

BODYCRAFT

EXP SERIES™



R1000 Recumbent Bike

To see in
FULL COLOR
& additional information,
scan this QR code.



Base Serial Number: U _____

Console Serial Number: _____

Purchased Date: ___ / ___ / _____

Dealer's Name: _____

Please register your products at:

<https://www.bodycraft.com/product-registration/>



Owner's Manual

R1K1 v1.4



WWW.BODYCRAFT.COM



800-990-5556



SERVICE@BODYCRAFT.COM

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Congratulations and Welcome to the BODYCRAFT Family

Thank you for selecting BODYCRAFT. Your choice reflects a wise investment in you and your facility. We hope you use it for many healthy years!

BODYCRAFT offers a complete array of high-quality fitness equipment. Please refer to our website at www.bodycraft.com to view more ways to enhance your lifestyle.

Your BODYCRAFT machine has all the quality and design elements to make your workout extremely efficient and comfortable. Your new unit is a serious cardio machine that will keep you motivated, challenged and within reach of your fitness goals. Strength & cardiovascular training is vital for all ages which will provide an effective workout, producing results that will encourage you to reach your fitness goals and maintain the body you have always wanted.

Spending 15 to 30 minutes a day, three times a week, is all you need to start seeing the benefits of a regular exercise program.

As a premium exercise equipment manufacturer, we are committed to your complete satisfaction. If you have questions, suggestions or find missing or damaged parts, we guarantee your complete satisfaction through our authorized dealer network or by contacting us directly. Please call your local dealer or BODYCRAFT.

BODYCRAFT (a division of Recreation Supply, Inc.)
7699 Green Meadows Dr.
Lewis Center, OH 43035

Phone: 800-990-5556 9 am - 5 pm EST **Email:** service@bodycraft.com

Proof of purchase must be supplied to validate warranty and the product must have been registered with BODYCRAFT via online at www.bodycraft.com or by calling 800-990-5556 or 740-965-2442 M-F 9 a.m. - 5 p.m. EST.

For parts orders, owner's manuals, software update files, exercise guides and contact information scan this QR code.

Or go to:

<https://www.bodycraft.com/customer-support>

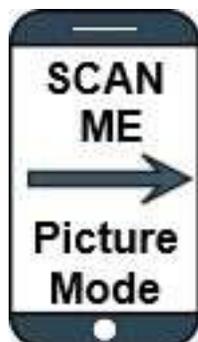


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Energy
saving

Energy Saving Function: These consoles are equipped with a power saving function. This means after 10 minutes of inactivity, it will automatically power off. Press any key on the console for X-9LCD or touch the screen for X-10TS/X-16TS to wake up the console from power save mode.

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FCC Information

Caution: Please note that changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

Reorient or relocate the receiving antenna.

Increase the separation between the equipment and receiver.

Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

Consult the dealer or an experienced radio/TV technician for help.

FCC CAUTION: Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate this equipment.

Safety and Warnings - Bike



There is a risk assumed by individuals who use this type of equipment. A moment's lack of attention can result in an accident, as can failure to observe certain simple safety precautions.

Read, study and understand the Assembly Instructions and all the warning labels on this product. Furthermore, it is recommended to familiarize yourself and others with the proper operation and workout recommendations for this BODYCRAFT product prior to use.

- We recommend that two people be available for moving and assembly of this product.
- Keep children away from the *Bike*. Do not allow children to use or play on the *Bike*.
- Keep children and pets away from the *Bike* when it is in use.
- It is recommended that you place this exercise equipment on an equipment mat.
- Set up and operate the *Bike* on a solid level surface. Do not position the *Bike* on loose rugs or uneven surfaces.
- Inspect the *Bike* for worn or loose components prior to use.
- Tighten/replace any loose or worn components prior to using the *Bike*.
- Always choose the workout which best fits your physical strength and flexibility level. Know your limits and train within them.
- Always use common sense when exercising.
- Keep hands, limbs, loose clothing and long hair well out of the way of moving parts.
- Do not wear loose or dangling clothing while using the *Bike*.
- Never exercise in bare feet or socks; always wear correct footwear, such as running, walking, or cross-training shoes.
- Be careful to maintain your balance while using, mounting, dismounting, or assembling the *Bike*. Loss of balance may result in a fall and serious bodily injury.

Safety and Warnings - Bike

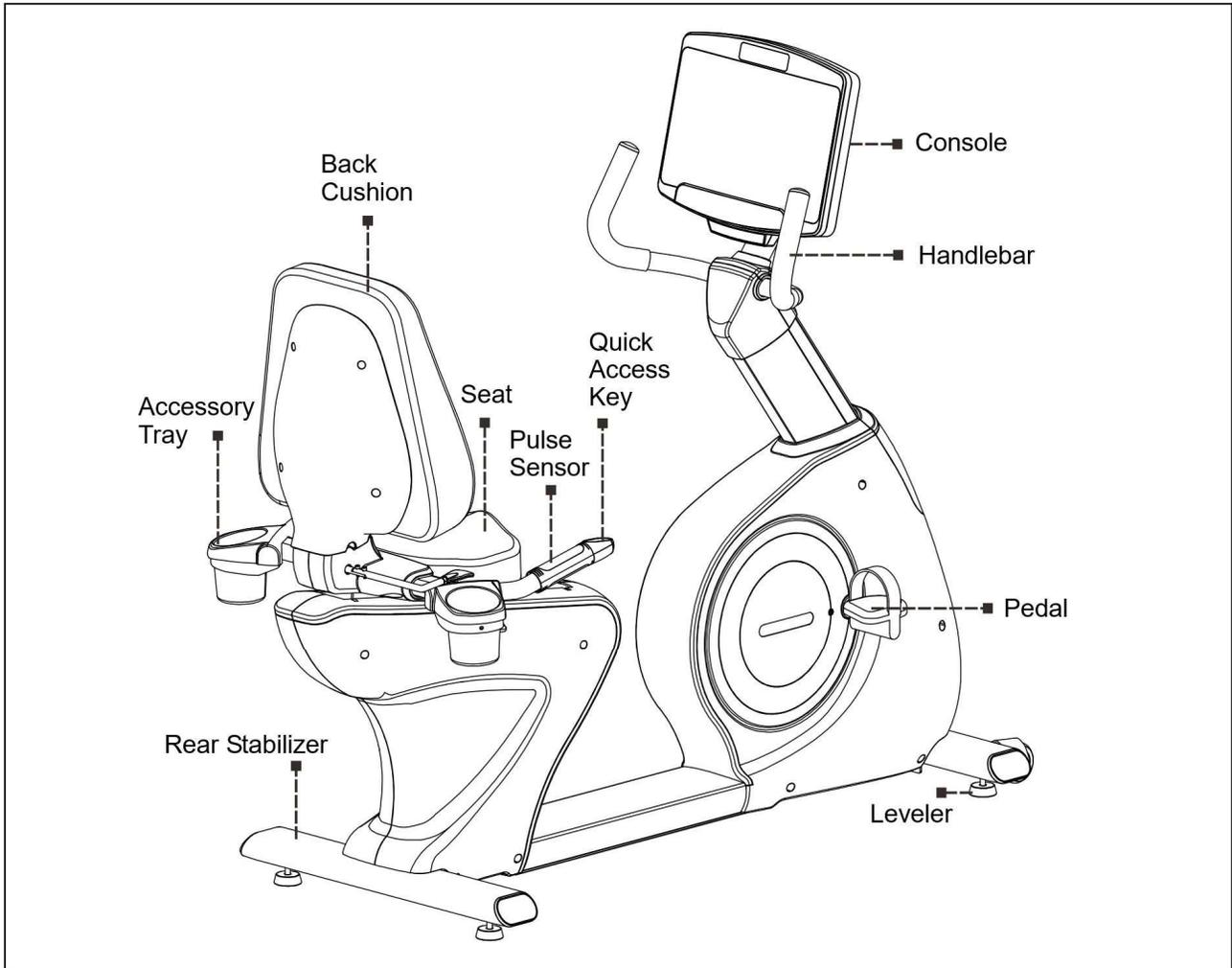
- Keep both feet firmly and securely on the Foot Pedals while exercising.
- This *Bike* should not be used by persons weighing over 400 pounds /181 kgs.
- The *Bike* should be used by only one person at a time.
- Make sure that adequate space is available for access to and passage around the *Bike*; keep at least a distance of 3 feet from any object while using the machine.
- This *Bike* is designed for commercial and home usage.
- **Maintenance:**
 - Replace any defective components immediately and/or keep the equipment out of use until the equipment is completely repaired.
 - Clean seat, plastic and frame on a regular basis. We recommend warm, soapy water. Do not use harsh or abrasive chemicals.

WARNING: Before using this product or any exercise or conditioning program, you should consult with your personal physician to see if you require a complete physical exam. This is especially important if you have never exercised before, are pregnant, or suffer from any illness. Follow your physician's recommendations in developing your own personal fitness program.

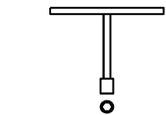
READ AND FOLLOW THE SAFETY PRECAUTIONS. FAILURE TO FOLLOW THESE INSTRUCTIONS CAN RESULT IN SERIOUS BODILY INJURY.



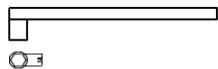
Product Overview Components and Tools for Assembly



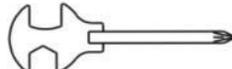
THE FOLLOWING TOOLS ARE INCLUDED FOR ASSEMBLY:



T-HAND SOCKET WRENCH (17mm)



SOCKET WRENCH (13mm)



COMBINATION WRENCH (65mm)



ALLEN WRENCH (6mm)



ALLEN WRENCH (4mm)

THE FOLLOWING TOOLS ARE RECOMMENDED FOR EASIER ASSEMBLY:



SOCKET SET 3/8 drive w/ 3" & 6" EXTENSION for 13mm & 17mm



OPEN & CLOSED WRENCHES for 13mm & 17mm



ALLEN WRENCHES SET 4mm to 10mm



PHILLIPS SCREWDRIVERS #2 w/ Magnetic TIP



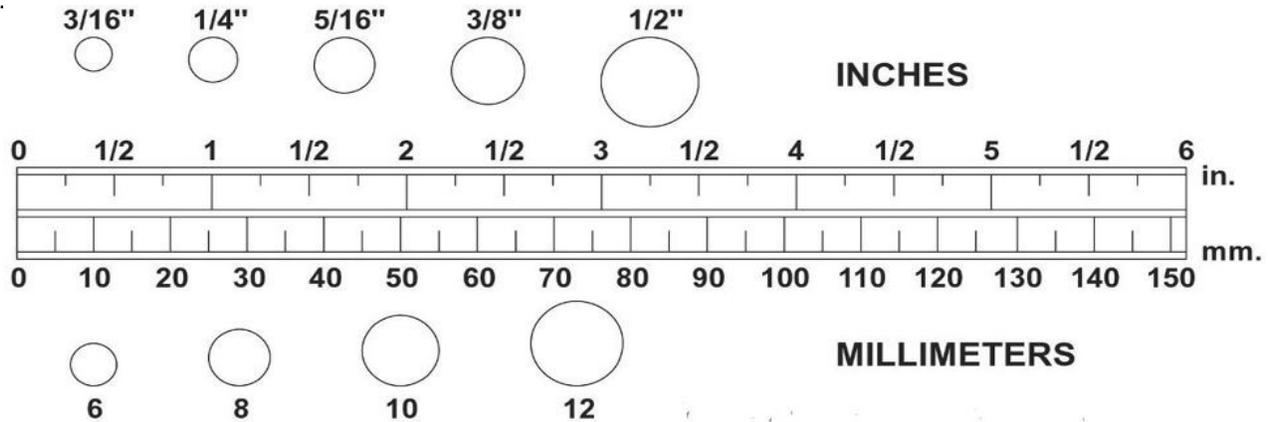
EXTRA LONG PEDAL WRENCHES 15mm (min 8" long)



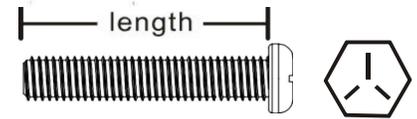
TORQUE WRENCH 3/8 DRIVE

Hardware Identification Chart

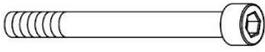
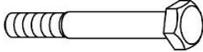
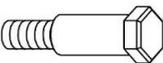
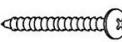
Unpack the box in a clear area. Use the **List of Hardware** below to check the contents of the hardware kit. This chart is provided to help identify the hardware used in the assembly process. Place the washers, the end of bolts, or screws on the circles to check for the correct diameter. Use the ruler to check the length of the bolts and screws.



NOTICE: The length of all bolts and screws except those with flat heads is measured from below the head to the end of the bolt or screw. Flat head bolts and screws are measured from the top of the head to the end of the bolt or screw.

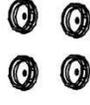
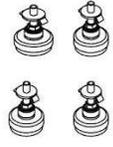
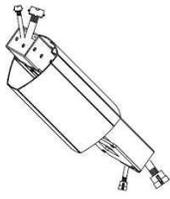
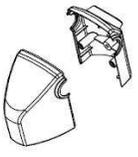
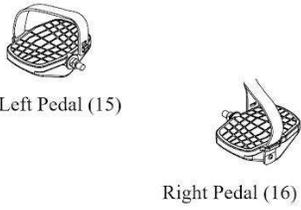
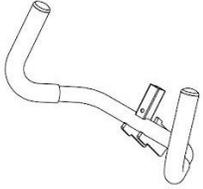
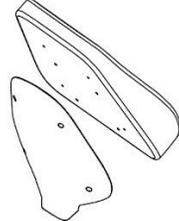
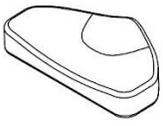
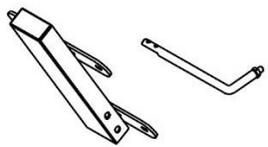
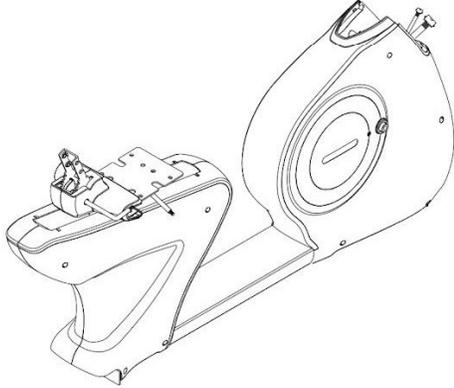
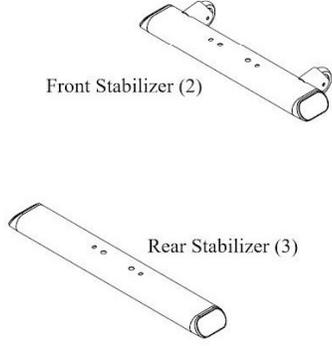


Please review below to know the content of the hardware kit.
If a part is not in the hardware bag, check to see if it has been preassembled..

107 Bolt, Socket Head (M8 x p1.25 x 50mm) 2 pcs 	 161 Lock Washer (M6) 4 pcs
112 Bolt, Hex Head (M8 x p1.25 x 65mm) 4 pcs 	 86 Lock Washer (M8) 6 pcs  90 Washer (M6 x 13 x 1.0t) 4 pcs  87 Washer (M8 x 30 x 2.0t) 4 pcs
117 Bolt, Hex Head (M10 x p1.5 x 50mm) 2 pcs 	96 Self-Tapping Screw, Flat Head (M4 x 10mm) 4 pcs 
143 Bolt, Hex Head Flange (M8 x p1.25 x 16mm) 7 pcs 	97 Self-Tapping Screw, Flat Head (M4 x 20mm) 4 pcs 
150 Nut Cap (M8) 1 pc 	140 Self-Tapping Screw, Flat Head (M4 x 32mm) 4 pcs 
	99 Screw, Phillips Pan Head (M5 x 0.8p x 20mm) 1 pc 
	142 Screw, Phillips Pan Head (M5 x 0.8p x 20mm) 4 pcs 
	100 Screw, Phillips Pan Head (M5 x p0.8 x 15mm) 2 pcs 

Assembly Parts

Unpack the box in a clear area. Follow the **List of Assembly Parts** below to check and make sure all assembly parts are present and in good condition. Do not dispose of the packing material until the assembly process is completed. Assembly tools and hardware kit have included for you to use when assembling the product

<p>Back Console Cover (33)</p> 	<p>Screw Cap (34)</p>  <p>4 each</p>	<p>Leveler (28)</p>  <p>4 each</p>	<p>Console Tube (32)</p> 	<p>Upright Post (8)</p> 
<p>Front & Rear Tube Cover (138, 139)</p> 	<p>Front Decoration Cover (13) & Adjustment Bar (39)</p> 	<p>Pedal (15, 16)</p>  <p>Left Pedal (15) Right Pedal (16)</p>	<p>Seat Handlebar (4) & Accessory Tray (40)</p> 	
<p>Upper Handlebar (9)</p> 	<p>Back Cushion (48) & Back Cushion Cover (49)</p> 	<p>Seat (46)</p> 	<p>Back Cushion Frame (6) & Cushion Adjustment Lever (75)</p> 	
<p>Adaptor (151) & Power Cord (153)</p> <p>(12DC / 3A)</p> 	<p>Main Frame (1)</p> 		<p>Front and Rear Stabilizer (2, 3)</p>  <p>Front Stabilizer (2) Rear Stabilizer (3)</p>	

NOTE: 9" LCD Console will NOT NEED the **Power Adaptor (151) & Power Cord (153)** for use. The **Power Adaptor (153) & Power Cord (153)** are REQUIRED for the 16" & 10" Touch Screen Consoles or charging the battery, if needed, for the 9" LCD console.

