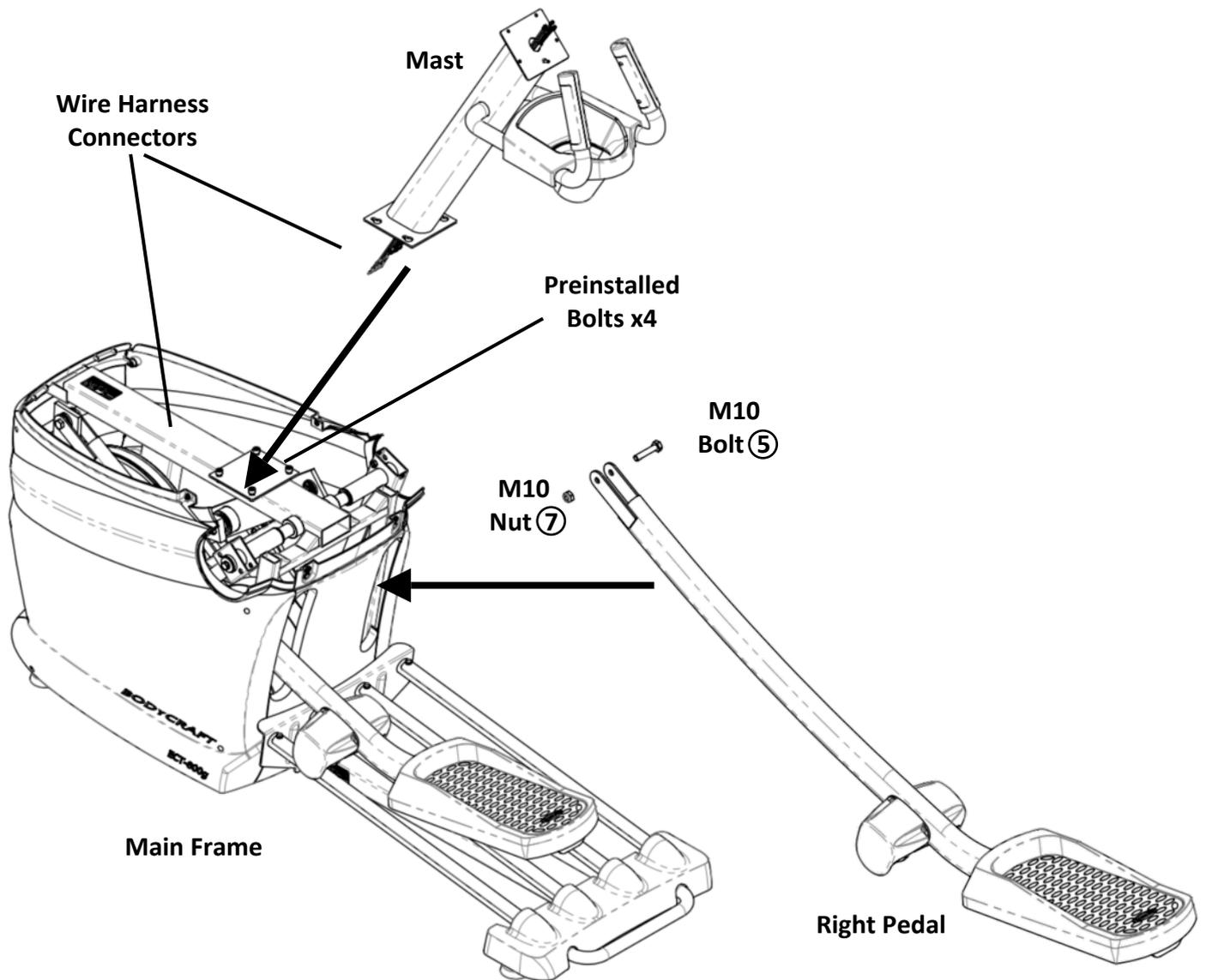
User

The ECT800g should not be used by persons weighing more than **350 lbs /160 kgs**. Wear appropriate exercise clothing without loose articles that could be caught in the ECT800g's moving parts during a workout.

Personal Safety

Stop exercising if you feel faint, dizzy or experience pain. Do not insert any object or body parts into any openings.

Assembly



Pedal Installation

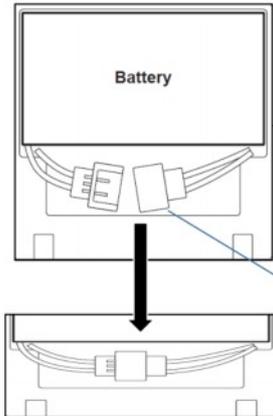
1. Install the **Right Pedal** to the **Main Frame** using one **M10 Bolt (5)** and one **M10 Nut (7)** as shown. **Tighten.**

Mast Installation

1. Install the **Mast** using the four pre-installed **Bolts** as shown. **Tighten.**
2. Connect the **Wire Harness Connectors** located at the bottom of the **Mast** and at the top of the **Main Frame**.

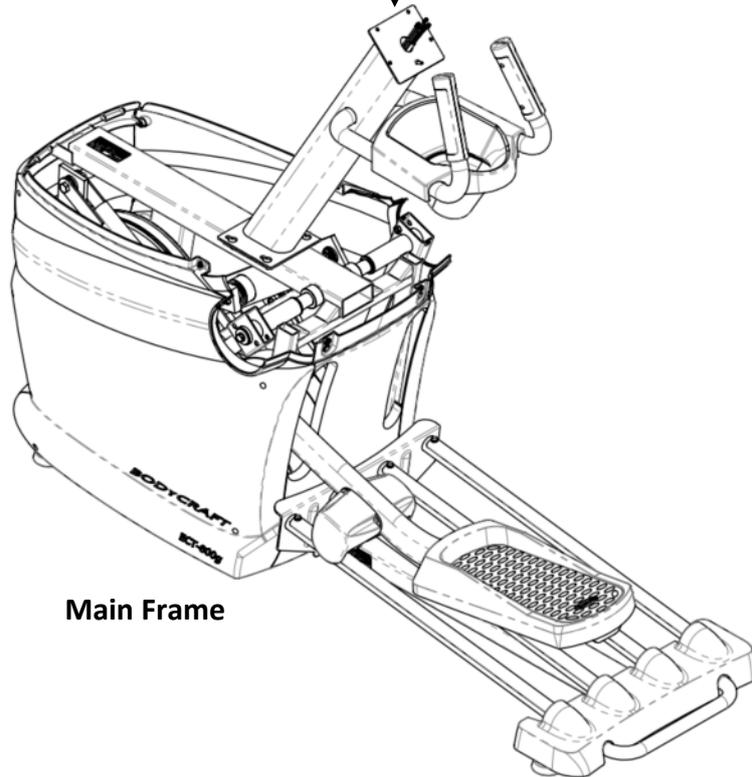
Assembly

Located at the back of the Computer Console



Must connect this plug in order for the console to operate.

