

ROWER COMPARISON

• FEATURES, SPECS, AND WARRANTY

• FEATURES	 *optional Connect 22 Tablet VR500	 *optional Connect 22 Tablet VR400	 VR200
• MONITOR	Adjustable Tilting Hi-DEF Black Mask LCD w/ High Contrast White LCD Technology Keys - 5"W x 2.5"H Display	Easy to Read LCD - 5"W x 2.5"H Display	Easy to Read LCD - 2"W x 3"H Display
• RESISTANCE	32 Levels of Resistance Utilizing BODYCRAFT Air+Magnetic Eddy Current Technology	16 Level Control Adjusts from Air to Eddy Current Magnetic Resistance and Interacts with Monitor	8 Level Control Adjusts from Air to Eddy Current Magnetic Resistance
• HANDLEBAR	Ergonomically Correct Comfort Grip Aluminum Handlebar w/Remote Resistance Controls	Ergonomically Correct Straight Grip Aluminum Handlebar	Ergonomically Correct Straight Grip Aluminum Handlebar
• SEAT	Comfort Glide Seat w/Heavy Duty Roller Bearings	Contoured Glide Seat w/Heavy Duty Roller Bearings	Contoured Glide Seat w/Heavy Duty Roller Bearings
• FOOT HOLD	Deluxe Adjustable Commercial Grade Heel Rest w/Quick Adjust Foot Straps	Deluxe Adjustable Commercial Grade Heel Rest w/Quick Adjust Foot Straps	Pivoting Heel Rest w/Extra Wide Lock Down Straps
• TRACK	3" Wide Heavy Duty I-Beam Mono-Rail Extruded from High Strength T13 Aluminum	3" Wide Heavy Duty I-Beam Mono-Rail Extruded from High Strength T13 Aluminum	3" Wide Heavy Duty I-Beam Mono-Rail Extruded from High Strength T13 Aluminum
• DRIVE	Premium Nylon Belt: Test: 580lb load over 500.000 Repetitions	Premium Nylon Belt: Test: 580lb load over 500.000 Repetitions	Premium Nylon Belt: Test: 580lb load over 500.000 Repetitions
• CONSOLE FEATURES	Displays: Time/500m, Calories, Pulse, SPM, Watts, Strokes, Meters, Time, Level, & Profile. 4 User Profiles, FTMS Bluetooth, & Pause.	Displays: Time/500m, Calories, SPM, Watts, Strokes, Meters, Time, Level, & Profile. And 4 User Profile.	Displays: Time/500m, Calories, SPM, Strokes, Meters, Time.
• PROGRAMS	Manual Mode, 12 Auto Resistance Profiles, 6 Race, 4 HRC, 3 Interval, User Mode, & 1 Custom Definable	1 Manual, 5 Races, & 1 Recovery	None
• CONNECT 22	Compatible with Connect 22 Tablet Click Here to Learn More	Compatible with Connect 22 Tablet Click Here to Learn More	Not Compatible
• FINISH	Powder Coated Steel w/Anodized Aluminum Beam	Powder Coated Steel w/Anodized Aluminum Beam	Powder Coated Steel w/Anodized Aluminum Beam
• STORAGE	Easy Fold and Roll with Foot Lever and Safety Lock	Quick Fold and Roll System	Quick Fold and Roll System

ROWER COMPARISON



VR500



VR400



VR200

● SPECS	<small>*optional Connect 22 Tablet</small>	<small>*optional Connect 22 Tablet</small>	
● OVERALL LENGTH	98.5 Inches	98.5 Inches	79 Inches
● SEAT HEIGHT	19 Inches	19 Inches	15.5 Inches
● SEAT TRAVEL	38.5 Inches for Users up to 6'8"	38.5 Inches for Users up to 6'8"	38 Inches
● MAX USER WEIGHT	350 LBS	350 LBS	300 LBS
● ASSEMBLED DIMS	98.5"L x 20"W x 38.5"H	98.5"L x 21.25-w x 40"H	79"L x 17.75"W x 36.25"H
● FOLDED DIMS	58.5"L x 20"W x 77"H	43.25"L x 17.5"W x 69.25"H	35.5"L x 17.5"W x 58"H
● BOX DIMS	71.5"L x 30"W x 10"H	61"L x 30"W x 10"H	51"L x 29.75"W x 10.25"H
● BOXED WEIGHT	116 LBS	99 LBS	75 LBS
● ASSEMBLED WEIGHT	101 LBS	86 LBS	60 LBS
● WARRANTY	Residential - Lifetime Frame, 7 Yr Parts, 2 Yr Labor Light Commercial - 10 Years Frame, 3 Years Parts 1 Yr Labor (Up to 5hrs/day)	Residential - Lifetime Frame, 7 Yr Parts, 2 Yr Labor Light Commercial - 10 Years Frame, 2 Years Parts	Residential - Lifetime Frame, 5 Yr Parts, 1 Yr Labor