Shipping Boxes and What's Inside Each One

Small Box 1 of 2

1 each @ 9 lbs
19" x 6.25" x 5"

(Includes the console model that was ordered)



Large Box 2 of 2

1 each @ 194 lbs
67" x 15" x 31"



BODYCRAFT reserves the right to make improvements at any time which may affect color, parts, materials, size, weight, or any other aspect.

Product Assembly

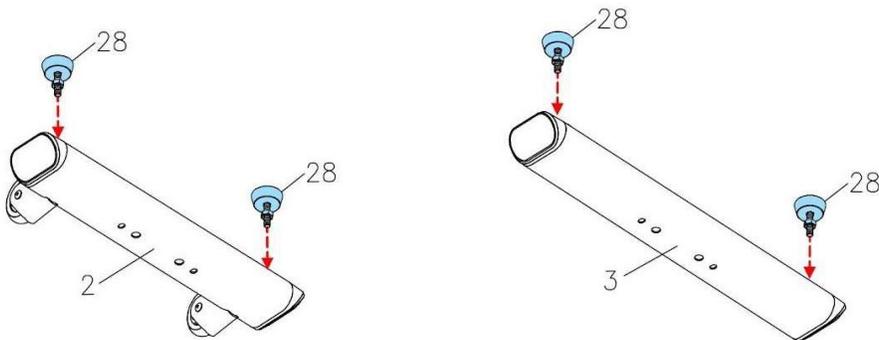
TIP: Place all parts from the boxes in a cleared area and position them on the floor in front of you. Remove all packing materials from your area and place them back into the box. Do not dispose of the packing materials until assembly is completed.

Read each step carefully before beginning.

STEP 1 – Leveler & Stabilizer Assembly

- a. Attach 4pcs **Levelers (#28)** to the **Front Stabilizer (#2)** and the **Rear Stabilizer (#3)**. Completely screw **Levelers (#28)** down to frame with no threads showing. Last Step level to floor.

NOTE: Flip upside down and install the levelers. Then flip over with levelers (11) touching the ground for next STEP.



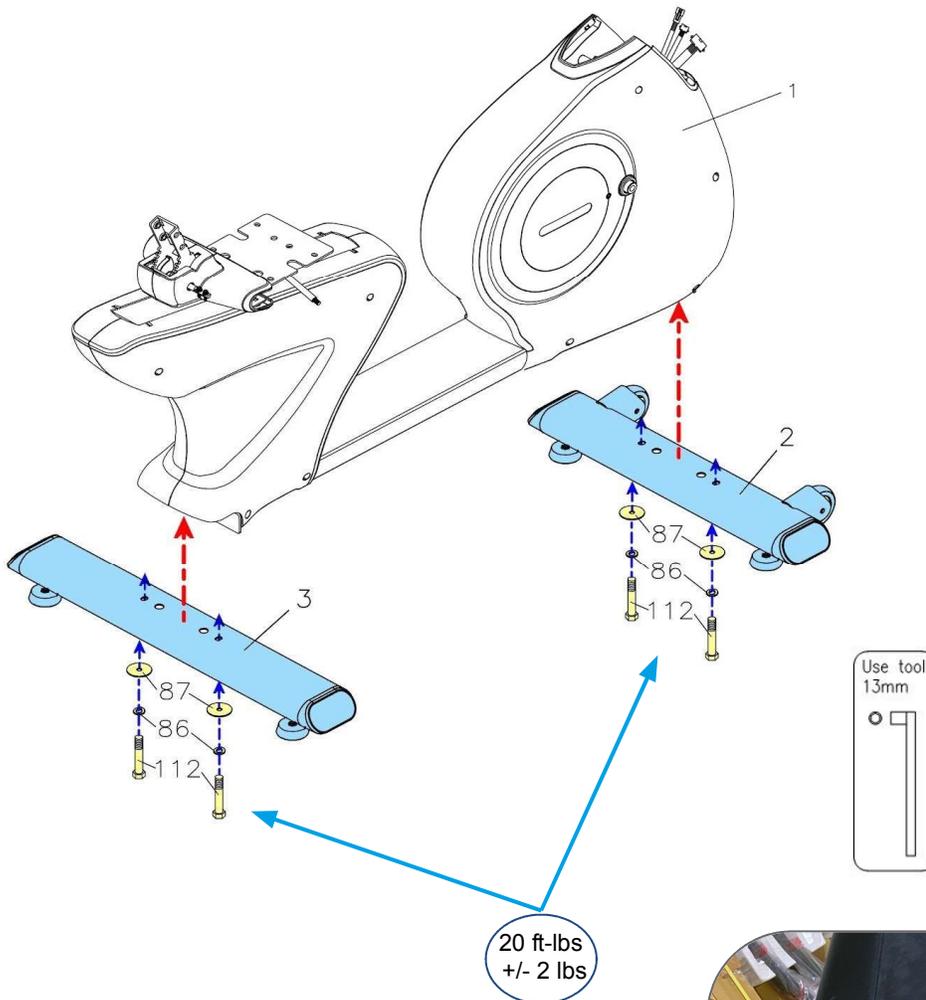
- b. In order to assemble the **Stabilizers (#2 & #3)** smoothly, it is suggested to place one Styrofoam (or any stationary solid object) under one side of the **Main Frame (#1)**.

Product Assembly

STEP 1 – Leveler & Stabilizer Assembly (Continued)

c. Attach the **Front Stabilizer (#2)** onto the **Main Frame (#1)** and secure with 2pcs **Washers (#87, M8 x 38 x 2.0t)**, 2pcs **Lock Washers (#86, M8)** and 2pcs **Hex Bolts (#112, M8 x p1.25 x 65mm)**.

d. Attach the **Rear Stabilizer (#3)** onto the **Main Frame (#1)** and secure with 2pcs **Washers (#87, M8 x 38 x 2.0t)**, 2pcs **Lock Washers (#86, M8)** and 2pcs **Bolts (#112, M8 x p1.25 x 65mm)**.



e. "Torque Time" - Tighten the **Hex Bolts (#112)** to the recommended **20 ft-lbs +/- 2 lbs**.



Product Assembly

STEP 2 – Upright Post Assembly

NOTE: Refer to **FIG. 1 & 2**, check that 2pcs **Nylon Nuts (#126, M10 x p1.5)** have been preassembled into the front of the **Main Frame (#1)**. They will **NOT BE** tight so that slotted bracket of the upright post will slide down between the nut and the frame. **This built-in design helps to ease assembly!**

- Slide down **Upright Post (#5)** into the **Mainframe (#1)** until the slotted open metal goes over welded-in bolts. Install the 2pcs **Hex Bolts (#117)** by using the **T-HEAD SOCKET WRENCH (17mm)** as shown.
- Then fully tighten the 2pcs **Nylon Nuts (#126, M10 x p1.5)**. Also use the **T-HEAD SOCKET WRENCH (17mm)** as shown.

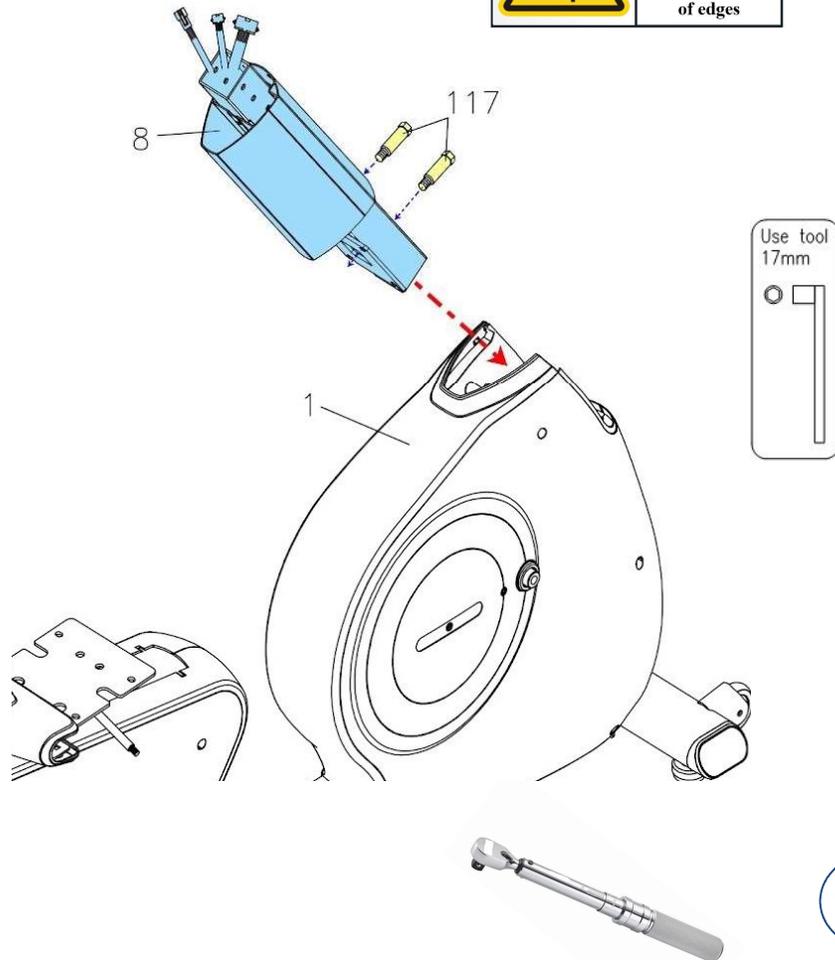
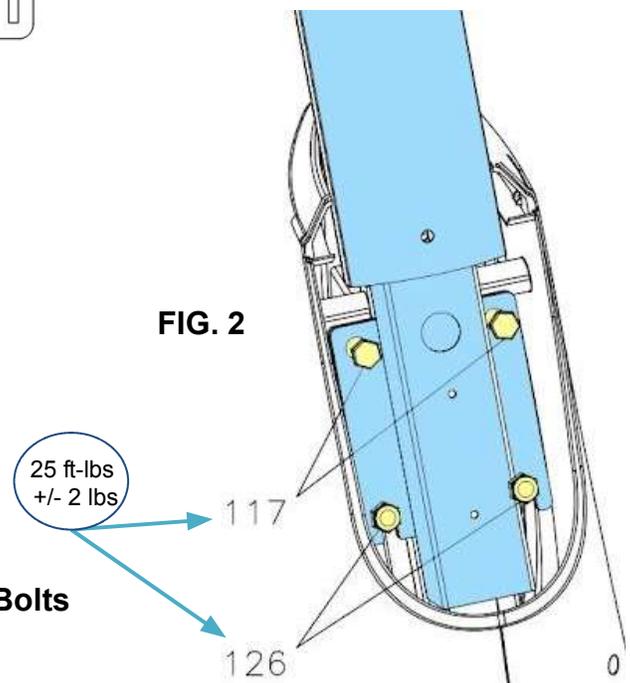


FIG. 1



FIG. 2



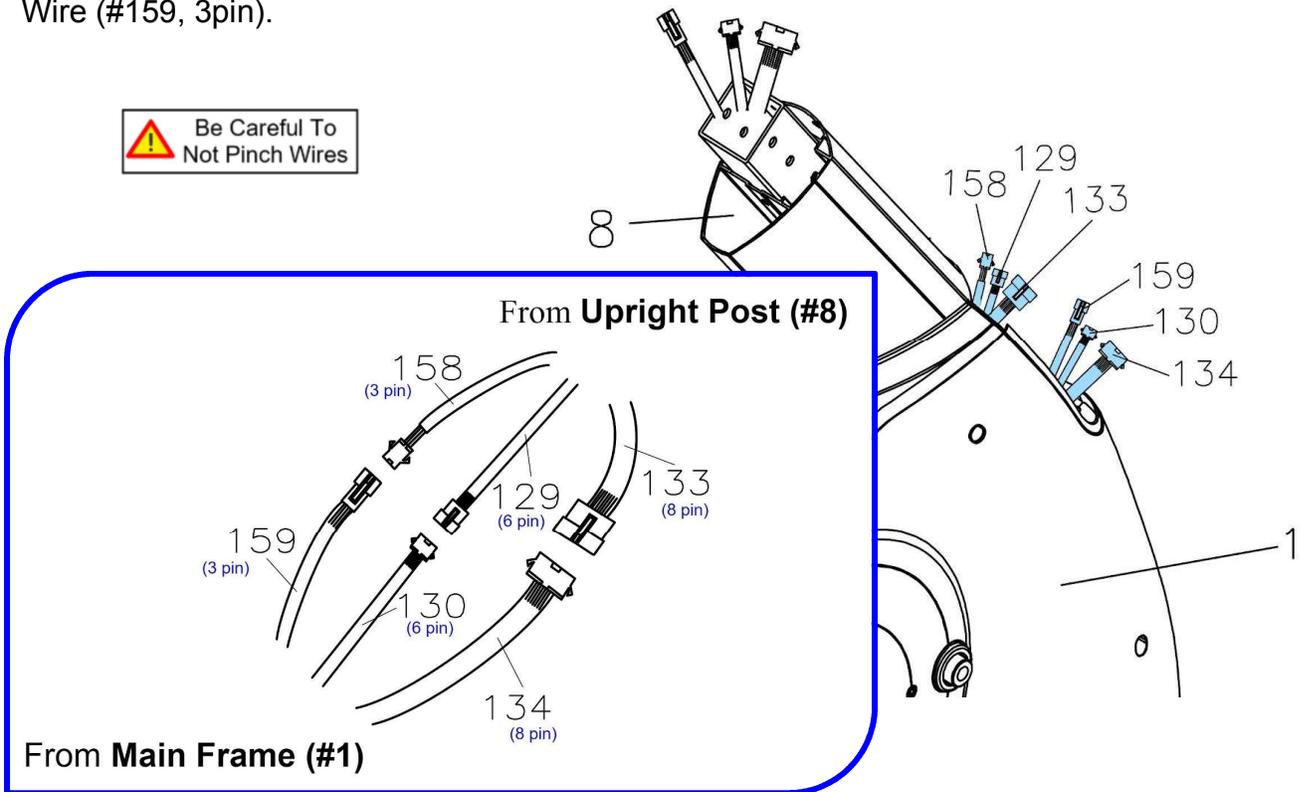
- “Torque Time”** - Tighten the **Nylon Nuts (#126) & Bolts (#117)** to the recommended **25 ft-lbs +/- 2 lbs**.

Product Assembly

STEP 3 – Connection Wire Assembly

NOTE: Make sure all wire connectors fully click when connected to each other. Also be careful not to pinch the wires when assembling STEP 3a-c.

- Plug the Upper Connection Wire (#129, 6pin) into the Middle Connection Wire (#130, 6pin).
- Plug the Pulse Sensor Wire 1 (#133, 8pin) into the Pulse Sensor Wire 2 (#134, 8pin).
- Plug the First Battery Connection Wire (#158, 3pin) into the Second Battery Connection Wire (#159, 3pin).



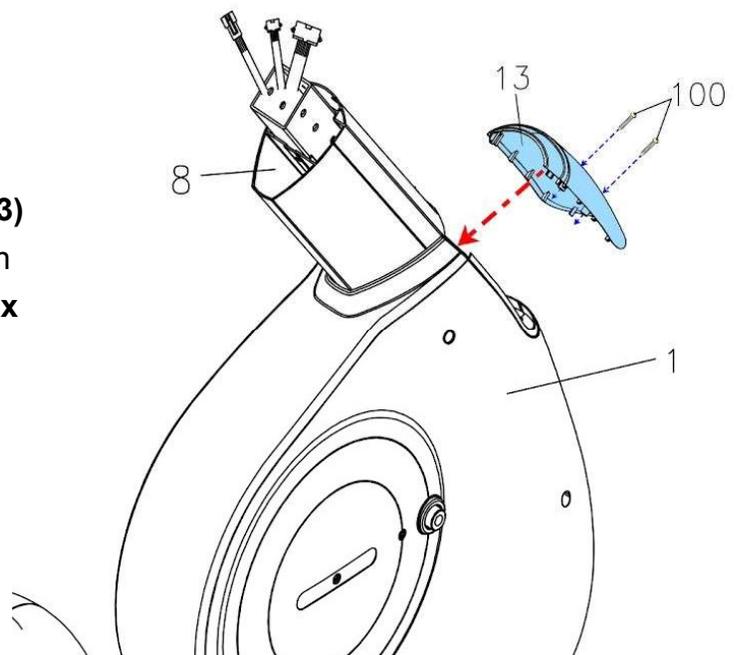
STEP 4 – Front Decoration Cover Assembly

- Attach the Front Decorative Cover (#13) onto the front of the Main Frame (1) with 2pcs Round Screws (#100, M5 x p0.8 x 30mm).