Computer Console

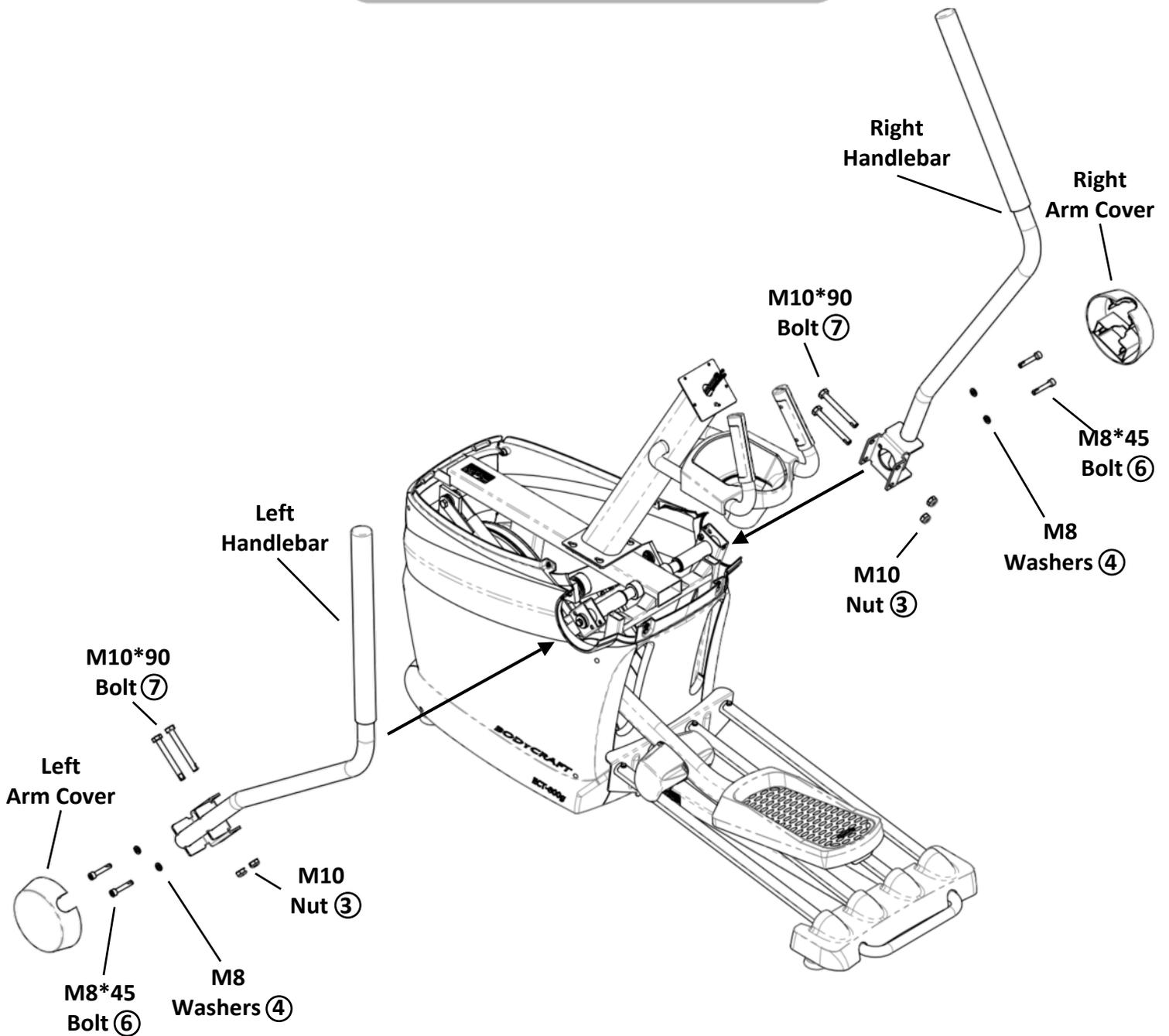


Main Frame

Console Installation

1. Remove the four pre-installed **Screws** from the rear of the **Computer Console**.
2. Connect the **Wire Harness Connectors** leading out from the top of the **Mast** to the **Wire Harness Connectors** from the back of the **Computer Console**.
3. Install the **Computer Console** to the **Mast** using the four previously removed screws. **Be careful not to pinch the wires.**
4. Battery must be connected before using this console. Connect the battery located in the rear of the **Computer Console** by opening the battery cover and connect the plug as shown. Fail to do so will result console to malfunction.

