ENGAGE YOUR TOTAL BODY

The SCT400g Seated Elliptical Cross Trainer Delivers a Low Impact Full Body Anaerobic (strength) and Aerobic (cardio) Workout. Exercise in Comfort with Our Adjustable Ultra Wide Seat and Lumbar Backrest. Our Comfort Step Pedals Coupled with Our Patented SST (Spring Step Technology) Allows Your Feet to Self Align to a Natural Angle Minimizing Joint Stress. Get On and Off the SCT400g Easily and Safely with Its Walk-Through Design and Swivel Seat. The GO Button and Handle Bar Controls Get You Up and Running Instantly.

PATENTED TRUE ELLIPTICAL MOTION
Comfort Step Foot Pedals Feature Padded Inserts and Our Patented Spring Step Technology (SST) Which Constantly Self Aligns During Your Workout to Reduce Knee and Joint Stress

START AND END WITH A SWIVEL
Our Easy Swivel Seat Feature Provides You with a Safe and Easy Entry and Exit Before and After Your Workout

BluView HC DISPLAY
Customizable High Contrast LCD Display Featuring an Extendable Tablet/Phone Holder, Reading Rack, and Intuitive User Interface Design Making Your Workout a Simple, Fun, and Educational Experience

NO WIRES, NO PLUG, NO WORRIES
Self Powered and Driven by Our Hybrid Magnetic GREEN Brake System, the SCT400G Can be Placed Anywhere In a Room Without the Need to be Plugged In. Never Worry About Wires on the Floor or Pesky Power Surges Causing Havoc On the Electronics
FEATURES

- A True Seated Elliptical Motion with a Comfortable 16” Stride Length
- Up to 20 levels of Resistance Utilizing BODYCRAFT Eddy Current Technology
- Dual Action Upper Body Arms with Console Controls Provide a Total Body Workout
- BluView High Contrast Customizable LCD Console with 60 QuickStart Function
- Ultra-Wide Comfort Seat Features a Pivoting Swivel Providing an Easy Entry and Exit
- Ultra-Wide Reclining Lumbar Supported Back Pad Features 3 Different Positions
- Comfort Step Foot Pedals Feature Padded Inserts and Our Patented Spring Step Technology (SST) Constantly Self Aligns During Your Workout to Reduce Knee and Joint Stress
- No Plug-in Required with Our Generator Driven Hybrid Magnetic Green Brake System
- Entertainment Features Include Built-In Extendable Tablet/Phone Holder and Reading Rack

SPCS

- ELECTRICAL REQUIREMENTS: None, Self-Generated with Our New “Green” DynaGen Commercial Generator
- RESISTANCE: Eddy Current Green Brake with 20 Levels
- STRIDE: 16” True Elliptical Stride
- BEARINGS: All Major Pivots Feature Industrial Precision Sealed Bearings
- UPPER BODY HANDLEBAR: Ergonomically Correct Multi-Grip Position Handlebars W/ Console Quick Controls
- FLYWHEEL: 20lb Precision Balanced, Perimeter Weighted
- MAX USER WEIGHT: 400 pounds
- CONVENIENCE: Built-In Transport Wheels, Reading Rack, Extendable Tablet Holder and Accessory/Water Bottle Holder
- DIMENSION: 71.5” L x 30” W x 54” H / (Live) 74” L x 30” W x 54” H
- WEIGHT (Boxed): 239lbs (Assembled) 280lbs

WARRANTY

- RESIDENTIAL: Lifetime – Frame / 7 Year – Parts / 2 Years - Labor
- COMMERCIAL: 10 year – Frame / 3 year – Parts / 1 Year – Labor

PATENTED SPRING STEP TECHNOLOGY

Exclusive to Bodycraft. Our Spring Step Technology was Designed in Conjunction with Our True Elliptical Motion Linkage to Provide You with the Smoothest Most Natural Pedal Stroke Available. The Pivoting Pedal Self Aligns with Your Every Step, Reducing Knee and Joint Stress