Recommended Tool:



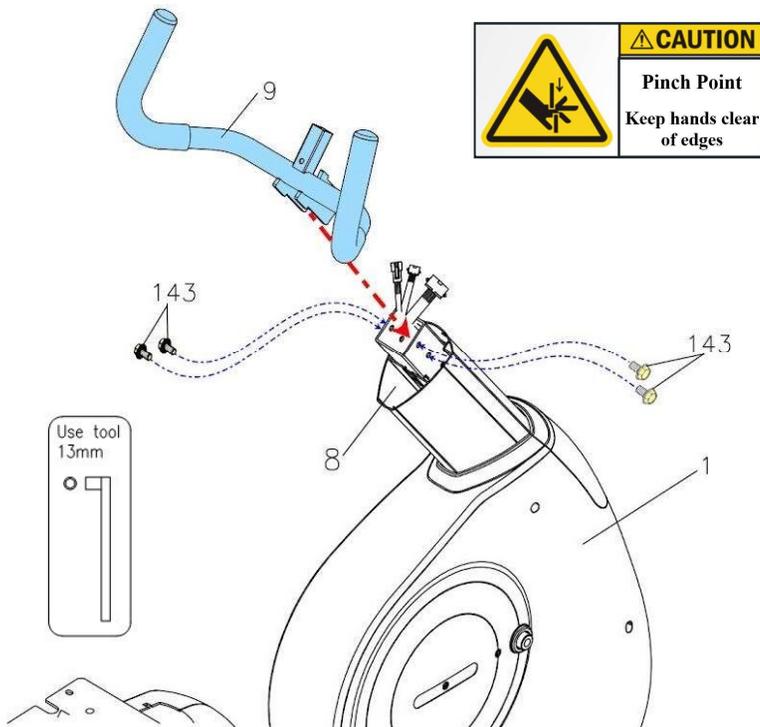
PHILLIPS SCREWDRIVER #2
w/ Magnetic TIP



Product Assembly

STEP 5 – Stationary Handlebar Assembly

Attach the **Stationary Handlebar (#9)** to the **Upright Post (#8)** and secure with 4pcs **Hex Head Flange Bolts (#143, M8 x p1.25 x 16mm)**.



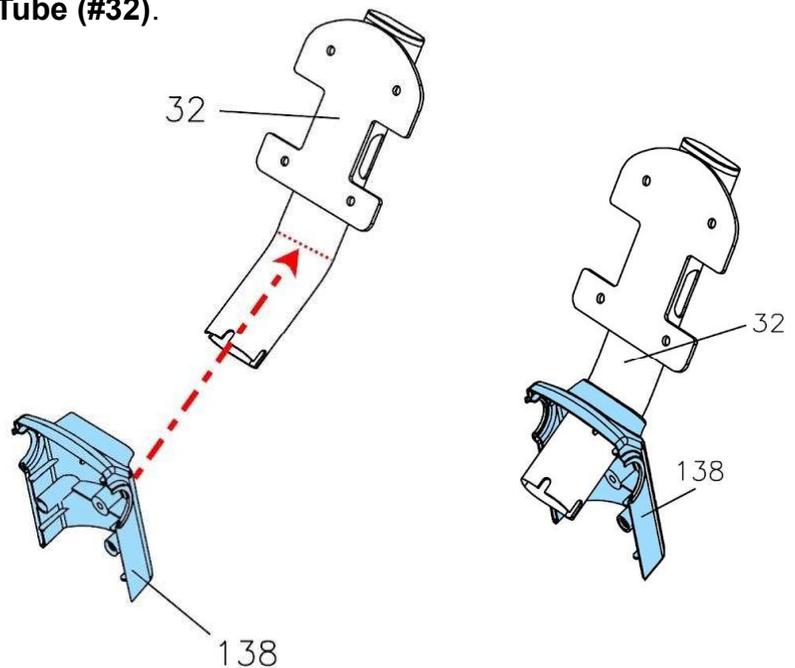
TIP: Fill-the-Gap with the extra parts plastic bag, keeps potential bolts & tools from accidentally falling into frame.



TIP: Using an extra parts plastic bag will help keep the **Front Tube Cover (#138)** from sliding off or in the way during assembly.

STEP 6 – Tube Cover Assembly

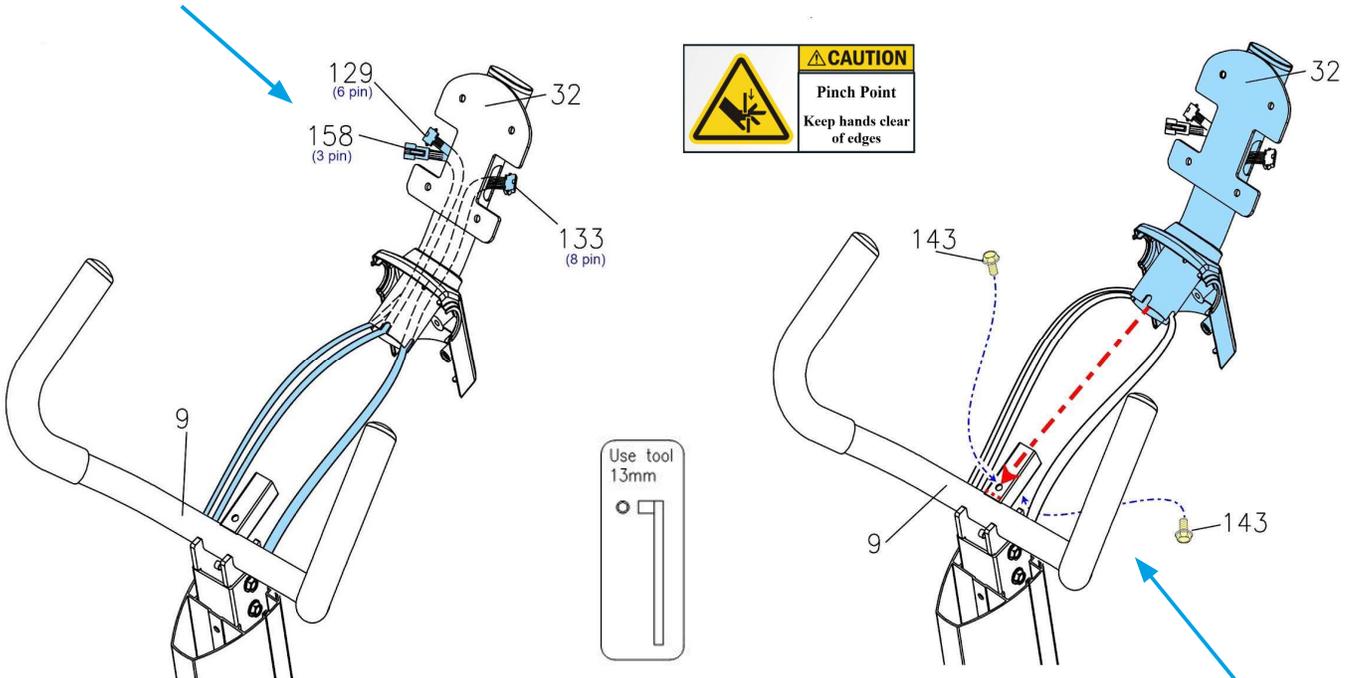
Slide the **Front Tube Cover (#138)** onto the **Console Tube (#32)**.



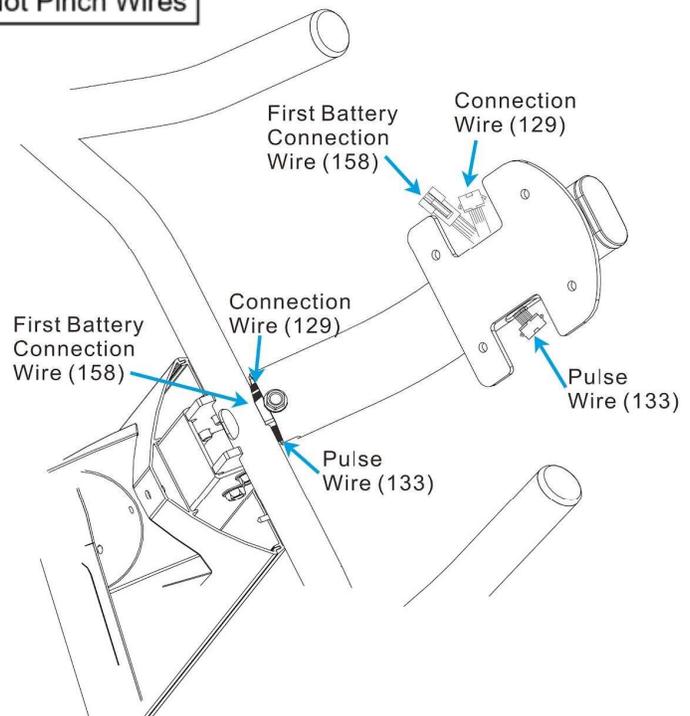
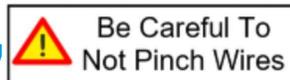
Product Assembly

STEP 7 – Wire, Console Tube Assembly

- a. In order to avoid Bolt (#143, M8 x p1.25 x 16mm) pinching the wires, gently slide the **Upper Connection Wire (#129)**, **Pulse Sensor Wire (#133)** and **First Battery Wire (#158)** inside two sides of the **Console Tube (#32)** as the drawing shown below.

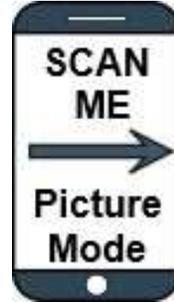


- b. Then slide the **Console Tube (#32)** onto the **Handlebar (#9)**.



Product Assembly

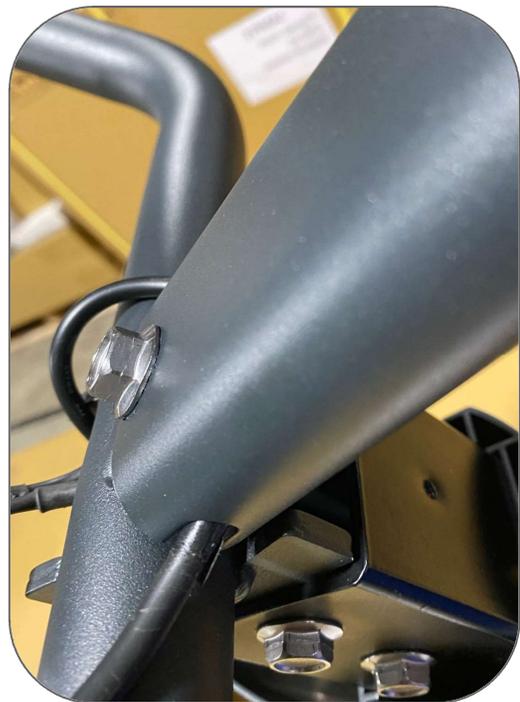
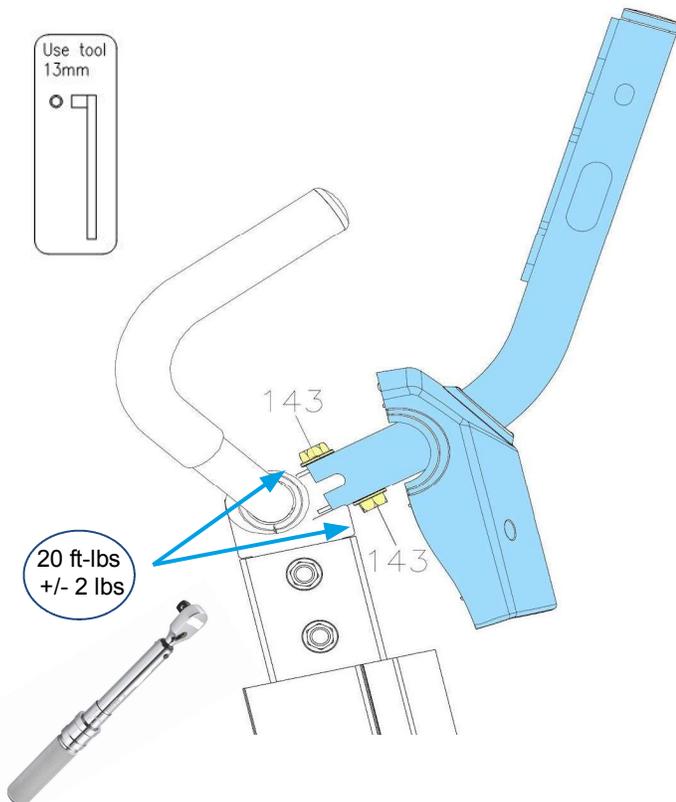
TIP: Console tube alignment is easily done with tape measure before torquing bolts down. This secures the new large console is level. Scan the QR code below to see Video on YouTube.



<https://youtu.be/7p3xIYCW2O4>

STEP 7 – Wire, Console Tube Assembly (Continued)

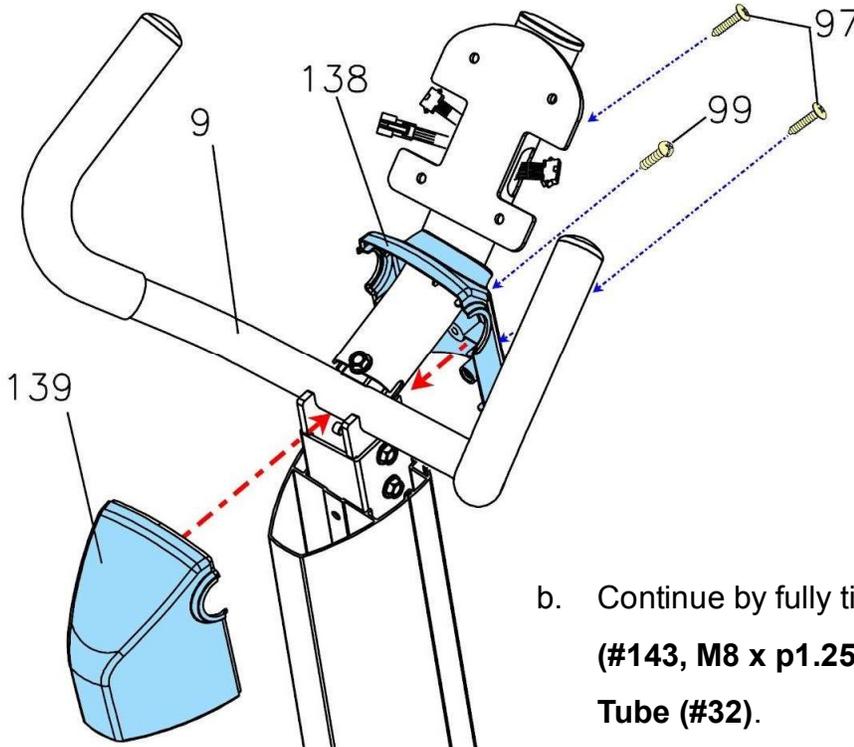
- c. Make sure the **Console Tube (#32)** is in the center of the Handlebar and then fully tighten 2pcs **Hex Head Flange Bolts (#143, M8 x p1.25 x 16mm)** as the drawing shown below.



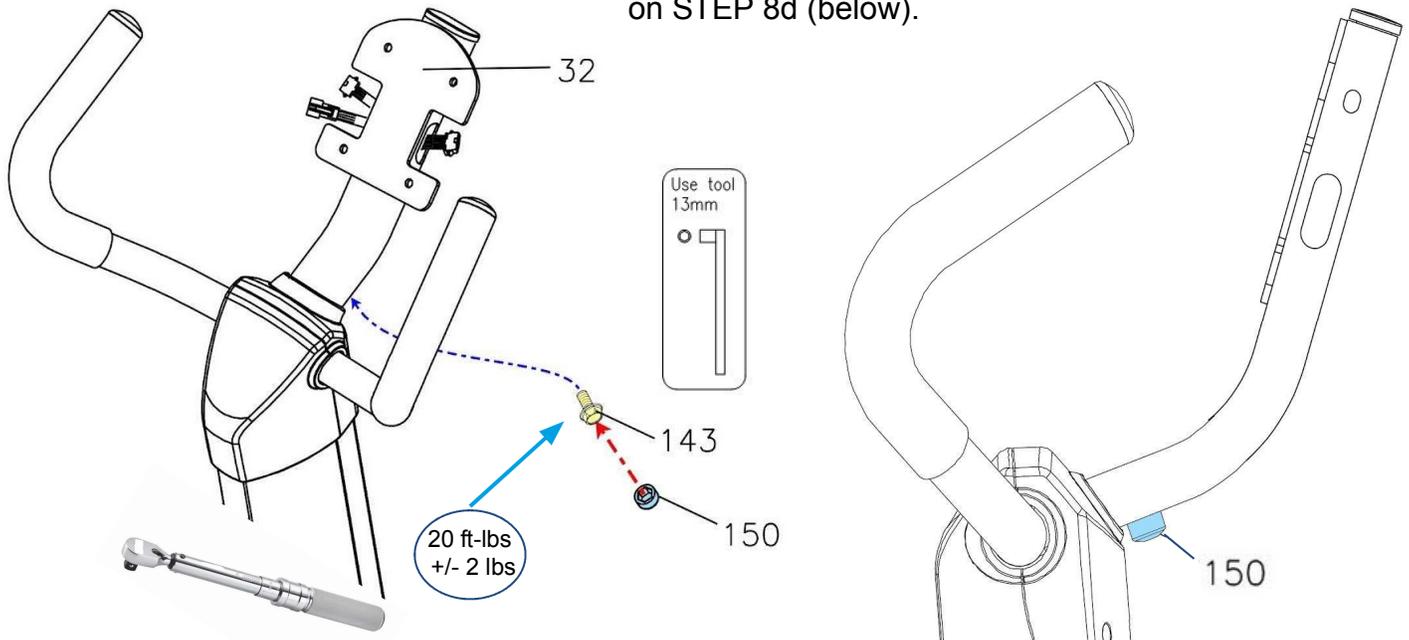
- d. “Torque Time” - Tighten the **Hex Flange Bolts (#143)** to the recommended **20 ft-lbs +/- 2 lbs**.