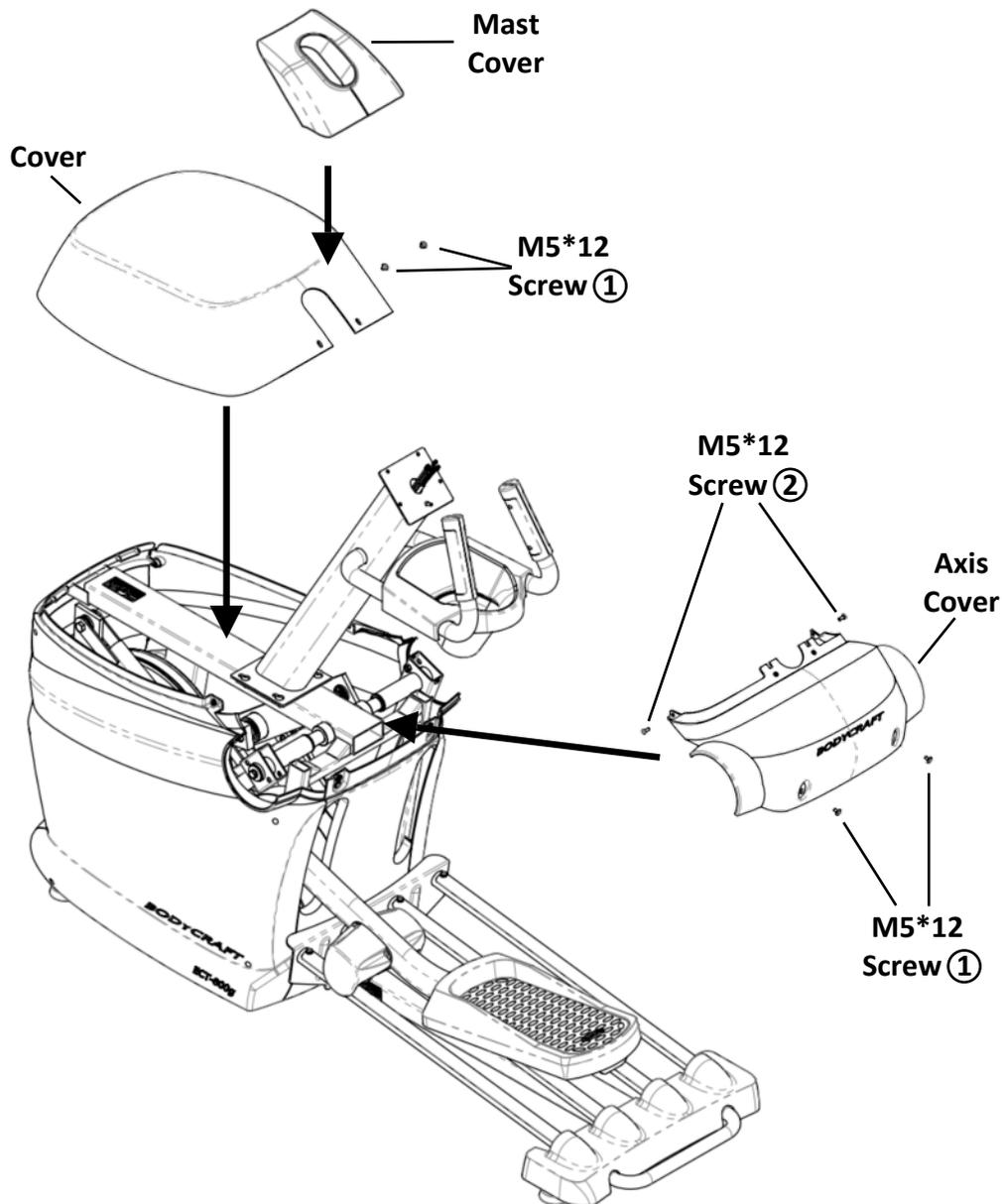
Assembly



Handlebar Installation

1. Install the **Left and Right Handlebars** one at a time by loosely installing two each **M8*45 Bolt (6)** with two each **Washers (4)** and two each **M10*90 Bolt (7)** with two each **M10 Nuts (3)** as shown.
2. Tighten all bolts. **IMPORTANT: Tighten the shorter M8*45 Bolts (6) first on each side and then tighten the M10*90 Bolts (7) and Nuts second to complete the handle bar assembly.**
3. Install the **Left and Right Arm Covers** as shown.

Assembly



Covers Installation

1. Install the **Axis Cover** onto the **Mainframe** using two **M5*12 Screws ①** and two **M5*12 Screws ②** as shown. **Tighten.**
2. Install **Cover** onto the **Mainframe** using two **M5*12 Screws ①** as shown. **Tighten.**
3. Attach the **Mast Cover** onto **Top Cover** around the **Mast**. (**Note: There is a split that allows it to wrap around the mast and set onto the Top Cover**)

ASSEMBLY IS COMPLETE!

IMPORTANT! Please Level the machine prior to use!

Instructions for leveling are on the next page.

Maintenance

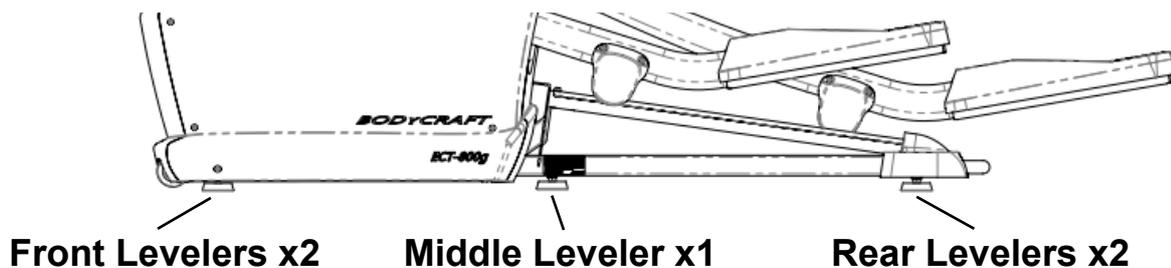
Cleaning

The elliptical trainer can be cleaned with a soft cloth and mild detergent. Do not use abrasives or solvents on plastic parts. Please wipe your perspiration off the elliptical trainer after each use. Be careful to not get excessive moisture on the computer display panel as this might cause an electrical hazard or electronics to fail. Please keep the elliptical trainer, especially the computer console out of direct sunlight to prevent screen damage. Please inspect all assembly bolts and pedals on the machine for proper tightness every week.

Storage

Store the elliptical trainer in a clean and dry environment away from children.

Leveler Adjustment



There are 5 LEVELERS that prevent the elliptical trainer from wobbling or shaking during exercise. Follow these steps to level your machine.

1. Start by threading in the MIDDLE LEVELER completely into the frame.
2. Adjust the 2 FRONT and 2 REAR LEVELERS on the MAIN FRAME as needed to stabilize the elliptical trainer.
3. Adjust the MIDDLE LEVELER until it just touches the floor.
4. Test for stability. If satisfied, tighten each of the 6 Jam Nuts up into the frame (located on each of the levelers) to lock your adjustments.

Optional Power Supply

Your Elliptical Trainer uses a generator to operate the computer and resistance mechanism. The computer uses a rechargeable battery to maintain power if the user were to stop or drop below the minimum rpm's needed for the computer to operate properly. If you haven't used your elliptical trainer for a long period of time, the battery can drain. You can recharge it by simply working out or it can also be charged using an optional power supply. Please contact Bodycraft for additional information.

STRETCHING

Quadriceps Stretch

With one hand against a wall for balance, reach behind you and pull your right foot up. Bring your heel as close to your buttocks as possible. Hold for 15 counts and repeat with left foot up.



Inner Thigh Stretch

Sit with the soles of your feet together with your knees pointing outward. Pull your feet as close into your groin as possible. Gently push your knees towards the floor. Hold for 10 counts.



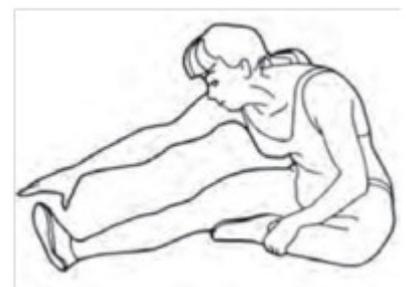
Toe Touches

Slowly bend forward from your waist, letting your back and shoulders relax as you stretch toward your toes. Reach down as far as you can and hold for 15 counts.



Hamstring Stretches

Sit with your right leg extended. Rest the sole of your left foot against your right inner thigh. Stretch toward your toe as far as possible. Hold for 15 counts. Relax and then repeat with left leg extended.

