

SCT400G SEATED CROSTRAINER

BODYCRAFT

ENGAGE YOUR TOTAL BODY

The SCT400g Seated Elliptical Cross Trainer Delivers a Low Impact Full Body Anaerobic (strength) and Aerobic (cardio) Workout. Exercise in Comfort with Our Adjustable Ultra Wide Seat and Lumbar Backrest. Our Comfort Step Pedals Coupled with Our Patented SST (Spring Step Technology) Allows Your Feet to Self Align to a Natural Angle Minimizing Joint Stress. Get On and Off the SCT400g Easily and Safely with Its Walk-Through Design and Swivel Seat. The GO Button and Handle Bar Controls Get You Up and Running Instantly.



PATENTED TRUE ELLIPTICAL MOTION

Comfort Step Foot Pedals Feature Padded Inserts and Our Patented Spring Step Technology (SST) Which Constantly Self Aligns During Your Workout to Reduce Knee and Joint Stress



START AND END WITH A SWIVEL

Our Ultra-Wide Easy Swivel Seat Feature Provides You with a Safe and Easy Entry and Exit Before and After Your Workout. Our Seat Features a Locking Mechanism which Automatically Locks the Seat In-Place Upon Entry and Exit.



Extendable
Tablet/Phone
Holder

BluView HC DISPLAY

Customizable High Contrast LCD Display Featuring an Extendable Tablet/Phone Holder, Reading Rack, and Intuitive User Interface Design Making Your Workout a Simple, Fun, and Educational Experience



NO WIRES, NO PLUG, NO WORRIES

Self Powered and Driven by Our Hybrid Magnetic GREEN Brake System, the SCT400G Can be Placed Anywhere In a Room Without the Need to be Plugged In. Never Worry About Wires on the Floor or Pesky Power Surges Causing Havoc On the Electronics

SCT400G SEATED CROSTRAINER

BODYCRAFT

FEATURES AND SPECS

FEATURES

- A True Seated Elliptical Motion with a Comfortable 16" Stride Length
- Up to 20 levels of Resistance Utilizing BODYCRAFT Eddy Current Technology
- Telescoping and Rotating Handles for Custom Fit
- Dual Action Upper Body Arms with Console Controls Provide a Total Body Workout
- BluView High Contrast Customizable LCD Console with GO Quick-Start Function
- Ultra-Wide Locking Comfort Seat Features a Pivoting Swivel Providing an Easy Entry and Exit
- Ultra-Wide Reclining Lumbar Supported Back Pad Features 3 Different Positions
- Comfort Step Foot Pedals Feature Padded Inserts and Our Patented Spring Step Technology (SST) Constantly Self Aligns During Your Workout to Reduce Knee and Joint Stress
- No Plug-In Required with Our Generator Driven Hybrid Magnetic Green Brake System
- Entertainment Features Include Built-In Extendable Tablet/Phone Holder, and Reading Rack

SPECS

- ELECTRICAL REQUIREMENTS: None, Self-Generated with Our New "Green" DynaGen Commercial Generator
- RESISTANCE: Eddy Current Green Brake with 20 Levels
- STRIDE: 16" True Elliptical Stride
- BEARINGS: All Major Pivots Feature Industrial Precision Sealed Bearings
- UPPER BODY HANDLEBAR: Ergonomically Correct Multi-Grip Position Handlebars W/ Console Quick Controls
- FLYWHEEL: 20lb Precision Balanced, Perimeter Weighted
- MAX USER WEIGHT: 400 pounds
- CONVENIENCE: Built-In Transport Wheels, Reading Rack, Extendable Tablet Holder and Accessory/Water Bottle Holder
- DIMENSION: 71.5" L x 30" W x 54" H / (Live) 76" L x 30" W x 54" H
- WEIGHT (Boxed): 239lbs (Assembled) 208lbs

WARRANTY

- RESIDENTIAL: Lifetime- Frame / 7 Year - Parts / 2 Years - Labor
- COMMERCIAL: 10 year- Frame / 3 year- Parts / 1 Year - Labor
(Rated Up to 5/hrs Day)

BluView HC DISPLAY

- High Contrast LCD Infinity Display
- Alphanumeric Display Window
- Workout Summary Review
- Quick Start / Go Key
- Extendable Tablet / Phone Holder
- Built in Wireless HR Receiver - Readings Taken from Either included Pulse Hand Grips or Compatible with Any 5 kHz HR Strap
- User Profile Customization - Age, Weight, Program Time, Target / Work HR
- 8 Programs - Manual, Random, Interval, Hill Climb, Strength, Target HR, HR Interval, and Custom
- User Activity Saved for 3 Minutes when Machine is Not Moving and 10 Sec Backlight
- Data Display Windows - Speed, Time, Distance, Calories, RPM, Level, Watts, and Pulse



CUSTOM FIT

Our Dependent Arms Add Upper Body Exercise and Instant Resistance Changes with the Hand Controls. The Arms are Fully Adjustable with Telescoping and Rotatable Adjustments Creating the Perfect Fit for All Users.

PATENTED SPRING STEP TECHNOLOGY

Exclusive to Bodycraft, Our Spring Step Technology was Designed in Conjunction with Our True Elliptical Motion Linkage to Provide You with the Smoothest Most Natural Pedal Stroke Available. The Pivoting Pedal Self Aligns with Your Every Step, Reducing Knee and Joint Stress



ADJUSTABLE ULTRA-WIDE SWIVELING SEAT w/ 16 STRIDE LENGTH POSITIONS AND 3 RECLINING POSITIONS



DUAL ACTION UPPER BODY ARMS w/ QUICK CONSOLE CONTROLS



OPTIONAL FOOT STRAPS