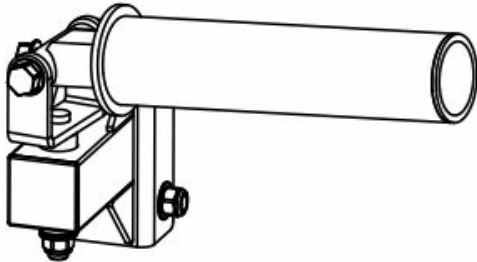


BODYCRAFT

F737 Landmine Option

for the BodyCraft F430 / F730 PRO (Power Rack) or F438 / F738 (RFT PRO)

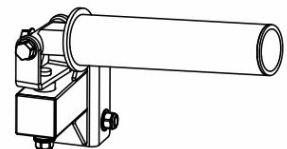
Owner's Manual



To see in **FULL COLOR** & additional information, scan this QR code.

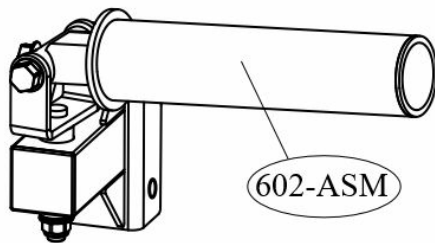


Base Lot Number: _____
 Purchased Date: ___ / ___ / _____
 Dealer's Name: _____
 Please register your products at:
<https://www.bodycraft.com/product-registration/>



BODYCRAFT
 Lot Code: F737-YYMDD

Assembled Parts List

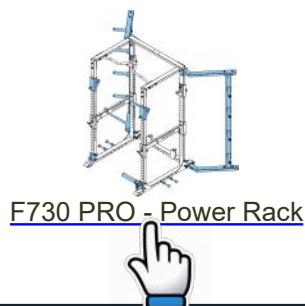


Part #	Assembly Parts List	QTY
F737-602-ASM	Rotating Frame - Assembly	1

Part #	Assembly Hardware	QTY
F737-604	Nut, Nylon Lock 1/2" - BLACK	2
F737-606	Washer, Flat 1/2" - BLACK	4
F737-610	Bolt, Hex Head 1/2" x 4-1/2" - BLACK	2



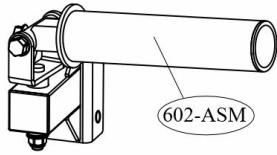
STEP 1: Installation of the F737 Option to an F730 PRO (Power Rack) or F738 (RFT PRO)



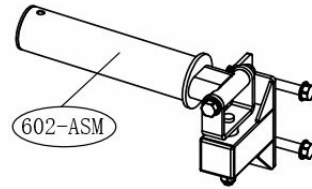
F737 v1.3

F737 - Optional Mounting Sides, Detailed Parts List & Parts Exploded View

STEP 2: Installation of the F737 Option can be done on Rt side or Lt side by flipping the Rotating Frame (602) on the Rotating Underframe, Mounting Plate (601).



Right Side Assembled



Left Side Assembled

Part #	Detailed Parts List	QTY
F737-601	Rotating Underframe, Mounting Plate	1
F737-602	Rotating Frame	1
F737-603	Barbell Frame, with Bushing Holder	1
F737-604	Nut, Nylon Lock 1/2" - BLACK	4
F737-605	Bolt, Hex Head 1/2" x 4-1/4" - BLACK	1
F737-606	Washer, Flat 1/2" - BLACK	7
F737-607	Square Plug, Plastic, to Mounting Plate	1
F737-608	Bushing, Steel	4
F737-609	Inner Sliding Sleeve, for Oly Barbell	1
F737-610	Bolt, Hex Head 1/2" x 4-1/2" - BLACK	2

NOTE: Parts are not to scale