STEP 8 – Tube Cover Assembly

- a. Attach the **Front & Rear Tube Cover (#138 & #139)** by fully tighten the 2pcs **Self-Tapping Screws (#97, M4 x 20mm)** and the 1pcs **Round Screw (#99, M5 x p0.8 x 15mm)**.



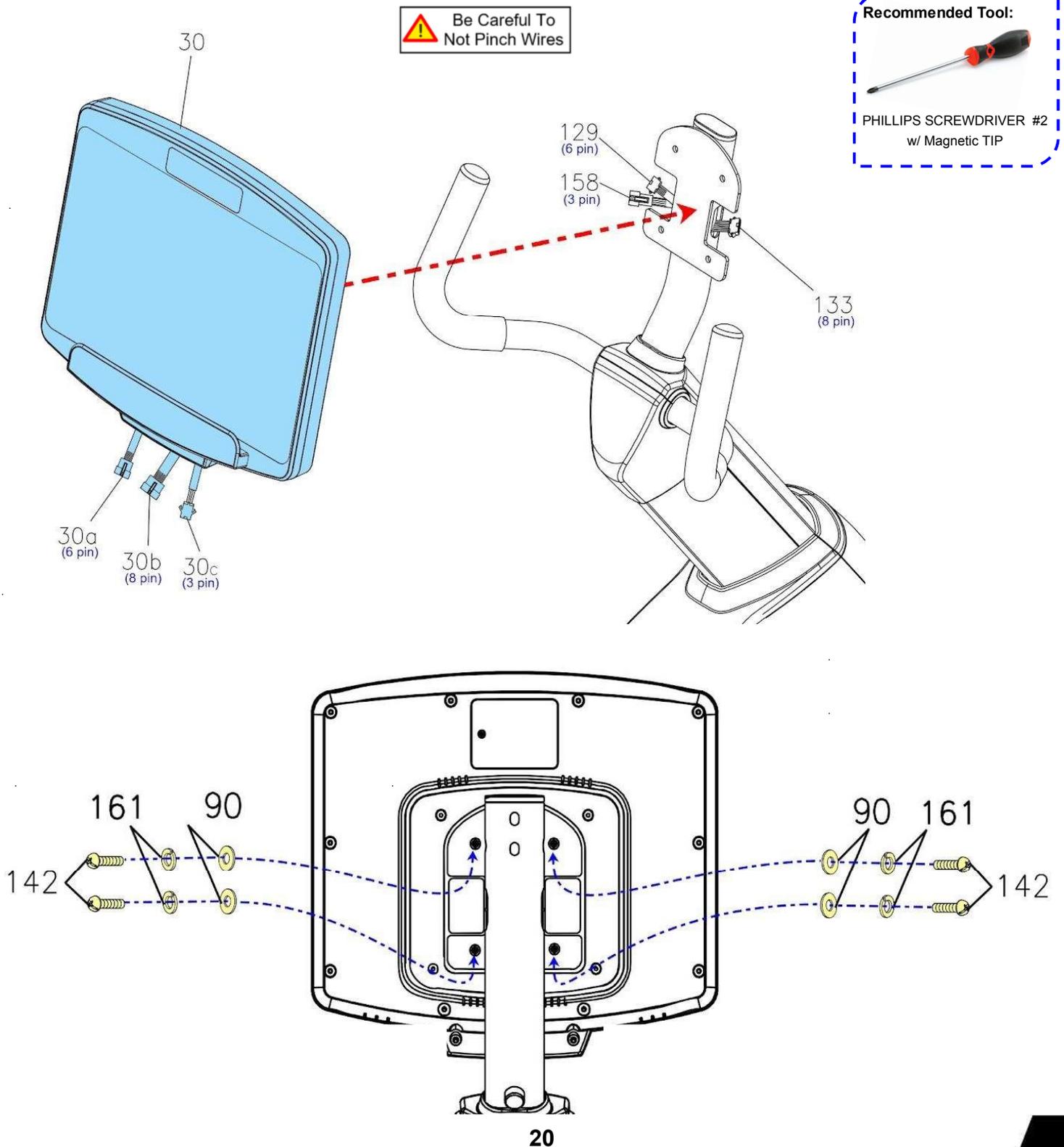
- b. Continue by fully tighten 1pcs **Hex Head Flange Bolts (#143, M8 x p1.25 x 16mm)** to the bottom of the **Console Tube (#32)**.
- c. Finish by installing the **Nut Cap (#150)** after “Torque Time” on STEP 8d (below).



- d. “Torque Time” - Tighten the **Hex Flange Bolt (#143)** to the recommended **20 ft-lbs +/- 2 lbs**.

STEP 9 – Console Assembly

- a. Attach the Console (#30) to the Console Tube (#32) and fully tighten with 4pcs Washers (#90, M6 x 13 x 1.0t), 4pcs Lock Washer (#161, M6), 4pcs Screws, Philips Pan Head (#142, M6 x p1.0 x 15mm).

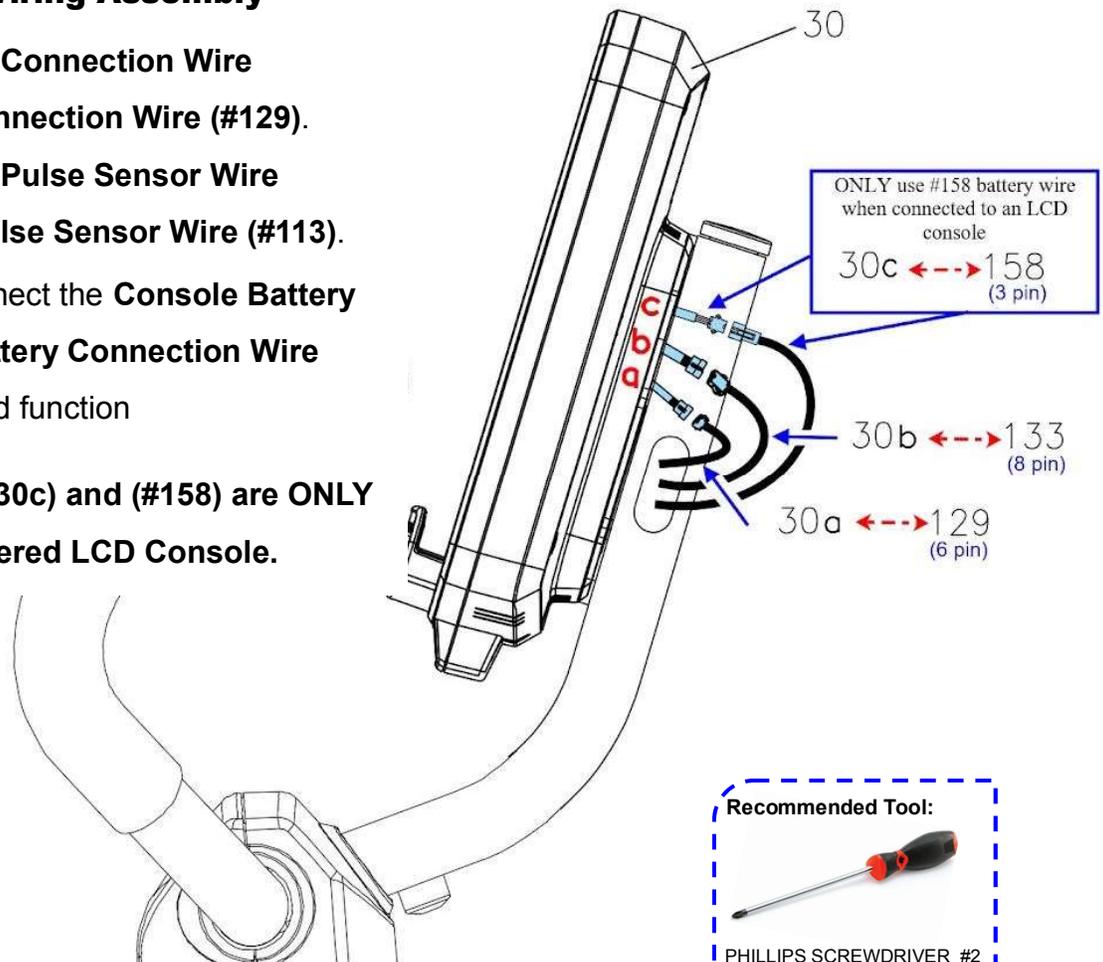


Product Assembly

STEP 10 – Console Wiring Assembly

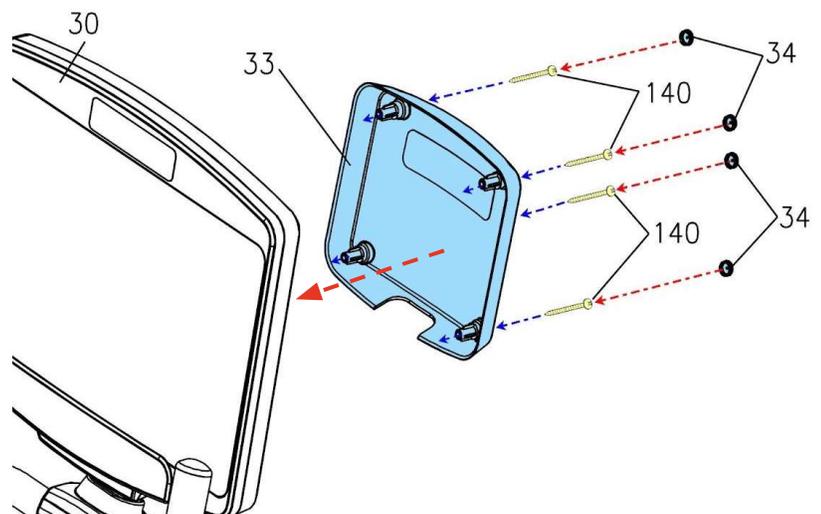
- Connect the **Console Connection Wire (#30a)** to the **First Connection Wire (#129)**.
- Connect the **Console Pulse Sensor Wire (#30b)** to the **First Pulse Sensor Wire (#113)**.
- For LCD console, connect the **Console Battery Wire (#30c)** to the **Battery Connection Wire (#158)** for self-powered function

NOTE: These wires (#30c) and (#158) are **ONLY** for the Self-Powered LCD Console.



STEP 11 – Back Console Cover Assembly

- Attach the **Back Console Cover (#34)** to the **Console (#31)**, then fully tighten with 4pcs **Self-Tapping Screws (#84, M4 x 32mm)**.
- Then press 4pcs **Screw Caps (#35)** onto back of housing.



Please confirm all screws are tightened at this time, then continue to next Step.

STEP 12 – Cushion Adjustment Lever

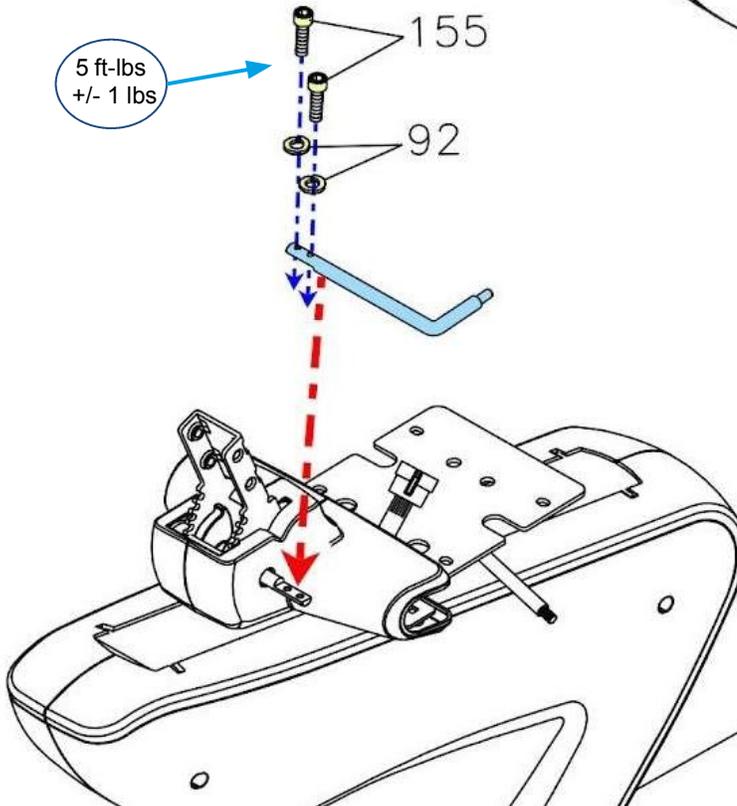
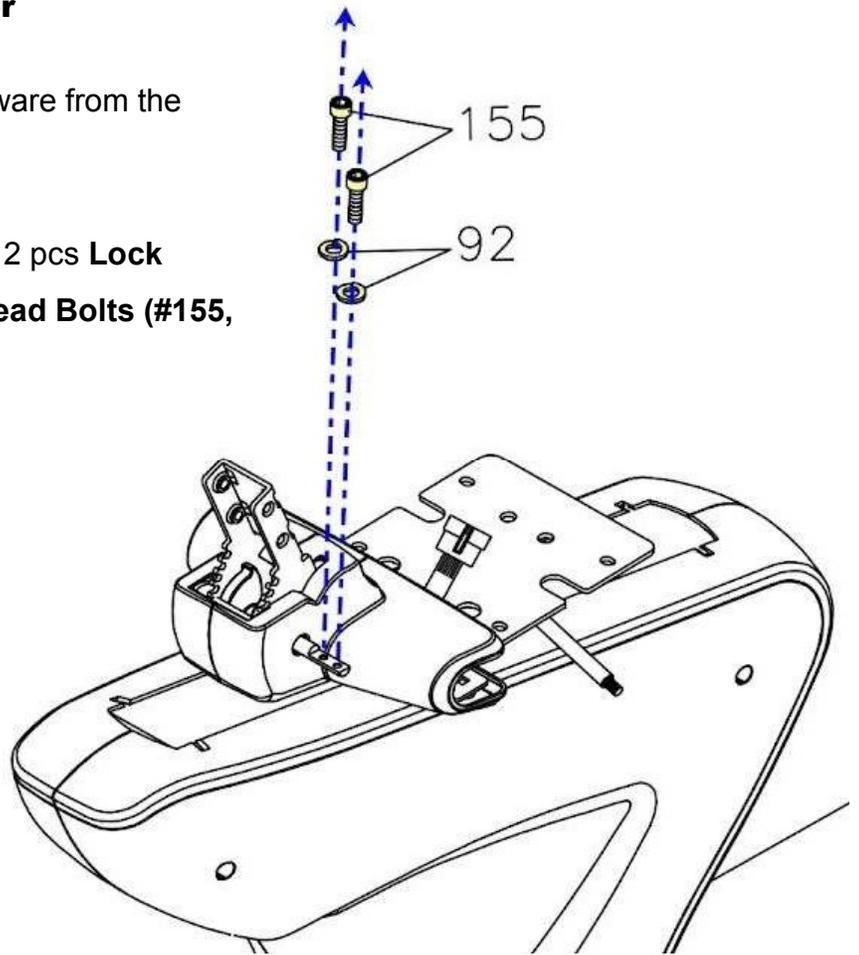
- a. Remove the PREASSEMBLED hardware from the **Cushion Adjustment Lever (#75)**

NOTE: Refer to the image on Right with 2 pcs **Lock Washers (#92, M5)** and 4 pcs **Socket Head Bolts (#155, M5 x p0.8 x 15mm)**.

