ODYCR

PFT FUNCTIONAL TRAINER

For your day-to-day life, sports, or leisure activities, the BODYCRAFT PFT allows you to train the way you move. You define the path of motion allowing you to strengthen every part of your body for the way you want to live. It's that simple. Functional Training improves coordination and balance, and increases core strength.



HIGHLIGHTS

DUAL ADJUSTABLE ROTATING PULLEYS



EASY PULLEY HEIGHT ADJUSTMENTS



30 PRECISION LASERED HEIGHT POSITIONS



Offering 3 Different Grip Positions (Wide-Classic-Narrow) the PFT Chin/Pull-Up Bar Allows You to **Perform Many Types of Upper Body and Core Exercises**

We Loaded this Machine with Dual Contoured Single Handles, Sports Stick, Long Bar, Tricep Rope, Padded Ankle Cuff, Chin/Push-Up Assist Strap, Dual Heavy-Duty 21 Link Adjustment Chain Set, and Exercise Book

OPTIONAL ADD-ONS



CHOOSE 160LB OR 2 10LB WEIGHT STACKS



F703 MULTI-PURPOSE BENCH



POWER ROW



BODYCRAFT

PFT FUNCTIONAL TRAINER

FEATURES AND SPECIFICATIONS

FRAME	Heavy-Gauge Oval Tubing W/ Laser Cut Steel Plates
CABLE COLUMNS	Independent, Adjustable Cable Columns Pulleys w/ 30 Height Positions. Rotate 200 Degrees
ACCESSORIES	Dual Contoured Single Handles, Sports Stick, Long Bar, Tricep Rope, Padded Ankle Cuff,
	Chin/Push-Up Assist Strap, Dual Heavy-Duty 21 Link Adjustment Chain Set, Exercise Book
PULLEY TRAVEL	61" Vertical Travel
CHIN BAR	(Wide – Classic – Narrow) Uses Include, Pull-Ups, Hanging Ab Straps, Bands, Inversion Boots, Etc.
AESTHETICS	Easy Install End-Caps, All Black Hardware, Updated Laser-Cut Workout Guide Plate,
	Blue Anodized Aluminum Selector Pins and Adjustment Knob
STABILITY	Non Skid Extra Wide Stabilizer End Caps
PAINT FINISH	Platinum Gray and Textured Black Powder Coated Finish
PULLEYS	4.5" and 3.5" Diameter, Fiberglass Impregnated Nylon Pulleys with Sealed Ball Bearings.
CABLES	Flexible Nylon Coated, 7 X I9 Strand Aircraft Cable Rated at Over 2000 lbs. Tensile Strength.
CABLE TRAVEL	80" (Using One Side)
WEIGHT STACKS	Dual I60 LBS Weight Stacks with Magnetic Selector Pins W/ Lanyard. 2:I Ratio.
	Optional Upgrade to 210 LBS Each. Full-Length Acrylic Panels Provide Safety and Beauty
GUIDE RODS	Heavy Duty Chrome Plated
FINISH	Diamond Gray and Textured Black electrostatic powder-coated finish
ACCENTS	Blue Anodized Aluminum Selector Pins and Blue Adjustment Knob
DIMENSIONS	83" H x 52" W x 40" D

WARRANTY COMMERCIAL Frame: 10 Years / Parts: 2 Years

ADD-ONS F703 Multi-Purpose Bench Designed to Work with Functional Trainers, Free-Weight Systems, and Dumbbells.





