

# R200

SEMI-RECLINING EXERCISE BIKE

BODYCRAFT

# COMPACT COMFORT

The R200 is a Stunning Bike that Combines an Incredible Space-Saving Design with Innovative Features Found on Bikes that Cost Twice the Price! This Semi-Recumbent Step-Through Style Allows for Easy Entry and Exit and Features an Infinitely Adjustable Comfort Seat to Fit most Size Users All in Less than 48 inches of Space.



## HAPPY HAPPY BUM BUM

Our Ultra-Wide Comfort Seat Provides You with Infinite Fore and Aft Positions Traveling on Ball Bearing Rollers Along a No-Rust Extruded Aluminum Rail. Whether Your Workout is 5 Min or 1 Hr, a Comfortable Experience is Guaranteed



## IN THE PALM OF YOUR HAND

Our Designers Integrated Heart Rate Pulse Grips into the Ergonomically Correct Handle Bars Making it Simple and Easy to Track your Heart Rate From the Comfort of Your Seat.



Extendable  
Tablet/Phone  
Holder



## BluView HC DISPLAY

Customizable High Contrast LCD Display Featuring an Extendable Tablet/Phone Holder, Reading Rack, and Intuitive User Interface Design Making Your Workout a Simple, Fun, and Educational Experience

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## BODYCRAFT

# FEATURES AND SPECS

## FEATURES

- Plug-In Silent Ride Magnetic Resistance
- Up to 20 levels of Resistance utilizing BODYCRAFT Eddy Current Technology
- Ergonomic Handle Bars with Heart Rate Pulse Grips
- BluView High Contrast LCD Display with Extendable Tablet / Phone Holder
- Infinite Fore/Aft Seat Positions on Ball Bearing Rollers and Extruded Aluminum Seat Track
- Adjustable Rubber Comfort Strap Foot Pedals
- Entertainment Features Include Built-in Extendable Tablet/Phone Holder, and Reading Rack
- Ultra-Wide Comfort Seat and Vertically Adjustable Lumbar Support Seat Back
- Center Mounted Water Bottle Holder
- Easy Glide Transport Wheels

## SPECS

- ELECTRICAL REQUIREMENTS: 120VAC Plug-In Power Supply
- RESISTANCE: Eddy Current Silent Ride Magnetic Resistance with 20 Levels
- FRAME: 4mm Thick (11 Gauge) Steel Frame W/ Diamond Gray Powder Coat Finish
- PEDAL SPACING: 5" with Speed Ratchet Pedals
- STEP THROUGH HEIGHT: 9.5" Ultra Low Height
- BEARINGS: Industrial SKF Precision Sealed Bearings
- HANDLEBAR: Ergonomically Correct Seat Mounted Handlebars with Heart Rate Pulse Grips
- FLYWHEEL: 18lb Precision Balanced, Perimeter Weighted
- MAX USER WEIGHT: 350 pounds
- CONVENIENCE: Built-in Transport Wheels, Reading Rack, Extendable Tablet Holder and Water Bottle Holder
- DIMENSION: 48" L x 21" W x 39" H (Boxed) 51" L x 15" W x 30" H
- WEIGHT (Boxed): 142lbs (Assembled) 124lbs

## WARRANTY

- RESIDENTIAL: Lifetime- Frame / 5 Year - Parts / 2 Years - Labor



## BluView HC DISPLAY

- High Contrast LCD Infinity Display
- Alphanumeric Display Window
- Workout Summary Review
- Quick Start / Go Key
- Extendable Tablet / Phone Holder
- Built in Wireless HR Receiver - Readings Taken from Either included Pulse Hand Grips or Compatible with Any 5 kHz HR Strap
- User Profile Customization - Age, Weight, Program Time, Target / Work HR
- 6 Programs - Manual, Random, Interval, Hill Climb, Strength, and Custom
- User Activity Saved for 3 Minutes when Machine is Not Moving and 10 Sec Backlight
- Data Display Windows - Speed, Time, Distance, Calories, RPM, Level, Watts, and Pulse



ADJUSTABLE RUBBER COMFORT STRAP PEDALS



INFINITE FORE/AFT PRESSURE BRAKE SLIDE ADJUSTMENT



ERGONOMIC HANDLEBARS W/ HEART RATE PULSE GRIPS



VERTICALLY ADJUSTABLE LUMBAR SEAT BACK