Recommended Tool:



Allen Wrench 4mm

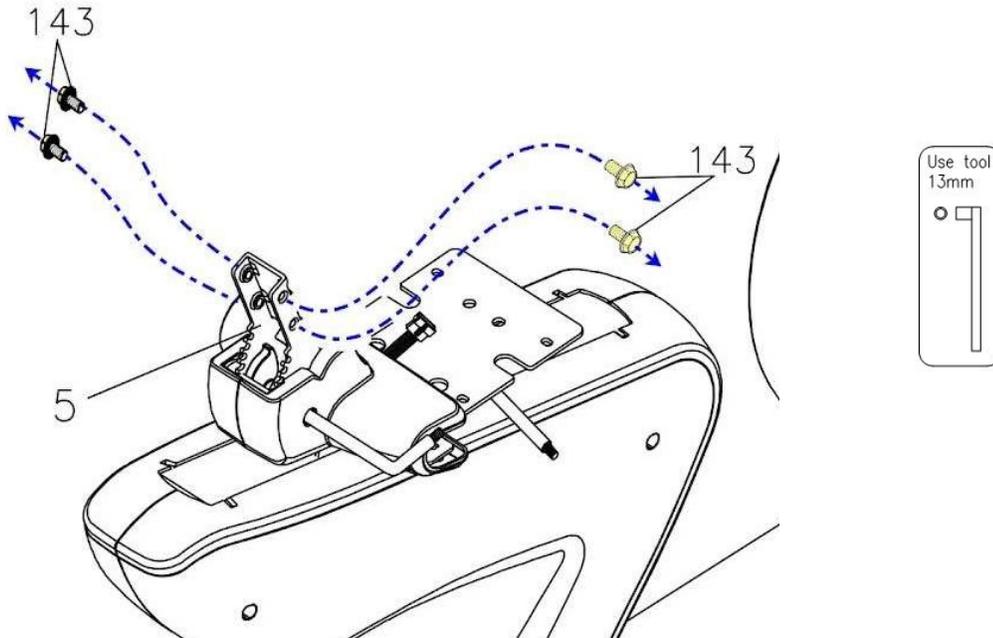


- b. Attach the **Cushion Adjustment Lever (#75)** to the **Back Cushion Adjustment Bracket (#5)** and fully tightened with 2pcs **Lock Washers (#92)** and 2pcs **Socket Bolts (#155)**.
- c. “**Torque Time**” - Tighten the **Socket Bolts (#155)** to the recommended **5 ft-lbs +/- 1 lbs**.

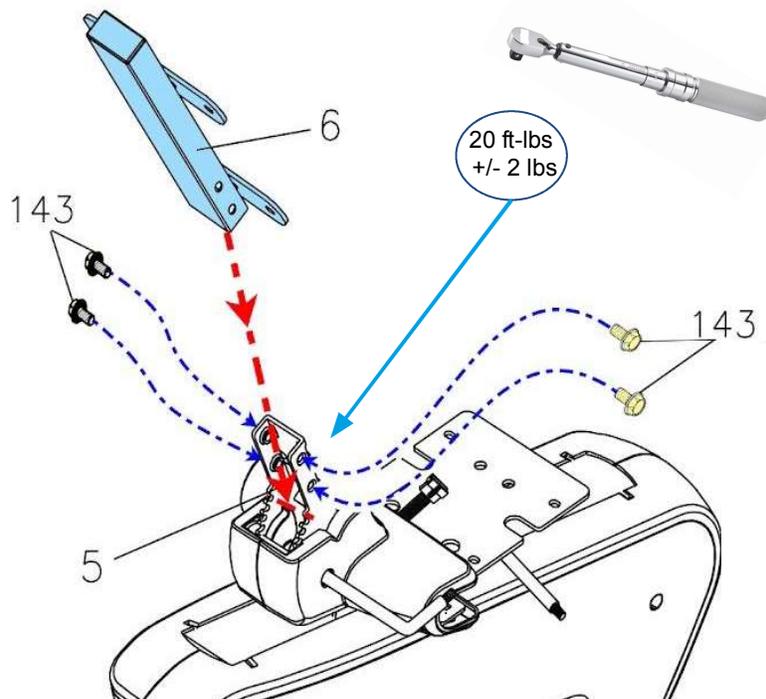
STEP 13 – Square Plug & Back Cushion Frame Assembly

a. Remove the PREASSEMBLED hardware from the **Back Cushion Adjustment Bracket (#5)**.

NOTE: Refer to the image on below with 4 pcs **Hex Head Flange Bolts (#143, M8 x p1.25 x 16mm)**



b. Insert the **Back Cushion Frame (#6)** to the **Back Cushion Adjustment Bracket (#5)** and secure with 4 pcs **Hex Head Flange Bolts (#143, M8 x p1.25 x 16mm)**.

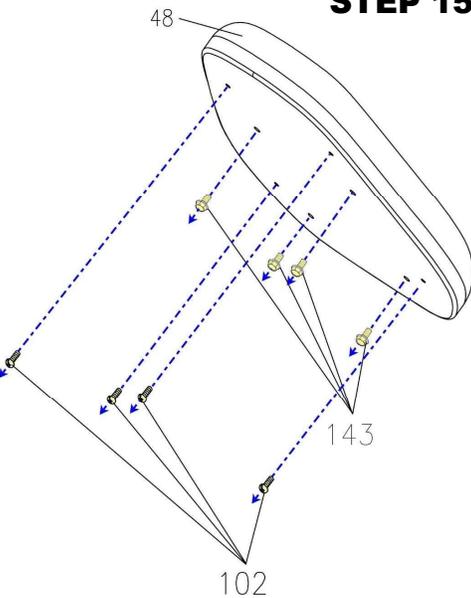


c. “Torque Time” - Tighten the **Hex Flange Bolts (#143)** to the recommended **20 ft-lbs +/- 2 lbs**.

STEP 15 – Back Cushion & Cover Assembly

- a. Remove the PREASSEMBLED hardware from the **Back Cushion (#48)**.

NOTE: Refer to the images on Right & Left with the 4 pcs **Round Bolts (M6 x p1.0 x 20mm) (102)** and 4pcs **Hex Head Flange Bolts (#143, M8 x p1.25 x 16mm)**

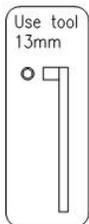
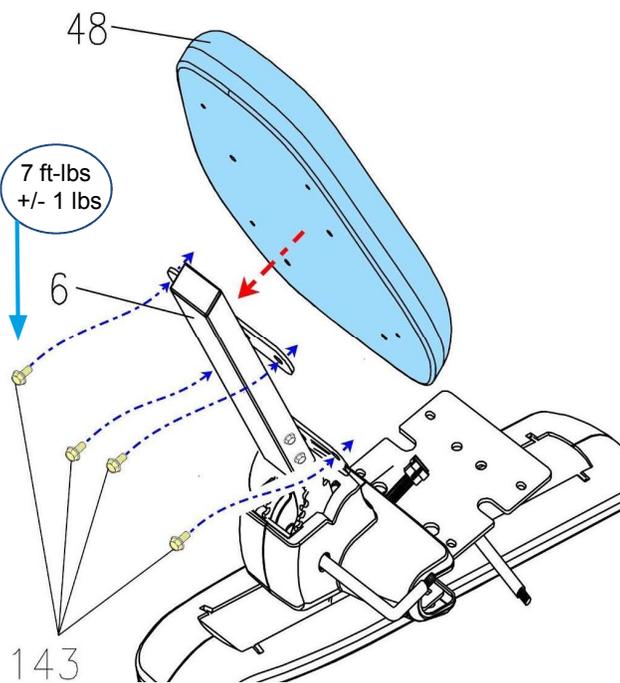


- b. Now attach the **Back Cushion (48)** to the **Back Cushion Frame (6)** and secure with 4pcs **Hex Head Flange Bolts (#143, M8 x p1.25 x 16mm)**.

- c. “Torque Time” - Tighten the **Hex Flange Bolts (#143)** to the recommended **7 ft-lbs +/- 1 lbs**.



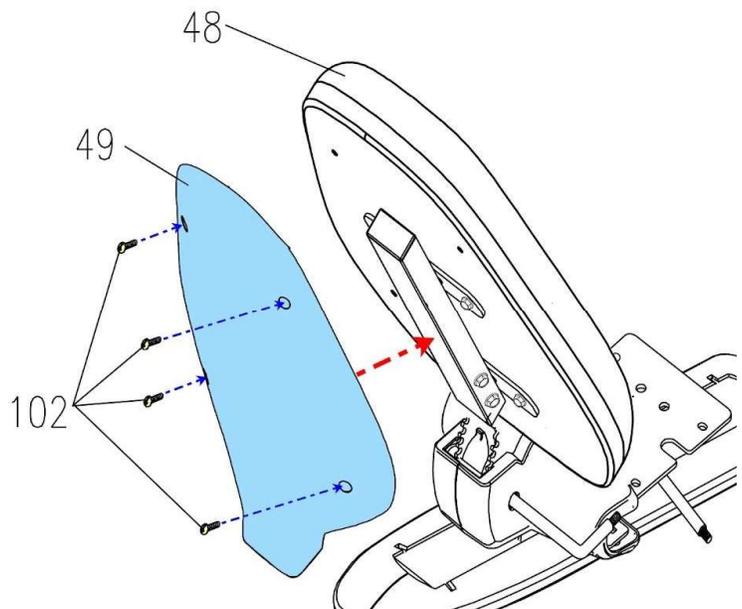
- d. Finish by attaching the **Back Cushion Cover (#49)** to the **Back Cushion (#48)** and secure with 4pcs **Round Bolts (#102, M6 x 20mm)**.



Recommended Tool:



PHILLIPS SCREWDRIVER #2
w/ Magnetic TIP



Product Assembly

STEP 16 – Adjustment Lever Assembly

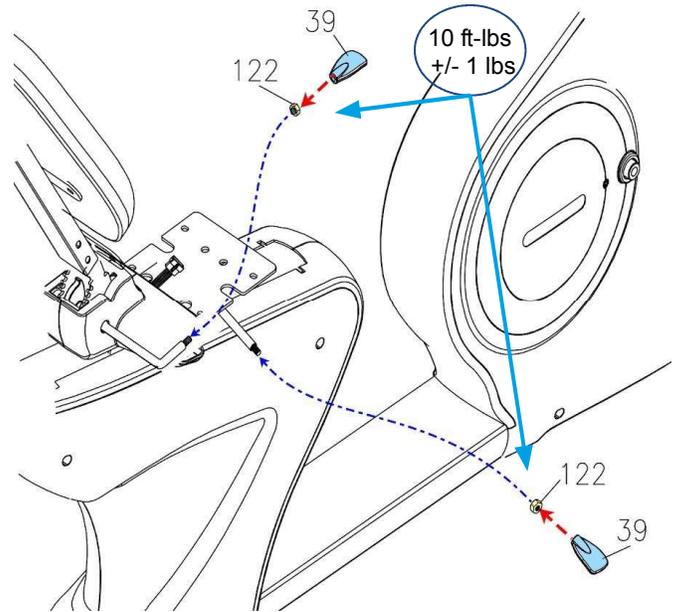
NOTE: For shipping purpose, each **Adjustment Lever** has pre-assembled one pcs **Nut (#122, M8)** as the illustration shown on the right.

- First confirm the **Nut (#122, M8)** is screw into the **Adjustment Lever** fully.
- Then attach each one **Adjustment Bar (#39)** to the **Adjustment Levers**. Screw in as much as possible, then back out only to make Flat with end curve down.

NOTE: Easy to pull for adjustments when in use.

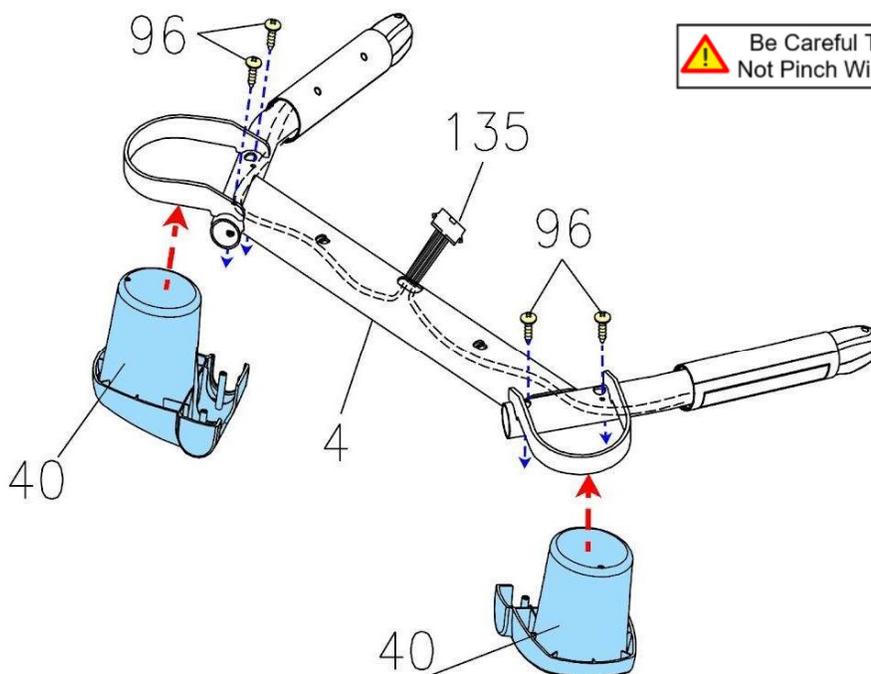
- Fully secure the **Adjustment Bar (#39)** by rotating the **Nut (#122)** in the counterclockwise direction until completely reach to the **Adjustment Bar (#39)**.
- “Torque Time” - Tighten the **Nuts (#122)** to the recommended Torque Specs of **10 ft-lbs +/- 1lb**.

NOTE: Make sure to hold the **Adjustment Bar (#39)** while tightening the nuts.



STEP 17 – Accessory Tray Assembly

- Refer to **FIG.B**, in order to prevent bolts to damage the wires, turn the **Seat Handlebar (#4)** to have the **Pulse Sensor Plate** downward.



Be Careful To Not Pinch Wires

Recommended Tool:

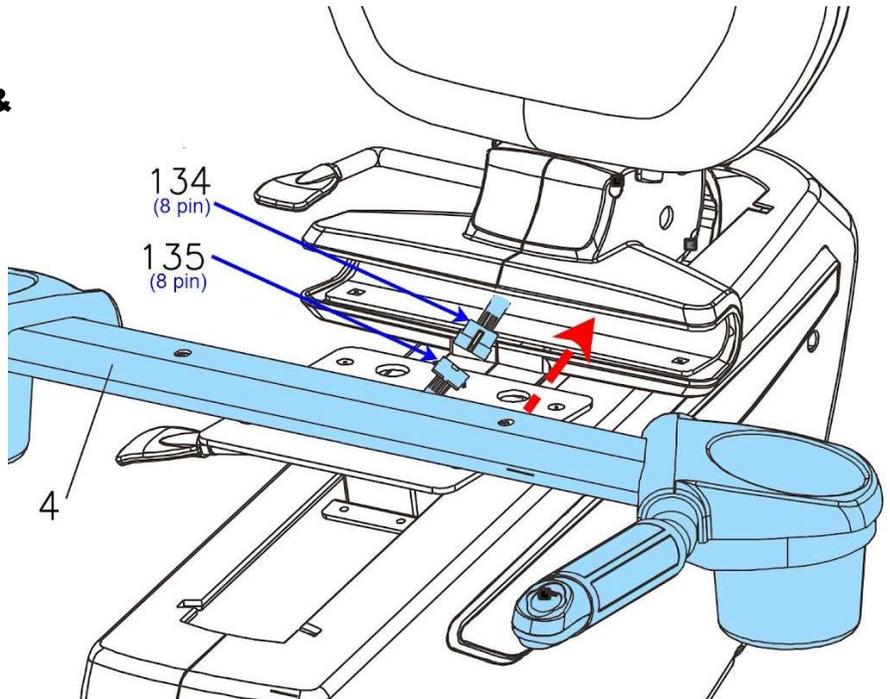


PHILLIPS SCREWDRIVER #2
w/ Magnetic TIP

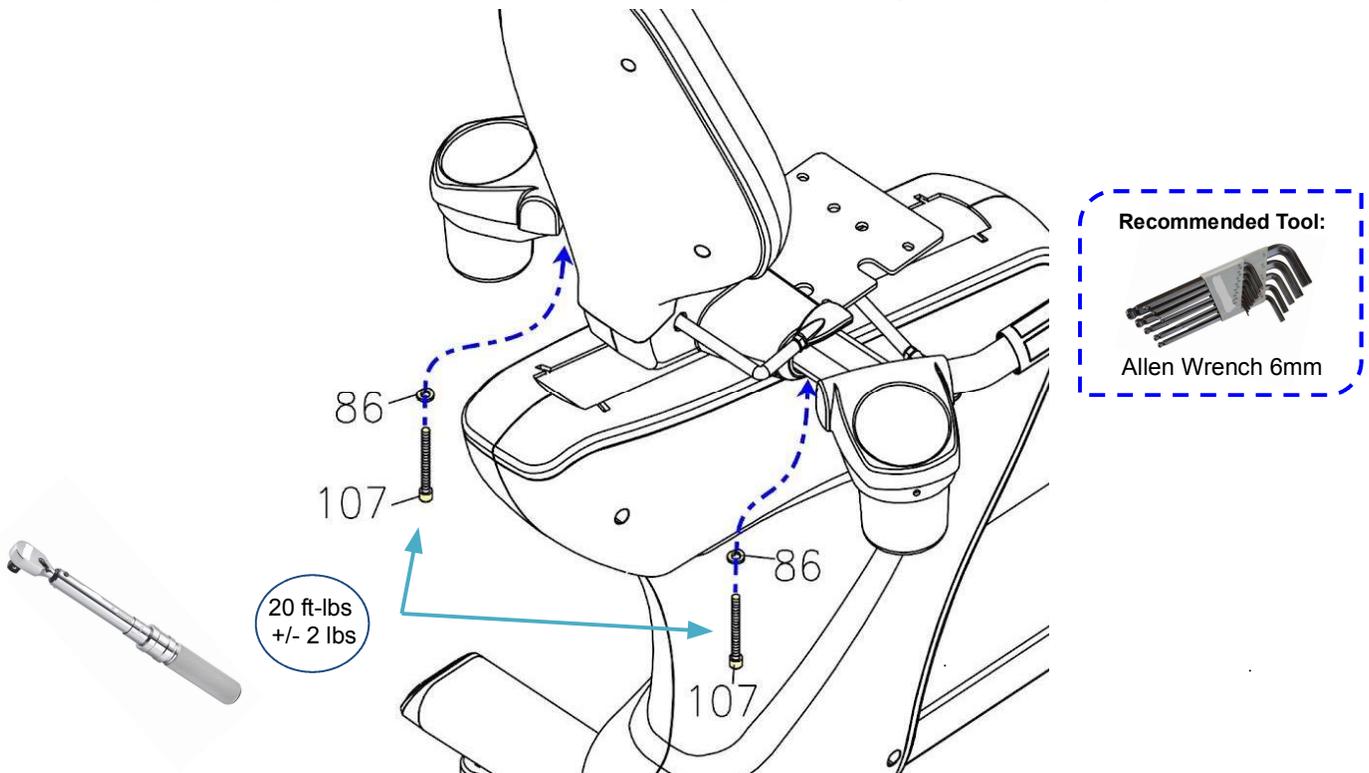
- Attach the **Accessory Tray (#40)** to the **Seat Handlebar (#4)** and secure with **4pcs Self-Tapping Screws (#96, M4 x 10mm)**.