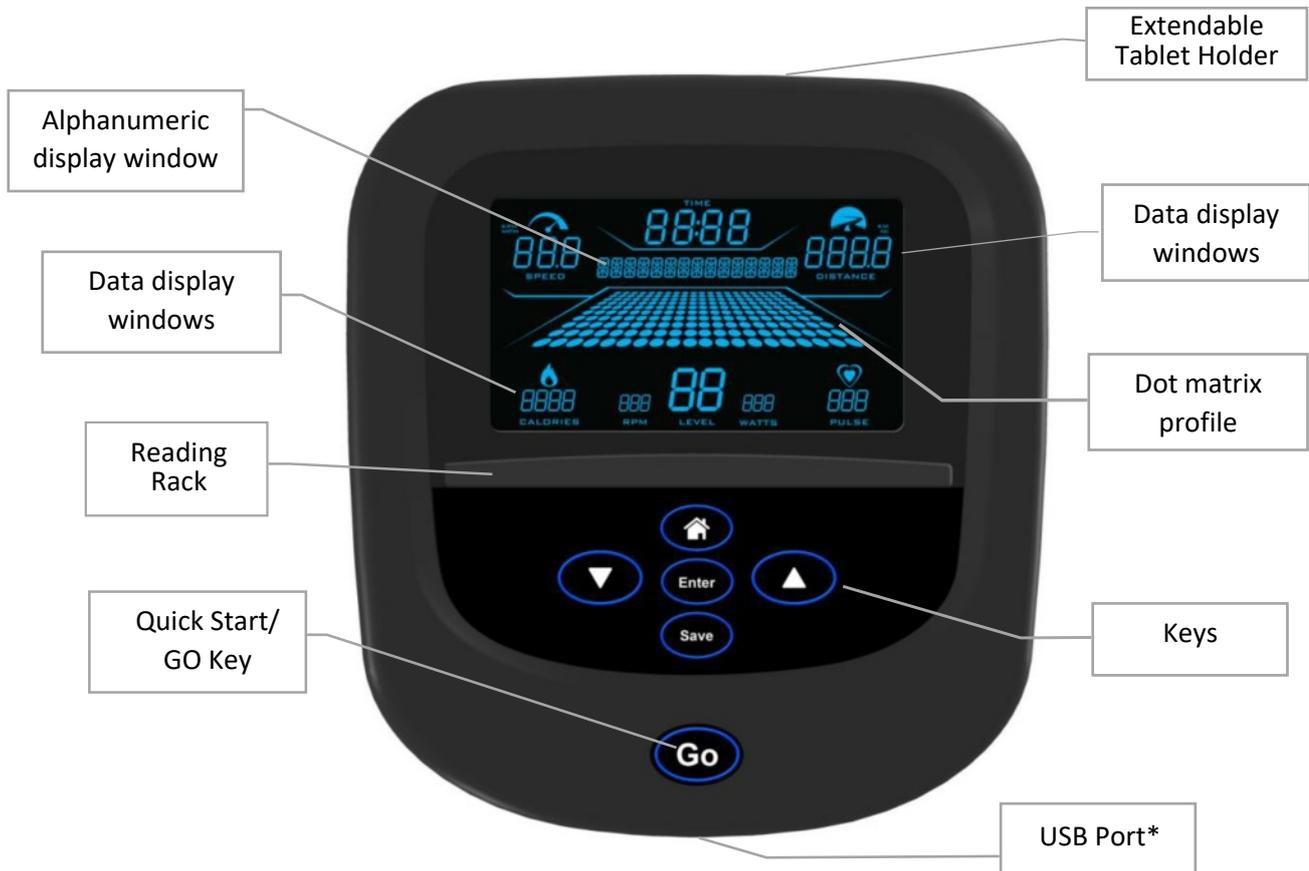


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Computer Operation Instructions

Please thoroughly read these instructions before use. It is important that you get familiar with the computer console and understand the functions. Below is the console layout and detailed operation instructions.

Layout



--- *The USB port is for software updates only, please do use for charging or other software usages. ---

Displays

- Dot matrix profile window:
Displays program profile during program setting and execution. The program profile will be different according to which program is selected. *Except HR programs, all other program profiles will follow display rules below.*

There are 20 columns of Dots representing 20 segments of time; each segment time = total program time divided by 20 columns, except Quick Start program which represents 1 minute per column. During exercising, a column of Dots will blink to indicate the time segment you are currently in and show your workout progress.

There are also 10 rows of Dots representing 20 levels of resistance. Each row represents 2 levels of resistance. The appropriate row of Dots will light up when you adjust the resistance level.

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- Data display windows:
There are 8 data display windows displaying “speed, time, distance, calories, rpm, level watts, and pulse” during exercising.
- Alphanumeric display window: this display will prompt instruction messages to assist you setting up the program and during exercising.

Keys

- Go key: Pressing this key during idle mode before you select a program will activate the Quick Start program immediately with default user values. Or pressing this key during the program setup after a program is selected will start the selected program.
- ▲/▼ keys: Used for toggle between different programs during idle mode, user data adjusting during program setup and resistance level/ heart rate adjustment while a program is running.
- Enter key: Used to confirm program and data entry.
- Home key: Used to exit the current activities and go back home/idle mode.
- Save key: Pressing this key while a program is running to save current program profile as well as user personal data into the custom program for later use with the exception of heart rate control programs. Heart rate control program can't be saved as a custom program. After saving message, it will return to previous activities.

Basic Operation

- Power up: If this is a self-generating product, user must pedal the product to power up the console.
- Pause a program: If a program is running and there is no RPM for 10 seconds, the console will pause and stop accumulating data. The pause time is 3 minutes. After that, the console will reset back to idle mode. Within pause mode, pedal again to resume the program.
- Power save function: This console is equipped with power save function. If there is no RPM, the console screen will be off and enter power save mode.
- Start a program: To begin a workout program during idle mode, press the “Go” key to quick start the program or “▲/▼” key to toggle through different programs and “Enter” key to select a program. Then follow the instruction on the alphanumeric window to set up the personal data. When finished entering data, press the “Go” key to begin the workout. (You may press “Go” key anytime during setup to bypass and start the workout immediately.)
- Default values: Initially the console is coded with a set of defaults for express quick start. If you didn't adjust these values before the program started, they will be used for data calculations, such as calories. It is recommended you adjust these values with your own personal data to get the most accurate workout feedbacks. The factory defaults are:

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- Age – 35
 - Weight – 150lbs or 70kg
 - Program time – 30 minutes
 - Target HR & Work HR – 70% max HR (*Max HR is calculated as 220-age*)
- End a program and review summary: When program time is reached, it will end the program and enter summary review mode. There are 30 seconds for you to review and record the workout summary before it resets and back home.
 - Units switching: The default units setting is English. To switch this to Metric system, first, press and hold both “▲ & ▼” keys at the same time in idle mode for 2 seconds to go to “engineering mode”; second, when message window shows “UNITS: ENGLISH”, press “▲ / ▼” key to switch. Afterwards press Enter key to confirm. Anytime in “engineering mode”, you may press “Home” key to return home.

Workout Programs

Besides Quick Start function, there are 8 program options for your selection: Manual, Random, Interval, Hill Climb, Strength, Target HR, HR Interval and Custom.

Quick Start: Pressing “GO” key during idle mode will quick start the console. The program will use factory defaults for calculation and display. The time will count up and each segment of progress profile equals 1 minute. You may stop pedaling at any time or press “Home” key to end the program.

Classic programs: This group includes Manual, Random, Intervals, Hill Climb & Strength program. These programs are preset profile programs and behave similar. When the desired program appears on the screen, press Enter key to confirm. Then follow the instruction to set up the user data and start the program. You may adjust the resistance level by pressing “▲ / ▼” key during program. The dot matrix profile will update accordingly.

- Manual program: The default resistance level for Manual program is L1.
- Random program: This is a computer generated profile program and it is different each time.
- Intervals program profile:
 - Hill Climb program profile:



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- Strength program profile:



HR programs: The Heart Rate programs are designed to keep you training at the chosen heart rate level. **These programs will only work when there is a valid heart rate signal.** For your safety, the program will start with a warm up session to get the heart rate up within 20% of the target before it begins the heart rate training session.



During warm up, user may press “▲/▼” key to adjust the resistance and get the heart rate up. As soon as the heart rate training session begins, the console will take control and adjust the resistance level automatically to ensure your target heart rate is achieved and maintained during the entire program.

