F660 LINEAR BEARING HIP SLED

BODYCRAFT

THE ULTIMATE LEG TRAINER

Your Leg Muscles are the Strongest and Toughest Muscles in your Body. The BODYCRAFT F660 Hip Sled was Designed with that in Mind. From the Heavy Gauge Steel, to the Industrial Grade Linear Bearings, this Machine is Built to withstand the Toughest Workouts. The F660 Also Features Many Adjustment Points to give each Unique User the Exact Fit They Need when Performing the Variety of Exercises the F660 has to Offer.

POSITION YOURSELF

Our Lower Footplate Features 5 Different Adjustment Angles and a Lumbar Support Pad Which Flips Up on a Hinge for Hack Squat. The Adjustments Allow the User to Correctly Position Themselves for Either Leg Press, Hack Squats, or Calf Raises.

THE PERFECT FIT

Unlike Other Hip Sleds, Our F660 Shoulder Pads Provides the User with 12" of Travel and 13 Locking Positions for the Perfect Fit. Simply Pull the Pop Pin to Adjust the Shoulder Pads to Your Desired Height. With a Squat Range from 36" at the Lowest Point to 79" at the Highest Point, this Machine Accommodates Any Size User.

ALL THE RIGHT ANGLES

Our Upper Foot Plate was Designed for Multiple Uses. With 5 Different Angles Ranging from 75 Degrees to 135 Degrees, This Plate can be Adjusted for Leg Press, Donkey Squats, and Calf Raises. The Adjustments Allow for a Leg Press Range of 23" at Lowest Point to 64" at Highest Point. Our Included Donkey Squat Pad Allows for Squats and Calf Raises by Pressing with Your Lower Lumbar, Relieving Spinal Compression.

F660 LINEAR BEARING HIP SLED

BODYCRAFT

FEATURES AND SPECS

FEATURES

- Squat Shoulder Pads: Unlike Other Machines, our Oversized Squat Shoulder Pads are Fully Adjustable, with 12"of Travel and 13 Positions Accommodating a Wider Range of Users. Shoulder Pad Adjustments Allow for a Squat Range from 36" at the Lowest Point to 79" at the Highest Point
- Upper Foot Plate: Adjust to 5 Different Angles from 75 Degrees to 135 Degrees
- Lower Foot Plate: Adjust to 5 Different Angles
- Donkey Squat Pad: Allows for Squats and Calf Raises by Pressing with Lower Lumbar, Relieving Spinal Compression
- Removable 3" Round Calf Block: Works in Conjunction with Donkey Squat Pad or Shoulder Pads
- Industrial Grade Linear Bearings: Never Flatten and are Next to Impossible to Wear Out, Ensuring Smooth Consistent Performance for as Long as You Own the Machine
- Space Saving Design: With Weight Plate Loading Under the Carriage
- Leg Press Back Pad: Features Lumbar Support and Flips Up on a Hinge for Hack Squat. Leg Press Range of 23"at Lowest Point to 64" at Highest Point
- Squat, Shoulder and Leg Press Pads: Permanently Attached for Convenience and Longevity.

SPECS

- CONSTRUCTION: Using Heavy Gauge, 2" x 3" Steel Tubing and 1/4" Plate Steel.
- CARRIAGE: Rides on Industrial Grade Linear Bearings, and 1.25" Case Hardened Steel Solid Guide Rods. 75 lb. Starting Weight
- ALL PADS: Use Double Stitched Heavy Duty Upholstery and High Density Foam.
- DIAMOND SKID LEG PRESS PLATE: Can be Adjusted to 5 Different Angles. Plate Measuring 16" L x 24" W
- DIAMOND SKID HACK SQUAT PLATE: Allows for Multi-Position Foot Placement and Can be Adjusted to 5 Different Angles. Plate Measuring 17"L x 24" W
- WEIGHT CAPACITY: 1,000 lbs.
- DIMENSIONS: 79" L x 39" W x 50" H.
- WEIGHT: (Assembled) 373.5lbs (Boxed) 410lbs

WARRANTY

- RESIDENTIAL: Frame: Life / Parts: Life
- COMMERCIAL: Frame: 10 year / Parts: 2 year / Wear Items: 6 Months

*(Non Member Facilities)

INCLUDED 3" ROUND CALF BLOCK FOR CALF RAISES

INCLUDED DONKEY SQUAT PAD

SAFETY BARS ALLOW FOR 3 DIFFERENT START AND STOP POINTS

INDUSTRIAL GRADE LINEAR BEARINGS AND GUIDE RODS

BODYCRAFT is a division of Recreation Supply Inc. 7699 Green Meadows Dr. Lewis Center, OH 43035 Phone 800-990-5556 Fax:740-965-2449 www.bodycraft.com

*We reserve the right to make improvements or changes at anytime.