STEP 18 – Pulse Sensor Wire & Seat Handlebar Assembly

- a. Connect the **Pulse Sensor Wire 3 (#135)** to the **Pulse Sensor Wire 2 (#134)**.



- b. Place the **Seat Handlebar (#4)** onto the **Main Frame (#1)** and secure with 2pcs **Lock Washers (#86, M8)** and 2pcs **Socket Head Bolts (#107, M8 x p1.25 x 50mm)**.



- c. “Torque Time” - Tighten the **Socket Bolts (#107)** to the recommended **20 ft-lbs +/- 2 lbs**.

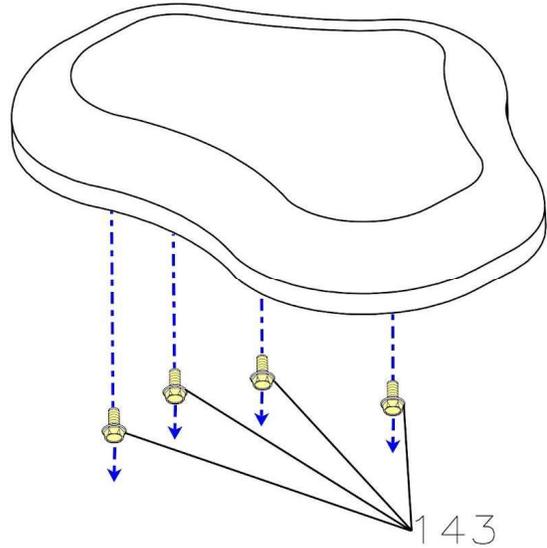
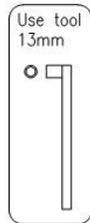
STEP 19 – Seat Assembly

a. Remove the PREASSEMBLED hardware from the **Seat (#46)**.

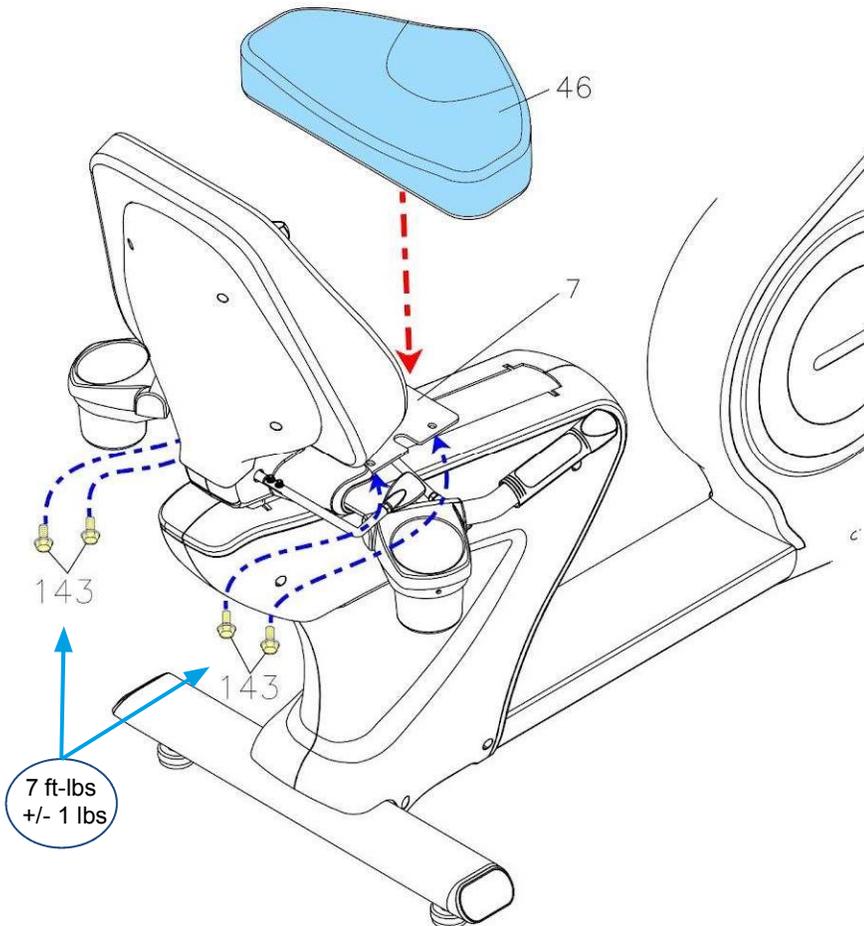
NOTE: Refer to the images below with the 4pcs **Hex Head Flange Bolts (#143, M8 x p1.25 x 16mm)**.



Seat shown upside down with bolts at bottom.



b. Now attach the **Back Cushion (48)** to the **Back Cushion Frame (6)** and secure with 4pcs **Hex Head Flange Bolts (#143, M8 x p1.25 x 16mm)**.

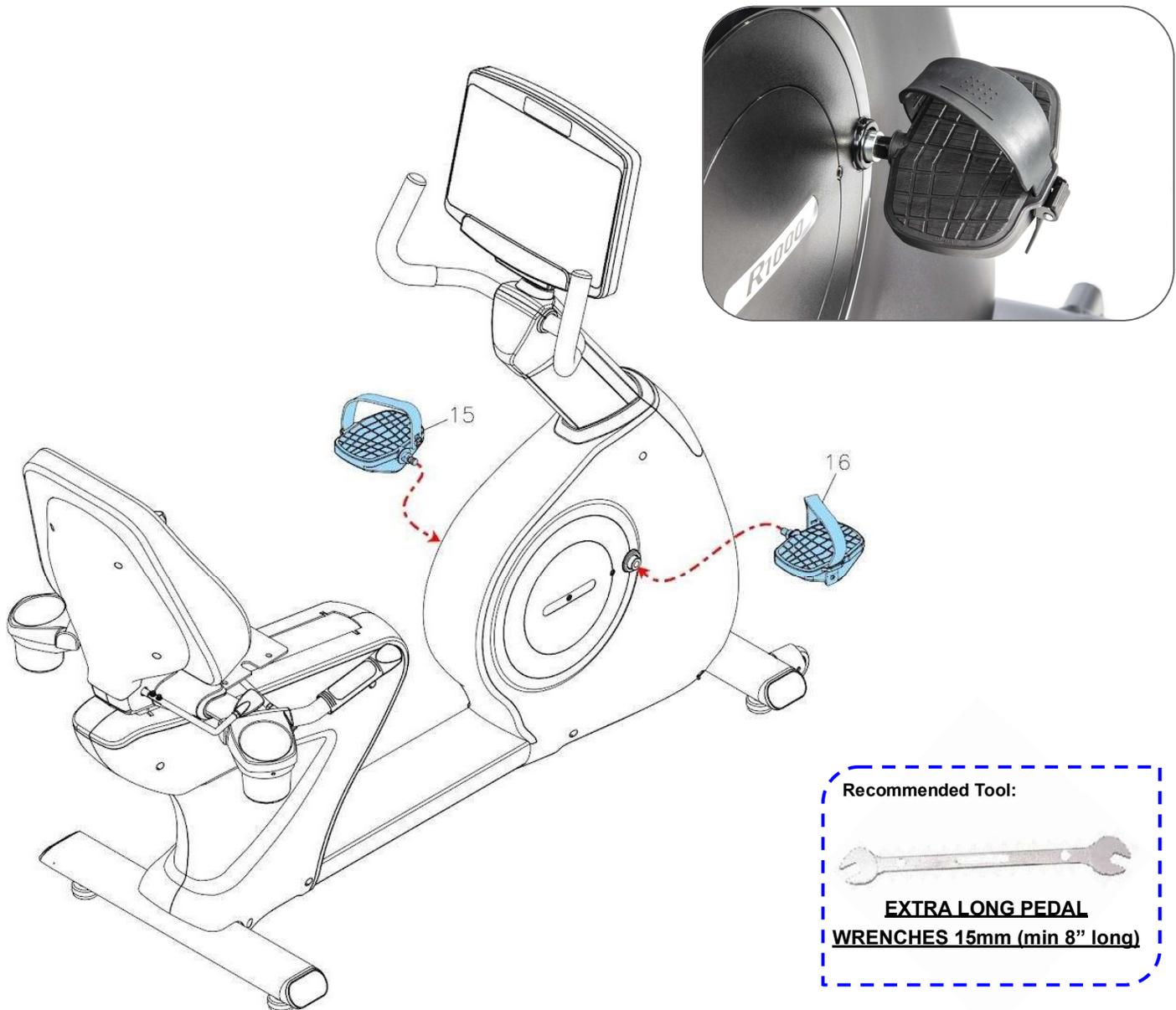


c. “Torque Time” - Tighten the **Hex Flange Bolts (#143)** to the recommended **7 ft-lbs +/- 1 lbs**.



STEP 20 – Pedal Assembly

- a. Thread the **Right Pedal (#16)** clockwise onto the **Right Crank** located inside the **Right Crank Cover (#10)**. Tighten the pedal securely to the recommended 25 - 30 ft-lbs of torque.
- b. Repeat the same procedure to thread and tighten the **Left Pedal (#16)** counter-clockwise onto the **Left Crank**.



For more information on Pedal Assembly see
"Pedal Assembly Guide for Bikes" on page 28

Upright & Recumbent Bikes

When installing pedals on BODYCRAFT Bikes, follow this assembly process:



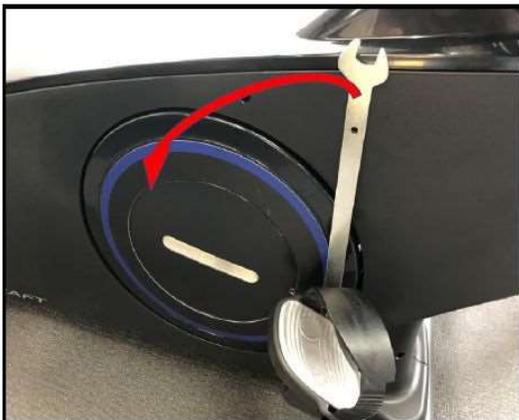
Pedal RT or LT markings
underside

1. Attach pedals into the crank arms. Each pedal is marked with the letter R (right) or L (left) to denote the side and each crank is marked with the letter R (right) or L (left).

TIP: Be careful to align the threads correctly by hand to avoid any cross-threading damage.

2. Tighten using a 15 mm wrench min 8" long.
 - Pedal marked R install on right crank (clockwise).
 - Pedal marked L install on left crank (counterclockwise)
3. Confirm the pedals are torqued correctly to **25-30 lbs ft.**
4. If pedals come off and strip out the crank(s), after installation, they were not installed correctly and not covered under warranty.

Torque Procedure: When installing either left or right side, position crank horizontally facing rear of machine. Turn pedal threads forward toward front of cycle during installation. This simulates correct direction.



Left side of Bike

Tighten to full torque specs, starting at a 90 degree, vertically moving wrench towards front of cycle. This will create full torque w/o fighting the crank moving.



<https://youtu.be/HCJt3psON6o/>



Right side of Bike

Pedals must be fastened with significant force to avoid loosening. Use a 15 mm wrench min 8" long & 25-30 lbs. ft. Torque.

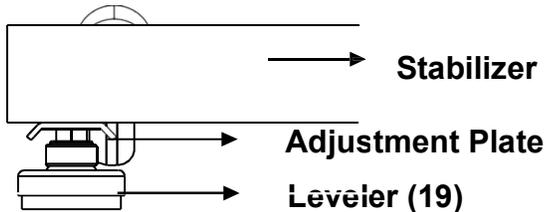
Pedals coming loose or off, creating damage to crank(s) or pedal(s), is not covered under warranty, during installation or anytime after when changing pedals.

STEP 21 “The Last STEP” – Leveler & Stabilizer Assembly

- a. Be sure to tighten the **Levelers (28)** securely against the **Stabilizers (2, 3)** until screw lines are eliminated as shown with **drawing #1**.

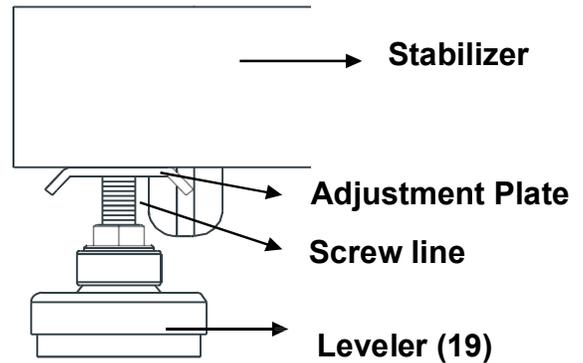


Adjusted up to frame



Drawing #1 - Closer to Ground

Adjusted down away from frame



Drawing #2 - Away from Ground

LEVELING:

After placing it in the intended location for use, check the stability of the *Bike*. If it is not level, reviewing the following directions:

- First start on the side to side movement on the front **Levelers (28)**, then the rear **Levelers (28)**.
- Follow up on front to back movement on rear **Levelers (28)**.
- Tighten the Adjustment Plate securely against the Stabilizer to lock the **Leveler (28)** in stable position.



NOTE:

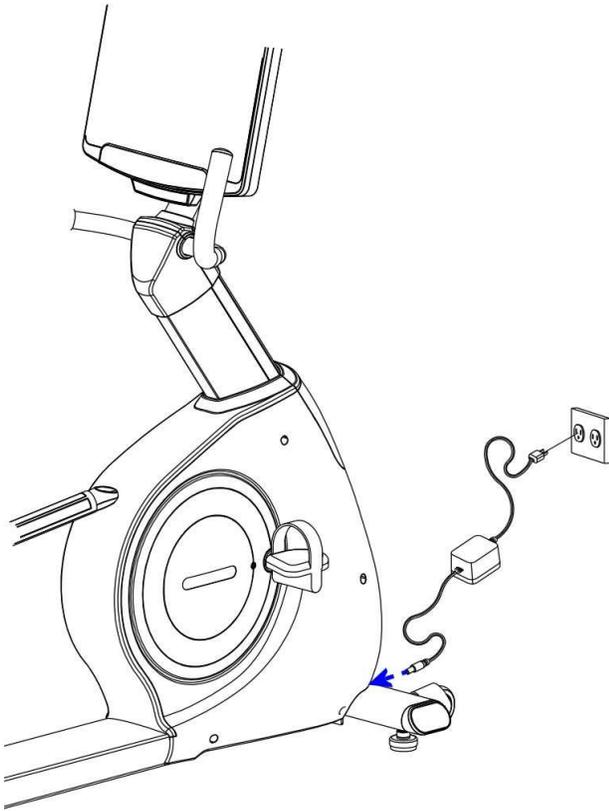
- For the final step, make sure all the bolts and nuts are fully tightened before using the item.
- Check whether the levelers are even on the floor. If the levelers are not even it will produce (noise). If they are not level, review the STEP 21 again.

Plugging in the Bike - Adaptor Usage

ONLY use for the 16" & 10" Touch Screen Consoles or charging the battery, if needed, for the 9" LCD console.

- a. Connect the **Adaptor (12DC / 3A) (151)** & **Power Cord (153)** to the connector located on the front of the **Main Frame (1)**.
- b. Plug the **Adaptor (12DC / 3A) (151)** & **Power Cord (153)** into an 120 vac/15 amp electrical wall outlet to light up the console.

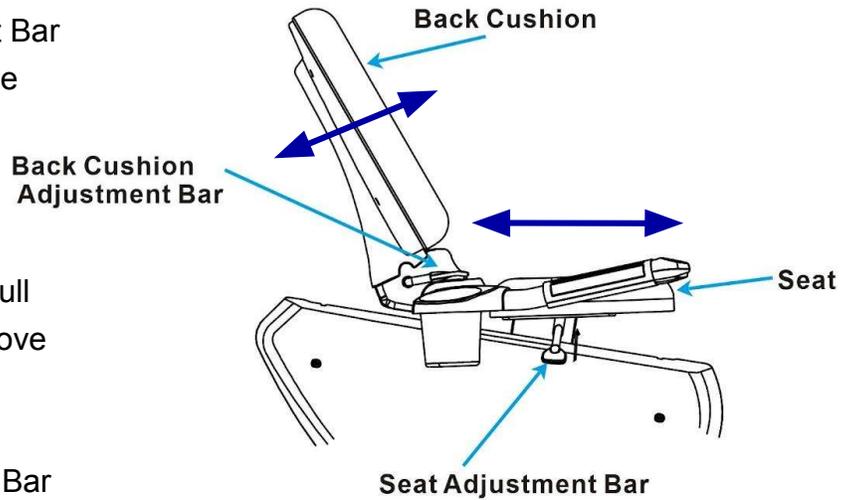
NOTE: Long-Term Storage: When the item is not in use for any length of time, ensure that the power adaptor is unplugged from the electrical outlet for safety..