- Target HR program: Default heart rate target is set at 70% max HR (*calculated as 220-Age*). You may also press “▲/▼” key to adjust the target heart rate setting during heart rate control session of the exercise.
- HR Interval program profile: There are two phases of this training: Work Interval and Rest Interval. After warm up, the console will take the default target setting to begin Work interval and adjust the resistance automatically. When the target setting is reached the Work Interval lasts for 30 seconds, it will then enter Rest interval and reduce the resistance down to level 2 for 2 segments of time for resting. It will repeat this process throughout the entire program.
- During exercise, the profile on the Dot Matrix display will show your selected target heart rate setting and your progress so far. The pulse data display window will show the actual heart rate.
Example: HR interval program exercising screen

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Custom program: This program is a space for you to build your own workout profile and store it for future use. If you have previously saved a custom program, you may recall it and press “Go” key to begin immediately without the hassle of entering user information again because it has been stored along with the program profile you created. However if you desire, you may still go through the program setting and change it as well. Follow the message prompts to operate this program the same way as the original program.

Heart Rate Monitoring Devices & Exercise Tips

Pulse Hand Grips

This product comes standard with stainless steel pulse handgrips. To activate, gently grasp both handgrips to obtain a heart rate reading. (Note: It is recommended to wear a chest strap for Heart Rate control program, as it is more accurate. If you wear a chest strap and use hand grips at the same time for heart rate monitoring purpose, please note the console will take the measurement of the chest strap.)

Pulse Grip Operating Tips: If you are not getting a consistent reading while using the hand pulse option, we recommend the following suggestions:

- Make sure that the palms of the hands are touching the contact area of each hand pulse grip.
- Maintain an even pressure on the grips.
- Do not hold the hand pulse grips too tightly.

Built in Wireless Heart Rate Receiver

Note: Chest strap transmitter does not come with this unit; contact BODYCRAFT, or your dealer for purchase. This product is equipped with a built-in receiver for your heart rate monitoring. Any heart rate telemetry strap that transmits at 5 kHz is compatible. To get an accurate reading using these devices, you will need to be within three feet of the console, and a minimum of four feet from others using a heart rate monitoring device.

(Note: The transmitter may fluctuate erratically if you are too close to other heart rate monitoring equipment or there is other electronics near by, such as TV, Radio...)

While using heart rate control modes, the computer monitors the exact measurement of your pulse. IT is highly recommended that you use a Heart Rate Belt for these programs. Your heart rate is displayed while the computer continually compares heart rate to the preprogrammed personal data. The computer adjusts the resistance to maintain heart rate at the preprogrammed level.

How to Wear Your Sensor/ Transmitter (Chest Strap)

1. Buckle one end of the chest strap onto the transmitter.

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2. Adjust the band length so that the fit is snug, but not too tight.
3. Buckle the other end of the chest strap onto the transmitter.
4. Center the transmitter on your chest below the pectoral muscle (breasts).
5. Stretch the transmitter away from your chest and moisten the conductive electrode strips located next to the buckles with water.

(Note: The transmitter is on automatically when being worn. It is off when it is not connected to your body. However, as moisture may activate the transmitter, thoroughly dry the transmitter to prolong battery life.)

Erratic Heart Rate Readings:

Erratic readings on the receiver can be caused by electromagnetic disturbances. If the heart rate readings appear to be abnormal, check that your product is not within range of other strong electromagnetic signals. Common sources are televisions, computers, cars, cell phones, TV antennas and high voltage power lines (both above and below ground). Please note: Static electricity in clothing or a flapping shirt can cause electrical interference, so some items of clothing, i.e. man-made fibers, can also be the cause. Please try wetting the t-shirt in the area where the transmitter is.

(In rare cases some people may need to purchase Electrode gel. This is available online or at a local medical supply. We recommend the brand Signa Gel brand).

If the battery of the transmitter is running low, the transmission range decreases and may cause errors similar to the ones listed above in this document.

Heart rate is an important key to your exercise

Medical research has shown us that there is an amount of exercise, which is enough to condition the cardio respiratory system and the muscles of the body. This amount of exercise is between 60% and 85% of your maximum heart rate measured during a training session. This range allows enough exercise to achieve fitness, but not an excessive amount to cause injury. Your heart rate is an excellent indicator of the amount of stress placed on the cardiovascular system.

If exercise intensity is too low or too high, no gains will be made in fitness. If the intensity is too low, the stress levels are ineffective. If the intensity is too high, injury or fatigue may set your exercise program back as you try to recover. Your target heart rate, the intensity needed to improve cardiovascular fitness, depends primarily on your age and not your state of fitness. It is calculated as a percentage of your maximum heart rate, estimated as 220 minus your age. It is most effective to train at your target heart rate between 60% and 85% of your maximum heart rate.

Get a smart start on exercising.

Anyone over the age of 35, as well as younger persons whom are overweight, should check with his/her physician before beginning any type of exercise program. People who have diabetes or high blood pressure, a family history of heart disease, high cholesterol or have lead a sedentary lifestyle should protect themselves with a medical check-up and a stress test, preferably administered during exercise by a healthcare professional.

- Always stretch before your workout to loosen muscles, and afterwards to cool down.
- The first few minutes of your workout should be devoted to warming up muscles before a vigorous workout, and building your heart rate slowly.
- After your aerobic workout of about 24-32 minutes, spend 10 minutes gradually reducing your heart rate with a lower resistance level.

Remember, to start slow, with intensity low, until you build endurance and strength. And always consult your physician before beginning any exercise program.

Troubleshooting

Computer not working correctly

Check all connections at the top and base of the Mast. Unplug and reconnect each of the connectors to ensure all of the computer cables are connected securely.

Disconnect the battery from the rear of the Computer Console for 5 minutes, then reconnect.

The elliptical trainer wobbles when in use

If you have recently relocated your machine or if the jam nuts on the levelers have worked loose, you may need to re-adjust the levelers. Follow the procedure for leveling the machine in this manual.

Squeaking noise when in use

Inspect all frame bolts that may have worked loose on the elliptical trainer. Re-tighten any loose bolts. Check levelers.

No, inconsistent, or erratic heart rate reading

Your Elliptical Trainer is equipped with contact handgrip pulse and a wireless 5 kHz heart rate receiver. You should first try to determine which is causing the problem. If you are seeing a reading without holding onto the contact sensors, it is likely the wireless receiver that is the problem.

Wireless:

Unusually high, low or random numbers in the heart rate display indicate a problem.

Try moistening the electrodes on the heart rate belt.

The batteries in the belt may be failing. Replace batteries or the Heart Rate belt.

The problem may be caused by interference. Televisions, microwaves, wireless alarms and electric fences are just a few items that can cause interference. You can try relocating the machine to a different part of the room. If you continue to have problems, please contact Bodycraft for additional troubleshooting of wireless heart rate issues.

Contact Heart Rate:

Always hold on to the handlebar grip sensors with two hands instead of just one.

