Exercise Stations and Features

The BODYCRAFT GXP is as much a piece of art as it is a top quality piece of Strength Training Equipment! From the beautiful flowing curves of the wide oval steel tubing, to the laser cut Functional Training Arms, to the Aluminum Accent End Caps, extreme attention to detail has been paid.

The GXP is unique in several ways:

• Pick your color! Decorative acrylic panels are available in four standard colors:
  • Graphite
  • Bronze
  • Sea Green
  • Satin Ice
  • Custom colors available!

• Compact! Less than 4-1/2 feet deep!

• Easy adjusting seat! Simply reach down and squeeze the adjustment handle. The spring-loaded seat will automatically raise, or lower using your own body weight. All without having to stand up!

• Up to 400 pounds resistance from the standard 200 pound weight stack! Simply hook the permanently attached “double-up” cables to the Functional Training Arms and the resistance is doubled!

• Orthopedic Seat Back! Seat and seat back are made with dual-density foam; soft on top, dense underneath. Exclusive design of the seat back provides great lumbar support while reducing stress on the spine.

• Versatile! Literally hundreds of strength training exercises can be performed on the BODYCRAFT GXP! Train for your specific activity, sport, general toning, or for pure strength and size!