NOTE: 9" LCD Console will NOT NEED the **Power Adaptor (151)** & **Power Cord (153)** for use. The **Power Adaptor (151)** & **Power Cord (153)** are REQUIRED for the 16" & 10" Touch Screen Consoles or charging the battery, if needed, for the 9" LCD console.

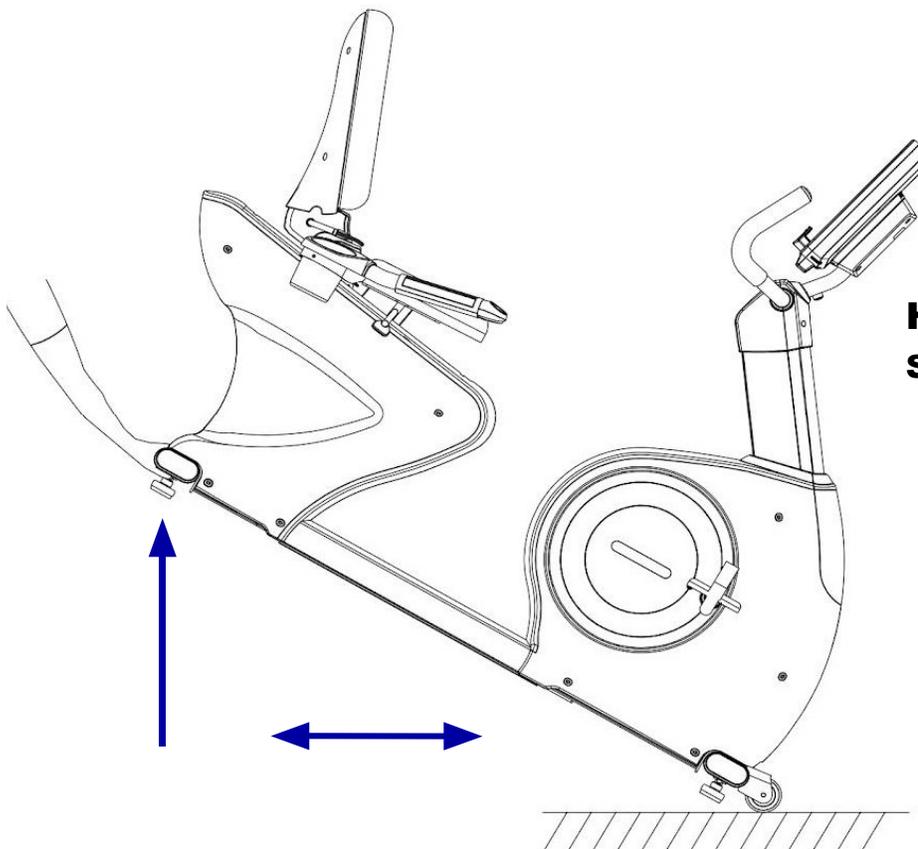
BACK CUSHION ADJUSTMENT

- To adjust the most suitable angle, pull the Back Cushion Adjustment Bar upward while lying on the Back Cushion.
- Release the Back Cushion Adjustment Bar and hear the “click” sound to secure the desired angle of the Back Cushion.



SEAT ADJUSTMENT

- To adjust the most suitable position, pull the Seat Adjustment Bar upward to move the seat forward and backward.
- Once adjusting to the most suitable position, release the Seat Adjustment Bar until hearing “click” sound.



HOW TO TRANSPORT SAFELY

- Hold the **Rear Stabilizer** up with two hands and roll the *Bike* to the desired place carefully
- Make sure the floor is level while moving the *Bike*.

Cleaning your Bike

CAUTION: Do not use any acidic cleaners. Doing so will discolor the plastics, painted surfaces and powder coatings. Never pour water or spray liquids on any part of the item.

1. Unplug the Bike before using any cleaning product.
2. ONLY APPLY CLEANER ON A CLOTH then use cloth to clean the Bike.
3. Do spray cleaner directly on any surface of the Bike.
4. Recommend that you clean the Bike **after** each exercise session. To remove sweat, dust and dirt, wipe all exposed surfaces with slightly damp soft cloth only, never use solvents.
5. Clean with mild soap and water cleaners only.
6. Always keep console and electrical parts clean and dry.
7. Wipe or vacuum any dust or other object that may have accumulated underneath the Bike.
8. Make sure the cleaning solutions or bottles are always level on the floor. Remove any liquid right away that may drip or accidentally tip over on the floor.
9. Confirm feet pedals are dry from any accidental fluids spilling or overspray.

- DO NOT USE ABRASIVE CLEANING SCRUBBING PADS.
- DO NOT USE AMMONIA CLEANERS.
- DO NOT USE CITRIC CLEANERS



The following is **RECOMMENDED** for cleaning supplies:



MILD CLEANING SOLUTION



100% COTTON CLEANING CLOTHS

TIP ON FRAME ONLY: For extra protection from fingerprints, sweat stains or just plain dirt, apply an automotive grade cleaner wax at Installation and bi-annually. Also makes future cleaning easier.



(Do Not Use on any Plastic, Rubber, Seats, Upholstery, Handles, Pedals or Console Glass)

Heart Rate Monitoring Device & Exercise Tips

Pulse Hand Grips

This product comes standard with stainless steel pulse hand grips. To activate, gently grasp both hand grips to obtain a heart rate reading. (Note: It is recommended to wear a chest strap for Heart Rate control program, as it is more accurate. If you wear a chest strap and use hand grips at the same time for heart rate monitoring purpose, please note the console will take the measurement of the chest strap.) For safety, it is not recommended to use the Heart Rate Sensors when exercising at high speeds. The Sensors may not always be accurate for any user at all speeds. Individual physiology is a factor that can determine accuracy, or even if the Sensors work for you at all. The Touch Heart Rate reading is not intended to be used for medical purposes.

Pulse Grip Operating Tips: If you are not getting a consistent reading while using the hand pulse option, we recommend the following suggestions:

- Make sure that the palms of the hands are touching the contact area of each hand pulse grip.
- Maintain an even pressure on the grips.
- Do not hold the hand pulse grips too tightly.
- Make sure your palms are warm and slightly moist.
- Excessive movement especially on an elliptical handrail is not optimum for hand grips or any High Intensive Exercise while on a machine.



Built in Wireless Heart Rate Receiver

Note: Chest strap transmitter does not come with this unit; contact BODYCRAFT, or your dealer for purchase.

This product is equipped with a built-in receiver for your heart rate monitoring. Any heart rate telemetry strap that transmits at 5 KHz or Bluetooth is compatible. To get an accurate reading using these devices, you will need to be within three feet of the console, and a minimum of four feet from others using a heart rate monitoring device.

Note: The transmitter may fluctuate erratically if you are too close to other heart rate monitoring equipment or there is other electronics nearby, such as TV, Radio...

While using heart rate control modes, the computer monitors the exact measurement of your pulse. Heart rate frequency is displayed while the computer continually compares heart rate to the preprogrammed personal data. The computer adjusts the wattage to maintain heart rate at the preprogrammed level.

How to Wear Your Sensor/ Transmitter (Chest Strap)



- Buckle one end of the chest strap onto the transmitter.
- Adjust the band length so that the fit is snug, but not too tight.
- Buckle the other end of the chest strap onto the transmitter.
- Center the transmitter on your chest below the pectoral muscle (breasts).
- Stretch the transmitter away from your chest and moisten the conductive electrode strips located next to the buckles with water.

Note: The transmitter is on automatically when being worn. It is off when it is not connected to your body. However, as moisture may activate the transmitter, thoroughly dry the transmitter to prolong battery life.

Erratic Heart Rate Readings:

Erratic readings on the receiver can be caused by electromagnetic disturbances. If the heart rate readings appear to be abnormal, check that your product is not within range of other strong electromagnetic signals. Common sources are televisions, computers, cars, cell phones, TV antennas and high voltage power lines (both above and below ground). Please note: Static electricity in clothing or a flapping shirt can cause electrical interference, so some items of clothing, i.e. man-made fibers, can also be the cause. Please try wetting the t-shirt in the area where the transmitter is.

If the battery of the transmitter is running low, the transmission range decreases and may cause errors similar to the ones listed above in this document.

Heart rate is an important key to your exercise

Medical research has shown us that there is an amount of exercise, which is enough to condition the cardiorespiratory system and the muscles of the body. This amount of exercise is between 60% and 85% of your maximum heart rate measured during a training session. This range allows enough exercise to achieve fitness, but not an excessive amount to cause injury. Your heart rate is an excellent indicator of the amount of stress placed on the cardiovascular system.

If exercise intensity is too low or too high, no gains will be made in fitness. If the intensity is too low, the stress levels are ineffective. If the intensity is too high, injury or fatigue may set your exercise program back as you try to recover. Your target heart rate, the intensity needed to improve cardiovascular fitness, depends primarily on your age and not your state of fitness. It is calculated as a percentage of your maximum heart rate, estimated as 220 minus your age. It is most effective to train at your target heart rate between 60% and 85% of your maximum heart rate.

Get a smart start on exercising.

Anyone over the age of 35, as well as younger persons whom are overweight, should check with his/her physician before beginning any type of exercise program. People who have diabetes or high blood pressure, a family history of heart disease, high cholesterol or have lead a sedentary lifestyle should protect themselves with a medical check-up and a stress test, preferably administered during exercise by a healthcare professional.

- Always stretch before your workout to loosen muscles, and afterwards to cool down.
- The first few minutes of your workout should be devoted to warming up muscles before a vigorous workout and building your heart rate slowly.
- After your aerobic workout of about 24-32 minutes, spend 10 minutes gradually reducing your heart rate with a lower resistance level.

Remember, to start slow, with intensity low, until you build endurance and strength. And always consult your physician before beginning any exercise program.

Installation Checklist

Bikes, Indoor Cycles, Ellipticals, Crosstrainers & Rowers

BODYCRAFT

BODYCRAFT

7699 Green Meadows Dr North

Lewis Center, OH 43035

Product Support: 1-800-990-5556 x410

Email questions or parts ordering: service@bodycraft.com

Facility Name: _____

Point of Contact: _____

Address: _____

Address Line 2: _____

City: _____

State: _____ Zip: _____ Phone: _____

Email: _____

Type of Facility: _____

Dealer Name: _____

Point of Contact: _____

Address: _____

Address Line 2: _____

City: _____

State: _____ Zip: _____ Phone: _____

Email: _____

Model & Serial Numbers Installed:

Model # _____ Serial # _____

Notes:

Date of finished installation:

Installers name & signature:

Customers name & signature:

Service policy:

How to contact for service issues

Warranty length & coverage

What warranty does not cover

How to find unit serial number

How to find an error code (if applicable)

Confirmed

Features:

Safety controls

Quickstart

HR control program

LCD Screen Console

- Engineering mode operations

- Energy saving function

Smart Touch Screen Console

- Engineering mode operations

- Energy saving function

HR grip operation/ expectations

Rowers:

Confirm POD is Syncing with display

Metric to English with switch on back of display

Optional Sensor (bluetooth enabled):

Test for Speed & Cadence w/ Wahoo Fitness App

Check that Cadence is not double reading

Confirm sensor on correct side & spacing of crank

Recommended Maintenance:

Recommended cleaning products

Wiping down the unit & console screen cleaning

Annually retorque external bolts to specs

Important safety information:

Required space around & behind unit

Power cord location/ protection

Pedals on Bikes installed at 25-30 lbs. ft. Torque

Pedals on Indoor Cycles installed at 25-30 lbs. ft.

Rowers Safety Pin is installed during storage

Last thoughts:

Gave owners manual to the customer

Unit is fully assembled & tested

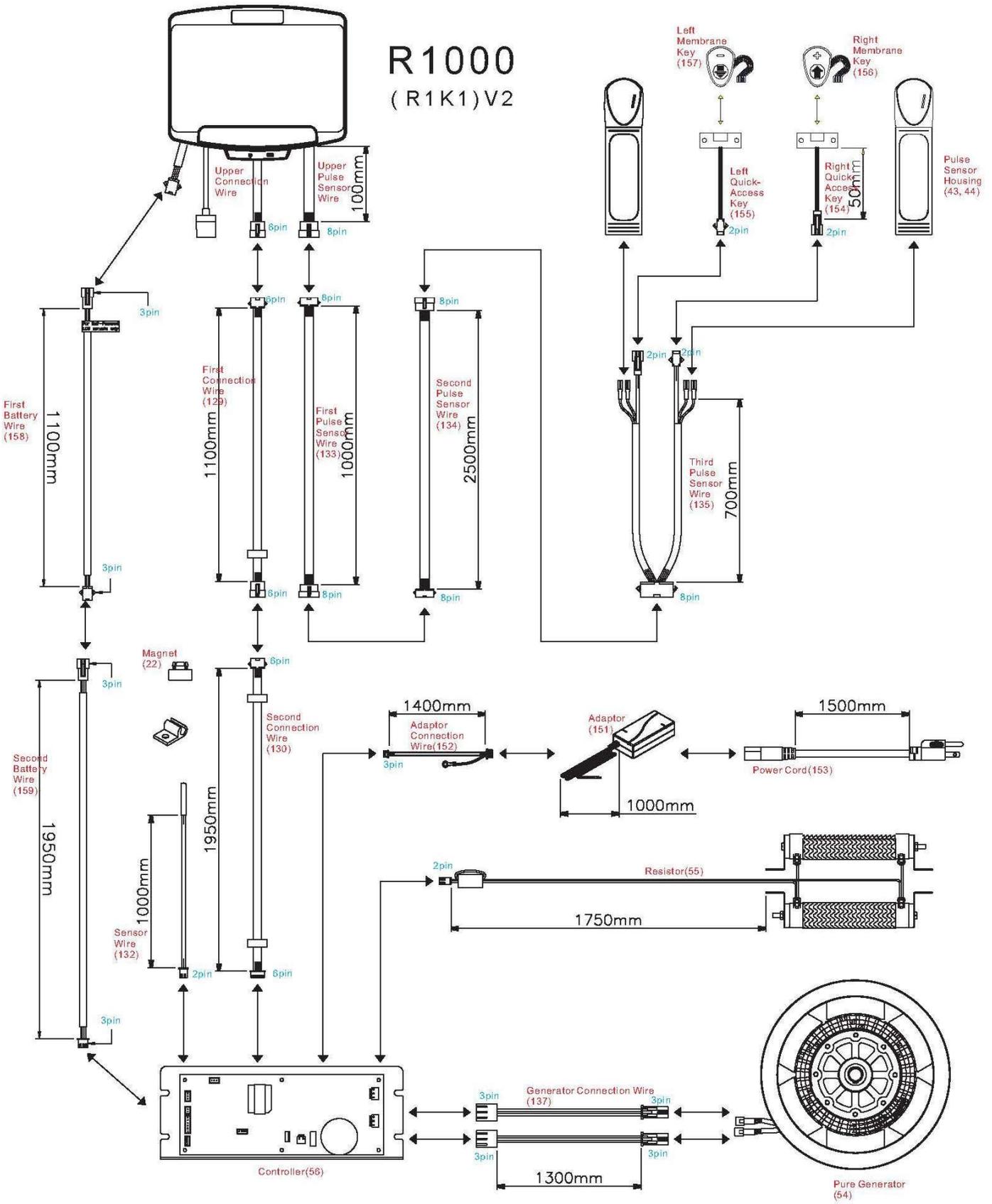
Answer any & all customers questions

Required Info BEFORE Initiating a Service Case

The following information is needed to help expedite troubleshooting and to insure the correct part(s) to be sent if needed for a repair:

- 1) What product / model # do you have?
- 2) Unit serial number?
- 3) Installed by dealer or direct sale?
- 4) Date of installation?
- 5) Date of service issue?
- 6) Complaint or Problem, including any Error Codes?
- 7) Has the software been updated?
- 8) What part(s) are being requested?
- 9) Any picture or video to help with troubleshooting or exact part(s) needed.