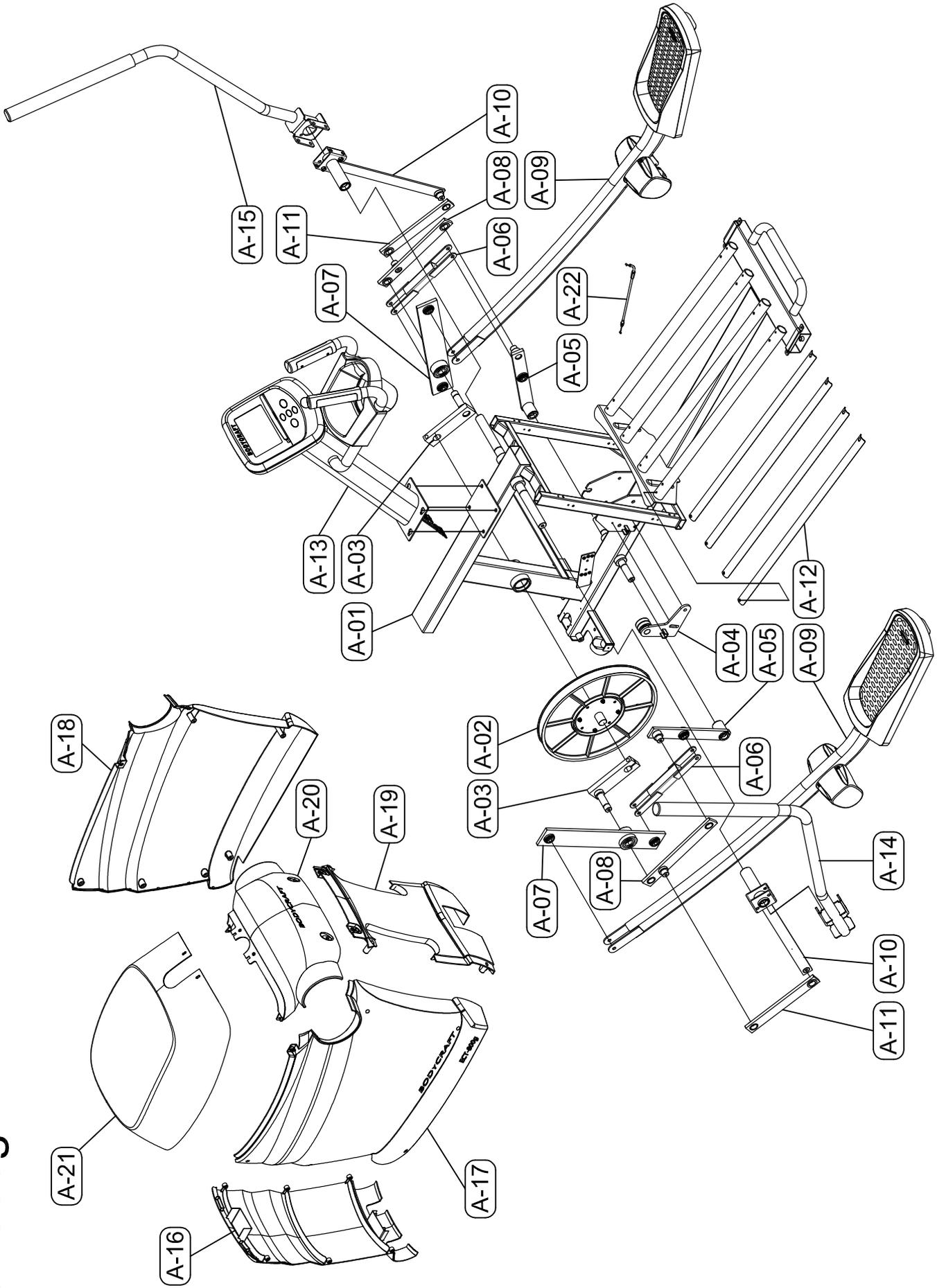
Try to maintain moderate pressure while holding onto the hand pulse sensors.

Make sure that the wire connections for the hand pulse sensors are secure.

Compare the stationary grip pulse to the grip pulse on the dual action arms. If you get an accurate readout with the stationary grips, the problem is that your hands are losing grip during the workout.

