

# HOW TO UPDATE TOUCHSCREEN CONSOLE

## THINGS YOU'LL NEED:

1. USB DRIVE  
(FAT32 & 2.0 OR ABOVE)
2. COMPUTER



## STEP 1: PLUG USB DRIVE INTO COMPUTER.



## STEP 2: VISIT BODYCRAFT.COM & CLICK ON “CUSTOMER SUPPORT” AT THE BOTTOM OF THE PAGE.V



## STEP 3: SCROLL DOWN TO “SOFTWARE UPDATE” AND SELECT YOUR CONSOLE. THE DOWNLOAD SHOULD BEGIN.

### EPROM UPDATE:

Need to update the software on your Bio-View, Touch Screen Console or T-Series Treadmill?

For LCD7 Bio-View models: R200, R400g, SCT400g, ECT400g, ECT800g [Click here to Download LCD7 Ver 1.4](#)  
For TOUCH7 Color Touch Screen models: ECT900g, ECT1000g, U1000g, R1000g [Click here to Download Touch 7 Ver 8.41](#)

For 2016-2019 T-Series Treadmills (Serial Number MUST begin with TR). [Click here for Programming & Calibration Procedures](#)

T400 (Serial Number begins with TR41) [Click here to Download T400 Update](#)  
T800 (Serial Number begins with TR81) [Click here to Download T800 Update](#)  
T1000 (Serial Number begins with TR10) [Click here to Download T1000 Update](#)

For 2019+ T-Series Treadmills (Serial Number MUST begin with T400, T800, and T1000).  
There are 3 different Consoles available for each Treadmill, so this Eprom Update is based on the Model of the Console and NOT the Model of the Treadmill Base. Each Console has its own unique Serial Number.

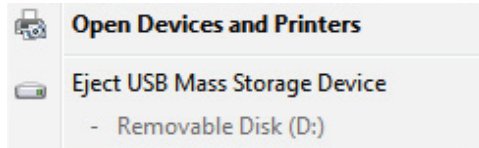
T-9LCD for T400, T800 & T1000 (Serial Number begins with 9LCD) [Click here to Download T-9LCD Update](#)  
T-1073 for T400, T800 & T1000 (Serial Number begins with 1073) [Click here to Download T-1073 Update](#)  
T-1615 for T400, T800 & T1000 (Serial Number begins with 1615) [Click here to Download T-1615 Update](#)



## STEP 4: LOCATE THE FILE IN YOUR DOWNLOADS FOLDER. BE SURE THE FILE NAME IS “AC0044L-24B-03.APK” FOR 16 INCH OR “AC0044L-22B-01.APK” FOR 10 INCH.

## STEP 5: CLICK AND DRAG THE FILE FROM THE DOWNLOADS FOLDER TO YOUR USB DRIVE TO COPY IT.

**STEP 6:**  
ONCE THE FILE IS COPIED TO THE USB DRIVE. SAFELY REMOVE THE USB BY RIGHT CLICKING ON IT & EJECTING IT.



**STEP 7:**  
PLUG USB INTO THE PORT ON THE CONSOLE.



**STEP 8:**  
PRESS AND HOLD THE "C" IN BODYCRAFT ON THE HOME PAGE UNTIL MANAGER MODE IS ACTIVATED.



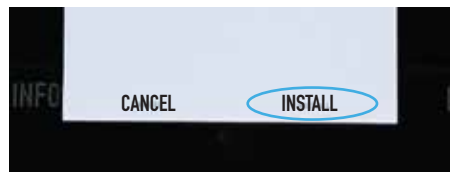
**STEP 9:**  
SELECT "MANAGER"



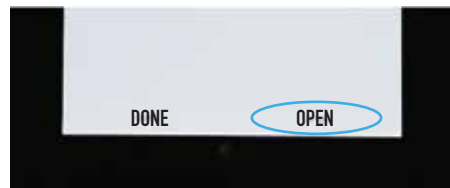
**STEP 10:**  
SELECT "S/W UPDATE"  
THEN SELECT "UPDATE SOFTWARE"



**STEP 11:**  
SELECT "INSTALL" AND WAIT FOR THE UPDATE TO COMPLETE



**STEP 12:**  
SELECT "OPEN"



**STEP 13:**  
REMOVE THE USB DRIVE AND YOU'RE DONE!