Circuit Diagram - R1K1 V2



Part Lists

Part #	Description	Qty
R1K1-001	Main Frame	1
R1K1-002	Front Stabilizer	1
R1K1-003	Rear Stabilizer	1
R1K1-004	Seat Handlebar	1
R1K1-005	Back Cushion Adjustment Bracket	1
R1K1-006	Back Cushion Frame	1
R1K1-007	Seat Frame	1
R1K1-008	Upright Post	1
R1K1-009	Upper Handlebar	1
R1K1-010	Front Left-Side Cover	1
R1K1-011	Front Right-Side Cover	1
R1K1-012	Upper Chain Cover	1
R1K1-013	Front Decoration Cover	1
R1K1-014	Crank Cover	2
R1K1-015	Left Pedal	1
R1K1-016	Right Pedal	1
R1K1-017	Base Cover	1
R1K1-018	Rear Left-Side Cover	1
R1K1-019	Rear Right-Side Cover	1
R1K1-020	Belt (1059mm J8)	1
R1K1-021	Pulley (235mm)	1
R1K1-022	Magnet	1
R1K1-023	Pulley (120mm)	1
R1K1-024	Belt (584mm J8)	1
R1K1-025	Seat Rail EndCap	2
R1K1-026	Sliding Belt	2
R1K1-027	EndCap	4
R1K1-028	Leveler (φ50)	4
R1K1-029	Transportation Wheel	2
R1K1-030	Console	1
R1K1-032	Console Tube	1
R1K1-033	Back Console Cover	1
R1K1-034	Screw Cap	4
R1K1-035	Foam Grip	2
R1K1-036	Plastic Seat Support Cover (L)	1
R1K1-037	Plastic Seat Support Cover (R)	1
R1K1-038	Back Cushion Hinge	1
R1K1-039	Adjustment Bar	2
R1K1-040	Accessory Tray	2
R1K1-041	Left Quick-Access Key Base	1
R1K1-042	Right Quick-Access Key Base	1

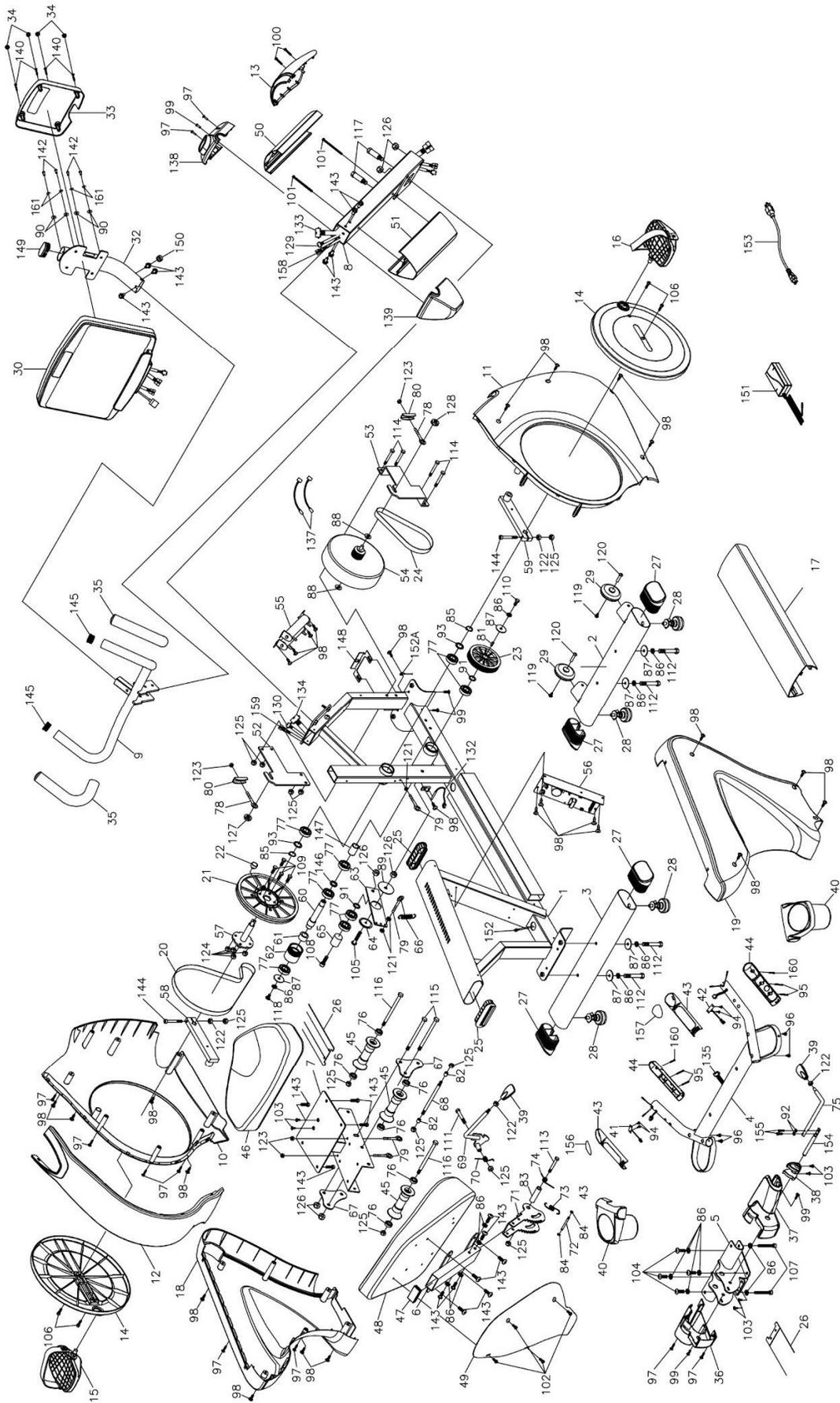
Part #	Description	Qty
R1K1-043	Pulse Sensor Top Housing	2
R1K1-044	Pulse Sensor Bottom Housing	2
R1K1-045	Seat Roller	3
R1K1-046	Seat	1
R1K1-047	Square Plug (30 x 60mm)	1
R1K1-048	Back Cushion	1
R1K1-049	Back Cushion Cover	1
R1K1-050	Front Aluminum Upright Cover	1
R1K1-051	Rear Aluminum Upright Cover	1
R1K1-052	Left Mounting Plate	1
R1K1-053	Right Mounting Plate	1
R1K1-054	Generator	1
R1K1-055	Resistor	1
R1K1-056	Controller	1
R1K1-057	Crank Axle	1
R1K1-058	Left Crank	1
R1K1-059	Right Crank	1
R1K1-060	Axle	1
R1K1-061	One Way Bearing (2520mm)	1
R1K1-062	One Way Pulley (51mm)	1
R1K1-063	Idler Arm	1
R1K1-064	Axle Cover	1
R1K1-065	Idler Shaft	1
R1K1-066	Idler Spring	1
R1K1-067	Roller Plate	2
R1K1-068	Roller Axle	1
R1K1-069	Seat Adjustment Lever	1
R1K1-070	Seat Torsion Spring	1
R1K1-071	Back Cushion Adjustment Bracket	1
R1K1-072	Cushion Linkage Axel	1
R1K1-073	Cushion Torsion Spring	1
R1K1-074	Cushion Spring	1
R1K1-075	Cushion Adjustment Lever	1
R1K1-076	Bearing (6000N)	6
R1K1-077	Bearing (6004zz)	8
R1K1-078	Eye Bolt (40mm)	2
R1K1-079	Eye Bolt (50mm)	4
R1K1-080	Tension Bracket	2
R1K1-081	Square Key (6 × 6 × 15mm)	1
R1K1-082	Spacer (M8 × 12 × 7mm)	2
R1K1-083	Seat Linkage Spacer	1

Part Lists

Part #	Description	Qty
R1K1-084	E Ring	2
R1K1-085	C Ring	2
R1K1-086	Lock Washer (M8)	12
R1K1-087	Washer (M8 × 38 × 2.0t)	6
R1K1-088	Washer (M10 × 23 × 2.0t)	2
R1K1-089	Washer (M10.6 × 60 × 2.0t)	1
R1K1-090	Washer (M6 × 13 × 1.0t)	4
R1K1-091	Washer (M18.3 × 25 × 1.0t)	1
R1K1-092	Lock Washer (M5)	2
R1K1-093	Washer (M21 × 30 × 1.0t)	2
R1K1-094	Screw (M3 × 10mm)	4
R1K1-095	Screw (M3 × 25mm)	4
R1K1-096	Screw, Self-Tapping (M4 × 10mm)	4
R1K1-097	Screw, Self-Tapping (M4 × 20mm)	10
R1K1-098	Screw (M5 × 18mm)	26
R1K1-099	Bolt (M5 × p0.8 × 15mm)	5
R1K1-100	Bolt (M5 × p0.8 × 30mm)	2
R1K1-101	Bolt (M5 × p0.8 × 75mm)	2
R1K1-102	Bolt (M6 × p1.0 × 20mm)	4
R1K1-103	Bolt (M5 × p0.8 × 12mm)	6
R1K1-104	Bolt (M8 × p1.25 × 20mm)	4
R1K1-105	Bolt (M10 × p1.5 × 45mm)	1
R1K1-106	Bolt (M6 × p1.0 × 20mm)	4
R1K1-107	Bolt, Socket Head (M8 × p1.25 × 50mm)	2
R1K1-108	Bolt (M10 × p1.5 × 30mm)	1
R1K1-109	Thin Bolt (M8 × p1.25 × 15mm)	4
R1K1-110	Bolt (M8 × p1.25 × 15mm)	1
R1K1-111	Bolt (M8 × p1.25 × 60mm)	1
R1K1-112	Bolt, Hex Head (M8 × p1.25 × 65mm)	4
R1K1-113	Bolt (M8 × p1.25 × 75mm)	1
R1K1-114	Bolt (M8 × p1.25 × 80mm)	4
R1K1-115	Bolt (M10 × p1.5 × 145mm)	2
R1K1-116	Bolt (M10 × p1.5 × 144mm)	2
R1K1-117	Bolt, Hex Head (M10 × p1.5 × 50mm)	2
R1K1-118	Bolt (M8 × p1.25 × 12mm)	1
R1K1-119	Bolt (M6 × p1.0 × 12mm)	2
R1K1-120	Bolt (L=35mm)	2
R1K1-121	Nut (M6 × p1.0)	3
R1K1-122	Nut (M8 × p1.25)	4

Part #	Description	Qty
R1K1-123	Nylon Nut (M6 × p1.0)	4
R1K1-124	Thin Nylon Nut (M8 × p1.25)	4
R1K1-125	Nylon Nut (M8)	12
R1K1-126	Nylon Nut (M10)	6
R1K1-127	Flange Nut (M10)	1
R1K1-128	Nut (M10 × p1.25)	1
R1K1-129	Upper Connection Wire	1
R1K1-130	Middle Connection Wire	1
R1K1-132	Sensor Wire	1
R1K1-133	Pulse Sensor Wire 1	1
R1K1-134	Pulse Sensor Wire 2	1
R1K1-135	Pulse Sensor Wire 3	1
R1K1-137	Generator Wire	2
R1K1-138	Front Tube Cover	1
R1K1-139	Rear Tube Cover	1
R1K1-140	Screw, Self-Tapping (M4 × 32mm)	4
R1K1-141	Bolt (M8 × p1.25 × 20mm)	4
R1K1-142	Screw (M6 × p1.0 × 15mm)	4
R1K1-143	Bolt, Hex Flanged (M8 × p1.25 × 16mm)	19
R1K1-144	Bolt (M8 × p1.25 × 55mm)	2
R1K1-145	Round Plug	2
R1K1-146	Spacer (4.6mm)	1
R1K1-147	Spacer (36mm)	1
R1K1-148	Adaptor Bracket	1
R1K1-149	Oval Plug (30 × 60mm)	1
R1K1-150	Nut Cap (M8)	1
R1K1-151	Adaptor	1
R1K1-152	Adaptor Wire	1
R1K1-153	Power Cord	1
R1K1-154	Cushion Adjustment Linkage	1
R1K1-155	Bolt (M5 × p0.8 × 15mm)	2
R1K1-156	Left Membrane Key	1
R1K1-157	Right Membrane Key	1
R1K1-158	First Battery Connection Wire	1
R1K1-159	Second Battery Connection Wire	1
R1K1-160	Screw (M3 × p0.5 × 20mm)	2
R1K1-161	Lock Washer (M6)	4

Product Parts Exploded View



Product Warranty

VALID FOR USA AND CANADA ONLY

(Please consult with your local distributor for warranty info specific to your region).

BODYCRAFT warrants its products to be free of defects in materials and workmanship for the time stated below to the original purchaser.

Register your product within 30 days of purchase at www.bodycraft.com or call 800-990-5556 This warranty is valid only in accordance with the following conditions:

The warranty begins on the original purchase date at retail and ends when the original owner disposes of it, either through sale, gift, or otherwise. This warranty is not transferable and is only valid to the original purchaser.

This warranty is available only for purchases made within and the original purchaser currently residing in the USA and Canada. Please consult with your local distributor for warranty information specific to your region. The product must have been registered within 30 days of the original purchase date or supply proof of purchase to validate warranty (original sales invoice).

This warranty does not extend to any losses or damages due to accident, misuse, abuse, neglect, negligence, unauthorized modification or alteration, use beyond rated capacity, unsuitable power sources or environmental conditions, water, tampering, cosmetic damages, or improper installation, handling, repair, maintenance, or application, or lack of proper maintenance.

If the item exhibits such a defect, BODYCRAFT will, at its option, repair or replace it without cost for parts. Shipping and handling charges may apply. (BODYCRAFT may require return of the part(s) or photographic evidence of the damaged part(s) prior to replacement.) Serial number is required.

Parts repaired or replaced will be warranted for the remainder of the original warranty period only.

Residential Warranty :

Frame: Lifetime, **Parts:** 10 years, **Console:** 3 years, **Labor:** 2 years
Headphone Jack, HDMI, CSAFE, ETHERNET & USB Port: 90 days and **Labor:** None

Commercial Warranty:

Frame: 10 years, **Parts:** 5 years, **Console:** 3 years, and **Labor:** 1 year.
Headphone Jack, HDMI, CSAFE, ETHERNET & USB Port: 90 days and **Labor:** None

This warranty excludes the following:

1. The warranty does not cover normal maintenance or labor charges unless labor terms are listed above.
2. Normal cosmetic wear on parts such as paint, seat coverings, foot rails, labels and logos.
3. Consumables such as batteries and heart rate belts that do not have a replaceable battery.
4. Eprom/Software version upgrades unless determined as necessary.
5. Any accessories not included in the original packaging.

* This warranty is in lieu of all warranties, expressed or implied, and/or all other obligations or liabilities on our part, and we neither assume nor authorize any person to assume for us any other obligation or liability in connection with the sale of your BODYCRAFT product. Under no circumstances shall we be liable by virtue of this warranty or otherwise for damage to any person or property whatsoever for any special, indirect, incidental, secondary or consequential damage of any nature whatsoever arising out of the use or inability to use the BODYCRAFT product.

Register your product's warranty at www.bodycraft.com/product-registration.html

Warranty Registration

Thank you for purchasing a BODYCRAFT product. To validate the product warranty the fast and easy way, please go on-line now to <https://www.bodycraft.com/product-registration.html> and register your product. The information you provide will never be distributed to any other individuals or agencies for any purpose. If you prefer to mail your warranty card, have the owner of the product complete the information below and return it to BODYCRAFT within 30 days from the date of equipment installation.

Please Note: Failure to register this product will result in no servicing or authorization of parts to be shipped.

To mail your warranty information, please fill in the information below and mail to: Service Dept., BODYCRAFT , 7699 Green Meadows Dr. Lewis Center, Ohio 43035 (or save postage and register online at <https://www.bodycraft.com/product-registration.html>)

Warranty Registration

PLEASE PROVIDE BOTH SERIAL NUMBERS BELOW.
REQUIRED FOR WARRANTY REGISTRATION:

BASE UNIT SERIAL NUMBER:

CONSOLE SERIAL NUMBER:

Model Type: _____

Date of Purchase _____

Your Company Name _____

Contact First Name _____

Contact Last Name _____

Address _____

City _____ State _____ ZIP _____

Email Address _____ Website _____

Phone _____ Fax _____

1. Where did you first learn about BODYCRAFT?

- a. Dealer
- b. Website
- c. Advertisement
- d. Referral
- e. Current Customer
- f. Other _____

2. Why did you purchase a BODYCRAFT product?

- a. Design/Appearance
- b. Dealer Suggestion
- c. Price/Value
- d. Quality Construction
- e. Performance
- f. BODYCRAFT Reputation
- g. Other: _____

3. Please indicate your type of facility:

- a. Apartment/Condo
- b. Corporate Fitness Center
- c. Municipality
- d. Health Club/Gym/Spa
- e. Hotel/Resort
- f. Military Base
- g. Student Rec Center
- h. Home

4. What other types of equipment does your company or home currently own?

- a. Treadmill Brand _____
- b. Elliptical Brand _____
- c. Bike/Indoor Cycle Brand _____
- d. Free Weights/Gym Brand _____

5. How many people use your facility on a daily basis?

- a. <25
- b. 25-75
- c. 76-150
- d. 150+

6. Do you plan to purchase more fitness equipment in the next 6-12 months?

- Yes No

7. If you answered "yes" to question 6, what type do you plan to purchase?

- a. Treadmill
- b. Elliptical
- c. Bike/Indoor Cycle
- d. Free Weights
- e. Gym
- f. Other _____

8. Would you recommend BODYCRAFT to other club or home owners?

- Yes No

9. You are a valued BODYCRAFT customer and your suggestions allow us to continually improve your experience. Is there anything else you would like us to know? Please explain:



800.990.5556
SERVICE@BODYCRAFT.COM
WWW.BODYCRAFT.COM



BODYCRAFT
7699 GREEN MEADOWS DR.
LEWIS CENTER, OHIO 43035