Assemblies View

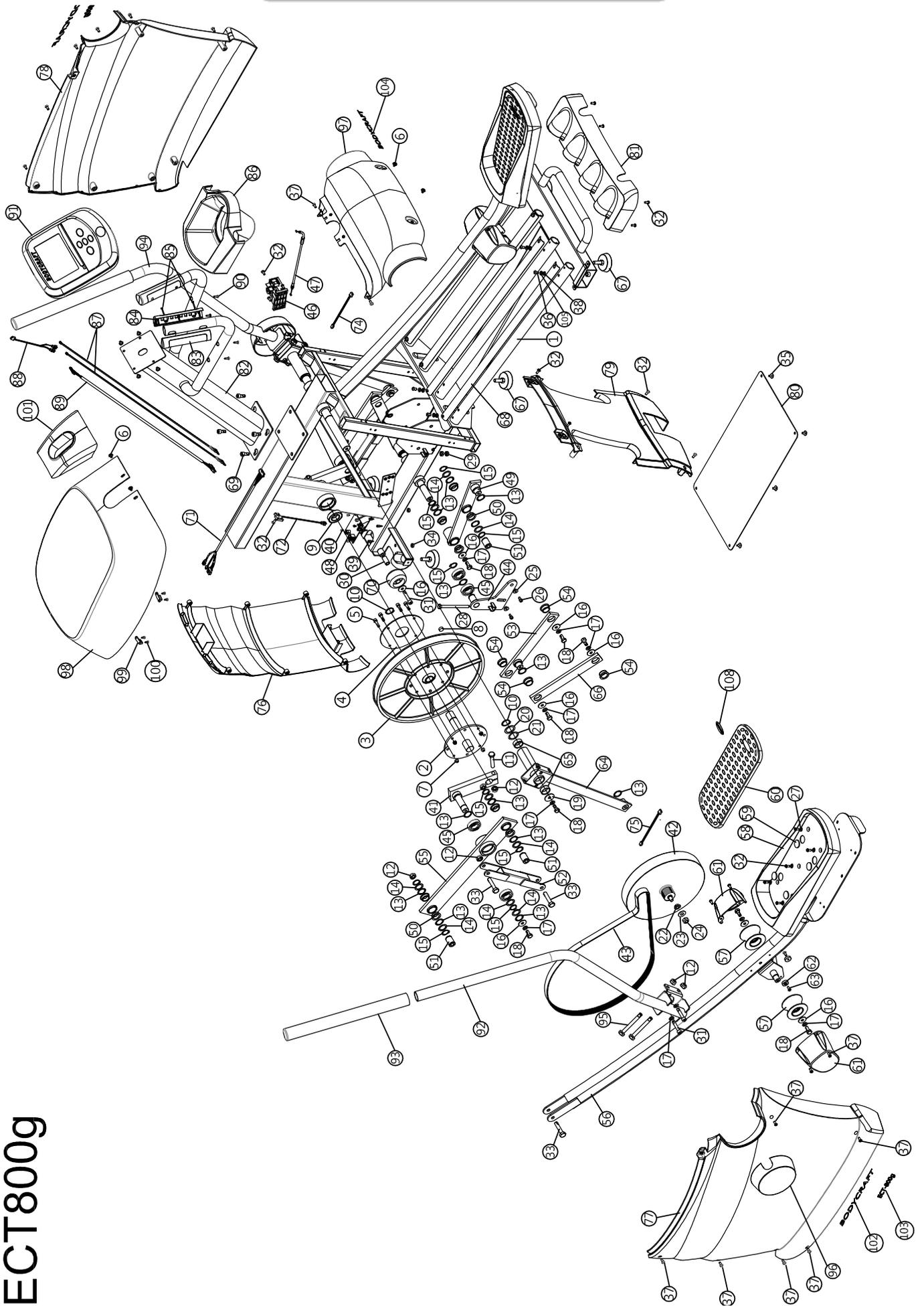
ECT800g



Assemblies Parts List

| ITEM NO. | PART NO. | DESCRIPTION |
|----------|------------|---|
| A-01 | E1-1000140 | WELDMENT , BASE FRAME |
| A-02 | E1-1000025 | ASSEMBLY , PULLEY |
| A-03 | E1-1000030 | WELDMENT , CRANK ARM |
| A-04 | E1-1000125 | ASSEMBLY , TENSIONER |
| A-05 | E1-1000040 | ASSEMBLY , 3P LINK , SECONDARY |
| A-06 | E1-1000045 | WELDMENT , 2P LINK, LOWER |
| A-07 | E1-1000055 | ASSEMBLY, 3P LINK, PRIMARY |
| A-08 | E1-1000075 | ASSEMBLY, 3P LINK, UPPER |
| A-09 | E1-1000185 | ASSEMBLY, PEDAL |
| A-10 | E1-1000090 | ASSMEBLY, ROCKER |
| A-11 | E1-1000105 | ASSMEBLY, 2P LINK, ROCKER |
| A-12 | E1-1000130 | RUNNING RAIL, ADHESIVE |
| A-13 | E1-1000195 | ASSEMBLY, UPRIGHT |
| A-14 | E1-1000150 | ASSMEBLY, ARM LH |
| A-15 | E1-1000155 | ASSMEBLY, ARM RH |
| A-16 | E1-1000131 | PLASTIC, SHROUD, FRONT |
| A-17 | E1-1000261 | PLASTIC, SHROUD, LEFT, BODYCRAFT ECT800G |
| A-18 | E1-1000262 | PLASTIC, SHROUD, RIGHT, BODYCRAFT ECT800G |
| A-19 | E1-1000136 | PLASTIC, SHROUD, REAR |
| A-20 | E1-1000266 | PLASTIC, AXIST PANNEL, BODYCRAFT |
| A-21 | E1-1000135 | ASSMEBLY, PLASTIC, SHROUD, TOP |
| A-22 | E1-1000239 | ASSEMBLY, BRAKE CABLE |
| | | |

Detailed Exploded View



ECT800g

Detailed Parts List 1/3

| P/N | DESCRIPTION | QTY. |
|-----|--|------|
| 1 | WELDMENT, BASE FRAME | 1 |
| 2 | WELDMENT, CRANK SHAFT | 1 |
| 3 | PULLEY, FLYWHEEL | 1 |
| 4 | PLATE, PULLEY WASHER | 1 |
| 5 | SCREW, M6 X 1.0 X 25.0L SHCS, STL, GR 8.8, BZ, SPRING WASHER | 4 |
| 6 | SCREW, M5 X 0.8 X 10.0L, TRUSS HEAD, TYPE 1 CROSS RECESSED, SS | 4 |
| 7 | NUT, HEX, NYLON INSERT, STL, M6 | 4 |
| 8 | MAGNET, 14 DIA. X 6 | 1 |
| 9 | BEARING, 6005 BALL | 2 |
| 10 | RING, RETAINING, 25MM | 4 |
| 11 | BOLT, M10 X 1.5 X 60.0L, HEX HEAD, GR 8.8, BZ | 2 |
| 12 | NUT, HEX, NYLON INSERT, STL, M10 X 1.5 | 12 |
| 13 | WASHER, WAVE, 21.3 X 27.4 X 0.3 | 25 |
| 14 | WASHER, 20.3 X 28.0 X 1.0, ST, BZ | 18 |
| 15 | RING, RETAINING, 20MM | 15 |
| 16 | WASHER, 8.3 X 26.0 X 2.0, ST, BZ | 16 |
| 17 | WASHER, LOCK, STL, BZ, M8 | 20 |
| 18 | BOLT, M8 X 1.25 X 20.0L, HEX HEAD, GR 8.8, BZ | 16 |
| 19 | WASHER, 8.3 X 32.0 X 2.0, ST, BZ | 2 |
| 20 | WASHER, 26.0 X 35.0 X 1.0, ST, BZ | 2 |
| 21 | WASHER, WAVE, 26.7 X 34.3 X 0.38 | 2 |
| 22 | BUSHING, BRACK SUPPORT | 2 |
| 23 | WASHER, 10.5 X 25.0 X 1.5, ST, BZ | 2 |
| 24 | NUT, HEX, NYLON INSERT, STL, M10 X 1.25 | 2 |
| 25 | SPACER, FLANGE TENSIONER | 2 |
| 26 | SCREW, M5 X 0.8 X 12.0L SHCS, STL, GR 8.8, BZ, SPRING WASHER | 2 |
| 27 | SPRING WASHER M5 | 10 |
| 28 | BOLT, M8 X 1.25 X 110L, HEX HEAD, GR 8.8, BZ | 1 |
| 29 | NUT, HEX, STYLE 1, M8 X 1.25, BLACK ZINC, STL | 2 |
| 30 | TUBE, TRANSPORT WHEEL | 2 |
| 31 | SCREW, M8 X 1.25 X 45.0L SHCS, STL, GR 8.8, BZ | 6 |
| 32 | SCREW, M5 X 0.8 X 12.0L, PAN HEAD, TYPE 1 CROSS RECESSED, BZ | 23 |
| 33 | BOLT, M10 X 1.5 X 50.0L, HEX HEAD, GR 8.8, BZ | 6 |
| 34 | WASHER, 6.0 X 12.0 X 4.0, PLASTIC | 2 |
| 35 | SCREW, M5 X 0.8 X 10.0L, TRUSS HEAD, TYPE 1 CROSS RECESSED, BZ | 4 |
| 36 | SCREW, M6 X 1.0 X 12.0L SBHCS, SS, GR 8.8 | 8 |
| 37 | SCREW, M5 X 0.8 X 12.0L, PAN HEAD, TYPE 1 CROSS RECESSED, SS | 22 |
| 38 | WASHER, CURVED, 6.5 X 12.0 X 1.5, SS | 8 |
| 39 | SCREW, M3 X 0.5 X 6.0L, PAN HEAD, TYPE 1 CROSS RECESSED, BZ | 4 |
| 40 | SPACER, HEX THREADED | 4 |

