### BODYCRAFT



# DFT FUNCTIONAL TRAINER

The BODYCRAFT EXP Series DFT Functional Trainer features a smart design, providing a wide range of exercises in a compact space. It offers adjustable weight increments and a 2:1 pulley ratio for easy intensity control and progression. From the multi-grip pull-up bar to color-coded adjustment points and illustrated exercise placards, it ensures intuitive use for all users and trainers.

EXP



Featuring an instructive placard for exercises and offers the choice to attach a Connect 22 Touchscreen Tablet, enabling workout videos, and personalized fitness resources.

\*SHOW WITH OPTIONAL CONNECT 22

Built-in accessory trav.

Choose from various versatile grips: wide for overall engagement, close for precision, or rock climbing grips to boost grip strength and forearm development. Alternatively, use the loop hook for suspension training.

#### **HIGHLIGHTS**

DUAL ADJUSTABLE ROTATING PULLEYS W/EASY HEIGHT ADJUSTMENTS



32 PRECISION LASERED HEIGHT POSITIONS



OPTIONAL 5LB ADD-ON WEIGHT



Contoured D-Handles, Triceps Rope, Ankle Cuff, Sports Stick, Long Bar, Long Strap,

Chains, & Optonal 5lb add-on weights.



250 LB UPGRADEABLE WEIGHT STACKS



**CONNECT 22 TOUCHSCREEN TABLET** 



F703 BENCH

OPTIONAL ADD-ONS

### BODYCRAFT EXPSERIES

## **DFT FUNCTIONAL TRAINER**

FEATURES AND SPECIFICATIONS

FRAME	Heavy-Gauge Oval Tubing W/ Laser Cut Steel Plates
CABLE COLUMNS	Independent, Adjustable Cable Columns Pulleys w/ 32 Height Positions. Rotate 200 Degrees
ACCESSORIES	Dual Contoured Single Handles, Sports Stick, Long Bar, Triceps Rope, Ankle Cuff, Long Strap,
	Dual Heavy-Duty 21 Link Chains, Storage Tray, Exercise Placard, Optional Dual 5lb Add-On Weight
PULLEY TRAVEL	61" Vertical Travel with 32 Height Positions
CABLE TRAVEL	77" (Using One Side)
AESTHETICS	Blue Aluminum Pulleys & Selector Pins. All Black Hardware, Blue Adjustment Knob, Single
	Handle Accents & Braided Triceps Rope. Chrome Hooks.
STABILITY	Non Skid Extra Wide Stabilizer Rubber Feet w/Scratch Plate for Protection.
PAINT FINISH	Diamond Gray and Textured Black Electrostatic Powder-Coated Finish
PULLEYS	3.5" Pulleys with Sealed Maintenance-Free Precision Ball Bearings
CABLES	Flexible PU Coated, 7 X I9 Strand Aircraft Cable Rated at Over 2000 lbs. Tensile Strength.
CHIN BAR	(Wide – Classic – Narrow) Uses Include: Pull-Ups, Loop for Suspension Training, Bands, Rock Grips
WEIGHT STACKS	Dual 200 LBS Weight Stacks with Magnetic Selector Pins W/ Lanyard.
	2:I Ratio. Optional Upgrade to 250 LBS Each.
GUIDE RODS	Heavy Duty Solid 3/4" Chrome Plated
FINISH	Diamond Gray and Textured Black electrostatic powder-coated finish
SHROUD	Noise Dampening & Laser Cut w/ Blue Logo
DIMENSIONS	62.5"W x 50"D x 84.5"H
WEIGHT	(Assembled) 800 LBS (900 LBS W/ Upgraded 250 LB Stacks)

WARRANTY

<b>IO YEARS</b>	Structural main frames & welds.
<b>5 YEARS</b>	Parts: bearings, pulleys, bushings, guide rods, & weight plates.
I YEAR	Upholstery & cables.
90 DAYS	Labor



