

# VR500 PRO ROWER

The Powered VR500 Pro Air and Magnetic Resistance Rower represents over a decade of research and development. This rower incorporates all the latest technology resulting in a smooth, high-performance rowing workout. Choose your own experience by adding our CONNECT22 Android Touchscreen Tablet to use apps like Netflix and YouTube where you will find virtual rowing and coaching videos.

**NO SUBSCRIPTION REQUIRED!**



You choose your own immersive experience. No Subscription Required! Connect to fitness apps or watch streaming video. Download any app from the Google play store. Introducing the first fully open 22" Android touchscreen tablet for Bodycraft rowers. \*Optional

The VR500 PRO uses AIR+MAGNETIC RESISTANCE providing the most realistic rowing experience available. Providing the broadest range of resistance up to 32 levels.

## CONSOLE HIGHLIGHTS



**ADJUSTABLE 7 INCH BLACK MASK LCD DISPLAY**

### COMPREHENSIVE FEEDBACK

TIME, DISTANCE, CALORIES, PULSE (with HR Belt), TIME/500M, STROKES, SPM, TOTAL STROKES, WATTS, LEVEL, & PROFILE

### PROGRAMS

6 RACES (including Oxford), 4 HRC's (including custom), 3 INTERVALS, USER MODE, 1 CUSTOM DEFINABLE, & MANUAL

### CONNECTIVITY



CONNECT TO APPS USING THE FTMS BLUETOOTH PROTOCOL AND ANT+

## HIGHLIGHTS



MAGNETIC AND AIR RESISTANCE



FOLD & ROLL STORAGE SYSTEM



WIRELESS HANDLEBAR CONTROLS



# VR500 PRO ROWER

### FEATURES AND SPECIFICATIONS

<b>RESISTANCE</b>	32 Levels of Resistance Utilizing BODYCRAFT Air+Magnetic Eddy Current Technology
<b>TRAVEL</b>	38.5" of Travel Will Accommodate Users Up to 6'8"
<b>HANDLEBAR</b>	Ergonomically Correct Comfort Grip Aluminum Handlebar with Wireless Remote Control
<b>SEAT</b>	Contoured Comfort Seat with Heavy Duty Roller Bearings
<b>SEAT HEIGHT</b>	19"
<b>SEAT TRAVEL</b>	38.5" (up to 6'8" user height)
<b>FOOT HOLD</b>	Deluxe Adjustable Heel Rest with Quick Adjust Foot Straps
<b>TRACK</b>	Heavy Duty I-Beam Mono-Rail-High Strength T13 aluminum
<b>DRIVE</b>	Zero Maintenance Premium Nylon Belt Tested at 580lb load with 50,000 Repetitions
<b>SUPPORT LEGS</b>	Precision Formed Laser Cut High Strength Steel
<b>STORAGE</b>	Easy Fold and Roll System with Safety Child Lock
<b>FINISH</b>	Powder Coated Steel with Anodized Aluminum Beam
<b>MAX WEIGHT</b>	350lbs (up to 5 hours a day)
<b>DIMENSIONS</b>	98.5"L x 20"W x 38.5"H

### WARRANTY

<b>COMMERCIAL</b>	Frame: 10 Years / Parts: 3 Years / Wear Items-Labor: 1 Year (up to 5 hours/day)
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### CONSOLE

<b>DISPLAY</b>	Adjustable Tilting Hi-DEF Black Mask LCD w/High Contrast White LCD Technology
<b>DATA</b>	Time/500M, Calories, Pulse, Strokes Per Minute (SPM), Watts, Strokes, Meters, Time, Level, Profile
<b>PROFILES</b>	4 Users
<b>PROGRAMS</b>	6 Race, 4 HRC, 3 Interval, User Mode, 1 Custom Definable, Manual
<b>BLUETOOTH</b>	BT, ANT+, and 5kHz Wireless Receivers. FTMS Protocol Compatible
<b>HEART RATE</b>	Bluetooth/5khz Telemetry

### CONNECT 22 \*OPTIONAL

<b>PROGRAMS</b>	Fully Open Android Tablet Allows You To Choose From Countless Apps On Google Play Store
<b>CONNECTION</b>	Connects to Fitness Apps Through Bluetooth Using Real Time Data
<b>RETROFIT</b>	Fits On All VR400 & VR500 Models
<b>PRELOADED APPS</b>	Google Play, Hulu, Netflix, Etc.
<b>BLUETOOTH</b>	Headphone/Speaker Compatible - Also Connects To Applications
<b>ADJUSTABILITY</b>	180 Rotation and 180 Degree Tilting
<b>INPUTS</b>	LAN - HDMI Out - USB 3.0 - Micro SD Slot - USB 3.0 Type C
<b>MULTI-USER</b>	Using Multiple Google Accounts - Switch From Users to Custom Screen Setups.
<b>POWER INPUT</b>	1 x DC in 12V/4.16A 2 Pin
<b>SIZE/RESOLUTION</b>	22" TFT LCD / 1920 x 1080
<b>WARRANTY</b>	12 Months Warranty against defects and in workmanship and materials.