



# SLEEK COMPACT DESIGN

The New BODYCRAFT GT Gym is a State of the Art Fitness Machine That Has Been Designed with Aesthetics & Functionality in Mind. With its Sleek Design, Advance Features, & High Quality Accessories it's an Excellent Choice for Anyone Looking to Take Their Fitness to the Next Level.



## FULLY ADJUSTABLE

To Fit Any Size User. The Seat is Easily Adjusted While Sitting. The Ergonomically Designed Back Pad Adjusts Front-to-Back then Automatically "Cradles" the User for Full Support. The Dual-Layered Orthopedic Back Pad is Designed to Provide Full Lumbar Support While Reducing Stress on the Spine.



## LEG DAY MADE EASY

Extensive Modeling Led to the Unique, Ergonomically Designed Leg Curl & Leg Extension Station. Well Placed Comfortable Pads and Handles Keep You in the Proper Position. Seated Leg Curls Target and Shape the Back of Your Legs (Hamstrings), While Seated Leg Extensions Target the Front of Upper Legs (Quadriceps).



\*SHOWN WITH OPTIONAL LEG PRESS & SPEED TRAINER

## HERE COMES THE SPEED

The **OPTIONAL** Speed Trainer takes your GT to the Next Level! Adding the Speed Trainer Allows You to Perform High Speed Exercises such as Boxing, Full Intensity Golf Swings, or Intense Movements such as Power Cleans on the GT without the Cables and Weight Stack Temporarily Losing Tension. The Speed Trainer Offers You a Brand New Way to Train, Keeping You Motivated while Increasing Your Strength, Power, and Gains.



# FEATURES AND SPECS

## FEATURES / SPECS

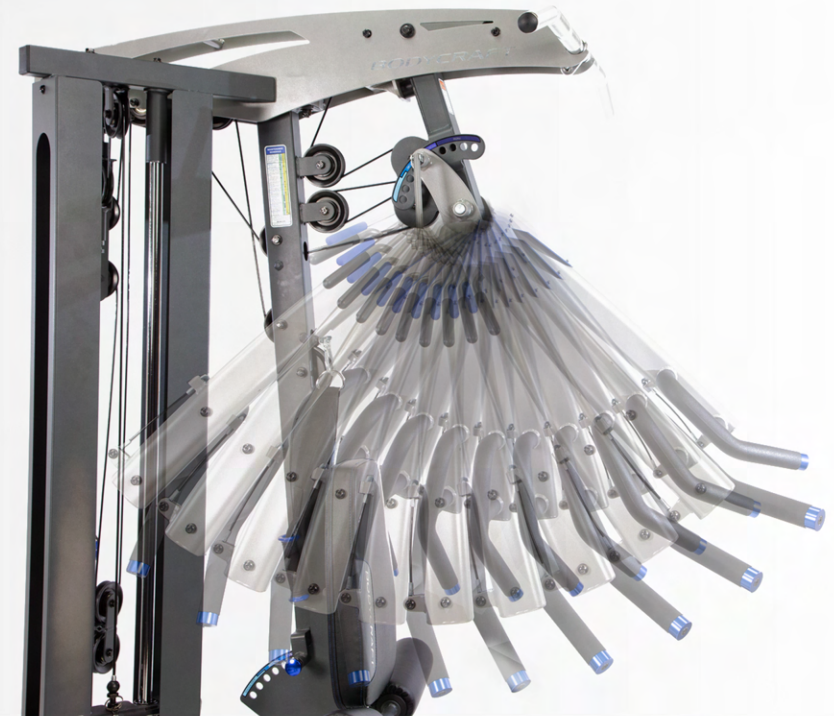
- **FRAME:** Heavy Gauge 2"x3", 2"x3" and Plate Steel
- **PAINT FINISH:** Multi Stage electrostatic powder Coat paint
- **PULLEYS:** 3-1/2" Heavy Duty Pulleys with Lubricated Precision Sealed Ball-Bearings
- **CABLES:** Internally Lubricated, 7 x 19 Strand Construction Rated at 2,000 lb tensile strength
- **GUIDE RODS:** Chrome Plated 1" tubular steel for extreme durability and smooth action
- **UPHOLSTERY:** Double stitched Vinyl Covering 2" thick, high density foam with accents
- **WEIGHT PLATES:** Precision Milled Cast Steel Plates with Nylon Bushings for smooth action.  
150 lbs. in 10 lb. increments Upgradable to 200 pounds.
- **BEARINGS:** Precision Sealed Bearings and Oil-lite bushings used at all Pivot Points
- **AESTHETICS:** Blue Anodized Aluminum Selector Pin, Pop-Pins and Accent Caps. Blue Accents Throughout, Laser-Cut Plates, Weight Stack Guards, All Black Hardware
- **DIMENSIONS:** Corner: 58"L x 56"W x 82.4"H (89"W w/optional Leg Press). Wall: 62.2"L x 53.9"W x 82.4"H (97.4"W w/ optional Leg Press)
- **WEIGHT:** Assembled w/150lb Stack: 433lbs, w/Optional Leg Press: 545lbs. add 50lbs for 200lb stack Upgarde
- **SPACE SAVING DESIGN:** allows placement in a corner or against a wall.
- **BENCH PRESS/SEATED ROW STATION:** allows for different size users and a variety of exercises including Bench Press, Incline Press, Shoulder Press and Mid Row.
- **SEAT/SEAT BACK:** back pad tilts to ensure full support when performing incline and shoulder presses.
- **AB CRUNCH STATION:** for abdominal training and overhead Triceps, etc.
- **LOW PULLEY STATION:** with foot plate for Seated and Upright Rows, Abductor, Adductor and Rear Leg Kicks, Bicep Curls, etc.
- **HIGH PULLEY STATION:** for Lat pull Downs, and Triceps Push Downs, etc.
- **LEG EXTENSION/LEG CURL:** provides Seated Leg Extension and Standing Leg Curl.
- **INCLUDED ACCESSORIES:** 48" Aluminum Lat Bar w/Swivel, Aluminum EZ Curl/ Row Bar w/Swivel, Ab Strap w/Contoured Handles and foamcore, Contoured Single Handle, Padded Velcro Ankle Strap, 24 Link Chain, Workout Posters.
- **OPTIONAL FUNCTIONAL CABLE ARMS (GTX):** Add dozens of user defined functional training exercises to you regimen including dumbbell style motions, various press and fly motions including Straight and converging planes of travel, plus many sports specific exercises.

## WARRANTY

- **RESIDENTIAL:** Frame: Life / Parts: Life

## ADJUSTABLE PRESS/ROW ARM

The Adjustable Press & Row Arm has 10 positions that allow for a wide range of exercises such as Seated Row, Bench Press, Incline Press, and Shoulder Press. Find the perfect fit by adjusting the Press/Row Arm to your liking and train the exact muscle to achieve your desired results!



OPTIONAL LEG PRESS WITH TURBO FEATURE.  
YOU CHOOSE: 1:2 RATIO, OR 1:3 RATIO. UP TO 400 LBS



PRESS ARM ADJUSTMENT HANDLE.  
EASILY ADJUST FROM SEATED POSITION.



OPTIONAL SPEED TRAINER ATTACHMENT.  
PROVIDES SPEED TRAINING, PROGRESSIVE RESISTANCE.



HIGH QUALITY ALUMINUM ACCESSORIES  
& BRANDED AB CRUNCH STRAP.