Detailed Parts List 2/3

| P/N | DESCRIPTION | QTY. |
|-----|---|------|
| 41 | WELDMENT, CRANK ARM | 2 |
| 42 | BRAKE, GREEN-ECB, 273 OD | 1 |
| 43 | BELT, POLY-V J8 (580) | 1 |
| 44 | WELDMENT, TENSIONER | 1 |
| 45 | BEARING, 6004 BALL | 6 |
| 46 | SERVO MOTOR, GREEN-ECB BRAKE | 1 |
| 47 | ASSEMBLY, BRAKE CABLE | 1 |
| 48 | CIRCUIT BOARD ASSEMBLY, LOWER CONTROL BO | 1 |
| 49 | WELDMENT, 3P LINK, SECONDARY | 2 |
| 50 | BEARING, FLANGED, 20 DIA. X 10 L | 16 |
| 51 | SHAFT, 3P LINK, UPPER | 6 |
| 52 | WELDMENT, 2P LINK, LOWER | 2 |
| 53 | WELDMENT, 3P LINK, UPPER | 2 |
| 54 | BEARING, FLANGED, 20 DIA. X 12.5 L | 8 |
| 55 | WELDMENT, 3P LINK, PRIMARY | 2 |
| 56 | WELDMENT, PEDAL | 2 |
| 57 | ASSEMBLY, WHEEL, RADIAL BALL BEARING, SHALLOW PROFILE | 4 |
| 58 | PLASTIC, PEDAL | 2 |
| 59 | DUAL LOCK, DIA.25 | 8 |
| 60 | FOOT-PAD, PU | 2 |
| 61 | PLASTIC, WHEEL COVER | 4 |
| 62 | SLIDE, DIA. 20 | 4 |
| 63 | SCREW, M5 X 0.8 X 8.0L, PAN HEAD, TYPE 1 CROSS RECESSED, BZ | 4 |
| 64 | WELDMENT, ROCKER | 2 |
| 65 | BEARING, FLANGED, 25 DIA. X 12 L | 4 |
| 66 | PLATE, 2P LINK, ROCKER | 2 |
| 67 | LEVELER, 60MM DIAMETER | 5 |
| 68 | SHEET METAL, STAINLESS STEEL, RUNNING RAIL | 4 |
| 69 | SCREW, M8 X 1.25 X 20.0L SHCS, STL, GR 8.8, BZ | 4 |
| 70 | WHEEL, TRANSPORT, 60MM | 2 |
| 71 | CABLE ASSEMBLY, MAIN | 1 |
| 72 | SENSOR, SPEED | 1 |
| 74 | CABLE , SERVO MOTOR - CONTROL BO | 1 |
| 75 | CABLE , GENERATOR - CONTROL BO | 1 |
| 76 | PLASTIC, SHROUD, FRONT | 1 |
| 77 | PLASTIC, SHROUD, LEFT | 1 |
| 78 | PLASTIC, SHROUD, RIGHT | 1 |
| 79 | PLASTIC, SHROUD, REAR | 1 |
| 80 | COVER, PLASTIC BOTTOM | 1 |

Detailed Parts List 3/3

| P/N | DESCRIPTION | QTY. |
|-----|---|------|
| 81 | COVER, REAR RAIL | 1 |
| 82 | WELDMENT, UPRIGHT | 1 |
| 83 | GRIP, STATIONARY HANDLEBAR, PRIMARY | 2 |
| 84 | GRIP, STATIONARY HANDLEBAR, SECONDARY | 2 |
| 85 | SCREW, M3 X 0.5 X 25.0L, FLAT HEAD, TYPE 2 CROSS RECESSED, CZ | 4 |
| 86 | PLASTIC, BOTTLE HOLDER | 1 |
| 87 | CABLE ASSEMBLY, CONTACT HEART RATE | 2 |
| 88 | EXTENSION WIRE - HEART RATE | 1 |
| 89 | CABLE ASSEMBLY, MAST | 1 |
| 90 | SCREW, M4 X 24 X 15, TRUSS HEAD, TYPE 1 CROSS RECESSED, BZ | 4 |
| 91 | ASSEMBLY, CONSOLE | 1 |
| 92 | WELDMENT, ARM LH | 1 |
| 93 | GRIP, HANDLEBAR, DIPPED | 2 |
| 94 | WELDMENT, ARM RH | 1 |
| 95 | BOLT, M10 X 1.5 X 90.0L, HEX HEAD, GR 8.8, BZ | 4 |
| 96 | PLASTIC, HANDLE | 2 |
| 97 | PLASTIC, AXIS PANEL | 1 |
| 98 | PLASTIC, SHROUD, TOP | 1 |
| 99 | LOCK CORE | 2 |
| 100 | SCREW, M3.5 X 24 X 10, TRUSS HEAD, TYPE 1 CROSS RECESSED, BZ | 4 |
| 101 | COVER, MAST BOOT | 1 |
| 102 | DECAL, LARGE BODYCRAFT | 2 |
| 103 | DECAL, MODEL ECT800G | 2 |
| 104 | DECAL, SMALL BODYCRAFT | 1 |
| 105 | WASHER, LOCK, M6, SS | 8 |
| 108 | DECAL, PEDAL, BODYCRAFT | 2 |

ECT800g WARRANTY

VALID FOR USA AND CANADA ONLY

(Please consult with your local distributor for warranty info specific to your region).

BODYCRAFT warrants its products to be free of defects in materials and workmanship for the time stated below to the original purchaser.

REGISTER your product at www.bodycraft.com or call our customer service department at 800-990-5556.

This warranty applies to Residential and Light Commercial use only.

Residential Warranty: Lifetime Frame, [10] Year(s) Parts, [1] Year(s) Wear Items and [2] Year(s) Labor.

Light Commercial Warranty: [10] Year(s) Frame, [5] Years Parts, 1 Year(s) Wear Items and [1] Year Labor.

This warranty is valid only in accordance with the following conditions:

- The warranty begins on the original purchase date at retail and ends when the original owner disposes of it, either through sale, gift, or otherwise. This warranty is not transferable and is only valid to the original purchaser.
- This warranty is available only for purchases made within and the original purchaser currently residing in the USA and Canada. Please consult with your local distributor for warranty info specific to your region.
- The product must have been registered within 30 days of the original purchase date or supply proof of purchase to validate warranty (original sales invoice).
- This warranty does not cover damage resulting from accident, misuse, water, tampering, unreasonable use, unauthorized repairs, improper repairs, alterations or normal wear and tear.

This warranty excludes the following:

1. The warranty does not cover normal maintenance or labor charges unless labor terms are listed above.
2. Normal cosmetic wear on parts such as paint, seat coverings, walk belts, pedal straps, wheels, foot rails, labels and logos.
3. Consumables such as batteries and heart rate belts that do not have a replaceable battery.
4. Eprom/Software version upgrades unless determined as necessary.
5. Any accessories not included in the original packaging.

If the item exhibits such a defect, BODYCRAFT will, at its option, repair or replace it without cost for parts. Shipping and handling charges may apply. (BODYCRAFT may require return of the part(s) or photographic evidence of the damaged part(s) prior to replacement). Serial number may be required. Parts repaired or replaced will be warranted for the remainder of the original warranty period only.

*This warranty is in lieu of all warranties, expressed or implied, and/or all other obligations or liabilities on our part and we neither assume nor authorize any person to assume for us any other obligation or liability in connection with the sale of your BodyCraft product. Under no circumstances shall we be liable by virtue of this warranty or otherwise for damage to any person or property whatsoever for any special, indirect, incidental, secondary or consequential damage of any nature whatsoever arising out of the use or inability to use the BodyCraft product.